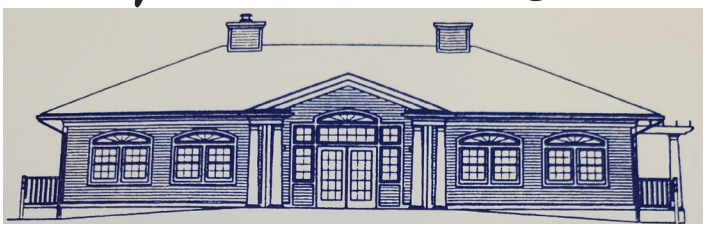


Prospect Senior Center





6 Center Street Prospect, CT 06712 (203)758-5300 (203)758-3837 Fax

July - August 2022 Highlites



Lucy Smegielski

Director - Editor

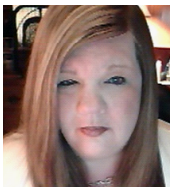
Municipal Agent
Town of Prospect

STAFF

Lorraine Maglaris



Lori Anderson



Susan DaSilva



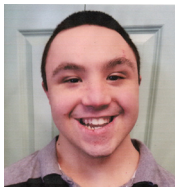
Lirene Lorensen



Dave Texira



Matt Kalitta



From the Director.....

I started working for the Town of Prospect thirty years ago. Twenty nine of those years have been as the proud Director of the Prospect Senior Center.

When I started here, our Senior Center was housed in Chapel Hall, just up the street from our present location. There was a capacity for 35-people in that building. We had a membership of 66-people and we were lucky if 15 to 20-people showed up at any given time.

Today, we are housed in this beautiful building which was opened in 2000. It was then enlarged in 2006 because we had grown so much and needed additional space. Our membership has grown in leaps and bounds to about 1,500 members. I am very proud of how far we have come.

To me, this has been much more than a job. Just as you pride yourself in the children you have raised, I have prided myself in the vibrant, bustling facility this Senior Center has become.

My objective was always to make this Senior Center a place where you could come to get help and information, try new things, stay fit and active, enjoy nice meals and visit places you probably wouldn't visit on your own.

I envisioned a place that you could be comfortable in, surrounded by people and friends that would lift you up when you were down and console you when you needed it. Most of all, I wanted to make this a place where you could make new friends and perhaps, help you to reconnect with old friends.

My vision was much more than a place where "old" people could play cards and Bingo. I envisioned a place where we only had "young at heart" members who wanted more out of life than just Bingo and card games. I envisioned a place where people would love coming to and a place that would make a happy difference in their lives.

From what I see around me every day and from what I hear from our members, I think a lot of my visions have come to fruition. I have had many, many families of deceased members come to me and tell me how much this Senior Center meant to their loved ones while they were alive. I have had so many members tell me how this Center helped them through their grief when their loved one passed and they were left alone. I have been told how through my encouragement, people became members here and their lives have been better off for it in so many ways.

To me, there is no greater compliment than that. No honor, recognition or award can equal the pride and joy I have felt when someone comes to me and thanks me for helping them through a tough period in their life or have made their life more worthwhile and happier. That is the goal that all Senior Centers should try to attain.

In the years I have been here I have met some of the nicest, kindest people I probably will ever meet in my life. Some still here and some, unfortunately, have passed. But, all of them have left a little piece of themselves in my heart. All of them, I have learned valuable lessons from. All of them I am proud to call friends.

Due to various reasons, the time has come for me to step down and let someone else take the helm and bring this Senior Center to even greater heights. It is time to bring in someone else with fresh, new ideas and visions for this Center.

I gave Mayor Chatfield notice of my resignation, not retirement, (I don't know if I am fully ready for that) on January 7, 2022. I had hopes that a replacement would be found for me in order to make this an easy transition for you, the people that I care deeply for.

My hope was that I could properly train a replacement in what I have come to learn that you, our members, like, want and expect of us. I didn't want any interruption in the kind of services you have grown accustomed to from us.

Unfortunately, this has not been the case. A replacement has not been found as of this writing. Therefore, I have tried to do my best to make this transition easier by setting up the next two months (July and August) for you, so that things are still at the level that you have become accustomed to.

The new newsletter is out for July and August with all your regular activities set up for you and new activities, programs and trips arranged for these next two months.

A few more activities have been arranged for the time after that along with different things that I had already set up in advance. I did not add any more, even though there was so many more that I would have added on if I had remained here as the Director. But, I didn't think it would be fair to the next person coming in to commit them to activities, programs and trips they might not want to do.

I hope that by doing these things the next few months will go smoothly. I am very hopeful that the Mayor will find a replacement in the very near future and that things will go on as usual for all of you with no interruptions.

I leave you with a staff that knows how to do things the correct way and the way that has always worked out best here. Sometimes the best way is not always the easiest way and it has meant more work on their part. But, in the end, it is all about what works best and what is best for our membership, not what is the easiest way for them to get things done.

It is up to you as members, to demand the same level of service from them that you have grown accustomed to all this time. I am sure, however, that they will rise to the occasion. If not, you should speak up to those in authority.

As I leave the position as the Director of the Prospect Senior Center, I want to thank you all for the opportunity you have given me to learn, grow and try new things for the betterment of us all and our Senior Center. Some have worked and some have not been as successful. But, even from the things that haven't worked out so well, I have learned from.

I thank you all for being on this journey with me. It has been a lot of hard work but at the same time it has been a very enjoyable, rewarding and memorable journey. I thank you for the confidence you have had in me to follow my direction and my visions. I thank you for the great ideas and suggestions you passed on to me.

I grew up with parents who were immigrants to this country (legal, by the way). They taught me to work hard and to put 110% effort into whatever I do. They taught me to remember the people who have been good and kind to me. They taught me never to forget the people who have leant me a hand and helped me along the way. I think those were great lessons that they taught me. I will never forget those of you who have been good and kind to me and who have helped me out while I have been here.

I thank all the wonderful volunteers who have helped me so much along the way. You have unselfishly given me so much of your time and hard work to make this Center what it is today. What you have contributed here is just as important and integral to the success and growth of this Senior Center as anything I may have done here. You were my unsung heroes who I could always rely on. Without you, I would not have been able to do what I have done. From the bottom of my heart I will always remember you and be forever grateful for what you did to make my job so much easier and this Senior Center such a thriving, vibrant place to come to. The Senior Center's success is just as much to your credit as it is to mine.

The memories and the relationships I have made here are priceless to me and will remain forever in my heart. It has been my honor and my privilege to be your Director.

May God bless you all…
Lucy

Day-by-Day Schedule July-August 2022

July 1st. (FRIDAY)
9:30am. Bible Study with Georgia Smolkis @ Community Center
9:30am. Weight Strengthening with the Ensero's
9:30am. Pinochle with Mike & Bonnie Jones
10:00am. Scrapbooking & Card making w Edwina & Cindy-$2
11:30am. Center Lunch-Sheppard's Pie-$7 (SCL)
1:00pm. Happy Birthday BINGO-$2

July 2nd. (SATURDAY)
8:00am. Elephant's Trunk Flea Market-$3
6:30pm. America's Sweethearts @ Legacy Theater-Deadline Passed

July 3rd. (SUNDAY)
9:30am. Robin Hood's Medieval Faire-Deadline Passed

July 4th. (MONDAY)
Senior Center CLOSED-
Happy Fourth of July!

July 5th. (TUESDAY)
6:45am. Day Trip to Block Island-SOLD OUT
9:00am. Senior Fitness Program w Susie-$3
9:30am. Grocery Shopping @ Labonne's, Stop & Shop & Big Y
9:30am. to 12:30pm. Poker Club w Allen Thibodeau
10:00am. to 1:00pm. Marcuccio's Farmer's Market @ Senior Center
12:00pm. Massages w Tony ($25/30 minutes or $40/1 hour)
12:30pm. Setback (downstairs)
1:00pm. Setback (upstairs)
1:00pm. Quilting Group

July 6th. (WEDNESDAY)
10:00am. Art Class #4 w Dory
10:00am. Wii Bowling League w Mary Henao
11:00am. Ivoryton Playhouse-SOLD OUT
11:30am. to 1:30pm. Blood pressure screening with VNA nurse
1:00pm. Corn Hole Games
1:00pm. Canasta w Wendy & Bonnie
1:00pm. Knitting & Crocheting group @ Community Center
1:30pm. Line Dancing Class
7:00pm. FREE Prospect Concert on the Green (Night Shift)

July 7th. (THURSDAY)
9:15am. Senior Exercise Class
9:30am. Book Club w Marie Delage
9:30am. Old Drake Hill Flower Bridge-SOLD OUT
10:30am. Author Jen Bernardini Presentation-No Charge
10:30am. Italian Class #2 w Lucy Minichino
NO Zumba w Cookie
11:00am. Ballroom Dancing Lessons w George Maderski-$2 (@ Com munity Center)
12:30pm. Dime Bingo w Lorraine Thibodeau-$1
12:30pm. Origami w Ah Moi Yip-$5
12:30pm. Learn to Knit Class #6 w Carol Greco
1:00pm. Mahjong with Barb Duigan

July 8th. (FRIDAY)
NO Bible Study with Georgia Smolkis @ Community Center
9:30am. Weight Strengthening with the Ensero's
9:30am. Pinochle with Mike & Bonnie Jones
10:00am. Scrapbooking & Card making w Edwina & Cindy-$2
11:30am. Center Lunch-Stuffed Shells-$7
1:00pm. BINGO-$2

July 9th. (SATURDAY)
7:30am. Charles Riverboat Cruise w Linda Soto-SOLD OUT
7:15pm. Corrie Sachs as Reba McEntire @ Seven Angels Theater-$45

July 11th. (MONDAY)
9:15am. Senior Exercise Class
9:30am. Photography Club w Al Thibodeau
9:30am. Texas Holdem' w John Salerno & Carmine Midolo-$5 (pool room)
9:30am. Bridge with Linda Favale @ Chapel Hall
NO Songbirds
10:00am. Senior Balance Class w Brenda Martin-$2
10:00am. Wii Bowling League w Mary Henao
NO Qi Gong Class w George Hughes
10:30am. Sweet Sprinkles Workshop-Ganache Cups-$8
12:15pm. Mat Yoga Class #5 w Shari Galvin
1:00pm. Cribbage with Don Ensero
1:15pm. POUND Class w Cookie-$3
1:30pm. Chair Yoga Class #5 w Shari Galvin
2:00pm. Birds of Connecticut-$3

July 12th. (TUESDAY)
9:00am. Senior Fitness Program w Susie-$3
9:30am. to 12:30pm. Poker Club with Allen Thibodeau
9:30am. Cotton Candy Fabrics Day Trip
9:30am. Livingston Ripley Conservancy-SOLD OUT
10:00am. Celebrate Italia! @ Aqua Turf-Deadline Passed
10:00am. to 1:00pm. Marcuccio's Farmer's Market @ Senior Center
11:00am. Ukraine War/Putin Presentation-$6
12:00pm. Massages w Tony ($25/30-minutes or $40/1 hour)
12:30pm. Setback (downstairs)
1:00pm. Card Bingo w Shirley Beale & Barb Derouin-$2
1:00pm. Setback (upstairs)
1:00pm.Quilting Group

July 13th. (WEDNESDAY)
9:00am. Lavender Pond Farm-$8
9:30am. Grocery Shopping @ Labonne's, Stop & Shop & Big Y
NO Beginner's Piano Class #8 w Joe Guarino
10:00am. Art Class #5 w Dory
10:00am. Wii Bowling League w Mary Henao
11:30am. to 1:30pm. Blood pressure screening with VNA nurse
1:00pm. Corn Hole Games
1:00pm. Canasta w Wendy & Bonnie
1:00pm. Knitting & Crocheting group @ Community Center
1:30pm. Line Dancing Class
6:00pm. Hartford Yard Goats Game-$15
7:00pm. FREE Prospect Concert on the Green (The Old Crows)

July 14th. (THURSDAY)
9:15am. Senior Exercise Class
9:30am. Christmas Tree Store/Cracker Barrel-No Charge
NO Water Coloring Class w Carla Koch
NO Italian Class w Lucy Minichino
11:00am. Remembering G. Fox & Company-$5
11:00am. Ballroom Dancing Lessons w George Maderski-$2 (@ Meeting Place)
11:00am. Zumba w Cookie-$3
12:30pm. Learn to Knit Class #1 (Warm Heads) w Carol Greco ($12-4 week session)
NO Intermediate Piano Class w Joe Guarino
1:00pm. Mahjong with Barb Duigan
NO Advanced Piano Class w Joe Guarino
2:45pm. Yankee Cider Company-SOLD OUT

July 15th. (FRIDAY)
NO Bible Study with Georgia Smolkis @ Community Center
9:30am. Weight Strengthening with the Ensero's
9:30am. Pinochle with Mike & Bonnie Jones
10:00am. Scrapbooking & Card making w Edwina & Cindy-$2
10:30am. Pontoon Cruise on Bantam Lake-SOLD OUT
11:30am. Center Lunch-Chef Salad & Soup-$7 (SCL)
1:00pm. Pizza BINGO-$2

July 16th. (SATURDAY)
9:00am. Red Hatters to Guilford Craft Show
11:30am. Make-Your-Own-Bee-Hotel-$5

July 18th. (MONDAY)
9:00am. Reflexology w Kim Stewart-apts. necessary ($30/30 min./$15/15min.)
9:15am. Senior Exercise Class
9:30am. Texas Holdem' w Carmine Midolo & John Salerno-$5 (pool room)
9:30am. Bridge with Linda Favale @ Chapel Hall
NO "Songbirds"
NO Qi Gong Class w George Hughes
10:00am. Senior Balance Class w Brenda Martin-$2
10:00am. Wii Bowling League w Mary Henao
12:15pm. Mat Yoga Class #6 w Shari Galvin
1:00pm.Cribbage with Don Ensero
1:15pm. POUND Class w Cookie-$3
1:30pm. Chair Yoga Class #6 w Shari Galvin
2:00pm. "Tick Talk" w Chesprocott Health District-No Charge

July 19th. (TUESDAY)
9:30am. Ct. Sun Women's Basketball @ Mohegan Sun-$15
9:30am. Bowling @ Lessard Lanes-$12
9:30am. Senior Fitness Program w Susie-$3
9:30am. to 12:30pm. Poker Club with Allen Thibodeau
10:00am. to 1:00pm. Marcuccio's Farmer's Market @ Senior Center
10:30am. Grocery Shopping @ Labonne's, Stop & Shop & Big Y
10:30am. Cooking w Lori-$5

Day-by-Day Schedule July-August 2022

12:00pm. Massages w Tony ($25/30-minutes or $40/1 hour)
12:30pm. Setback (downstairs)
1:00pm. Tarot Card, Numerology & Astrological Readings w Angela Marie-$25
1:00pm. Setback (upstairs)
1:00pm. Quilting Group
1:30pm. Mattatuck Museum "Senior Hour "Tour-SOLD OUT

July 20th. (WEDNESDAY)
9:45am. Lobster Lunch & Paul Anka Show-SOLD OUT
NO Beginner's Piano Class w Joe Guarino
10:00am. Art Class #6 w Dory
10:00am. Wii Bowling League w Mary Henao
11:00am. Prospect Memorial Funeral Home Presentation-No Charge
11:30am. to 1:30pm. Blood pressure screening with VNA nurse
1:00pm. Corn Hole Games
1:00pm. Canasta w Wendy & Bonnie
1:00pm. Knitting & Crocheting group @ Community Center
1:30pm. Line Dancing Class
7:00pm. FREE Prospect Concert on the Green (Mad River Blues Band)

July 21st. (THURSDAY)
8:30am. Mohegan Sun Casino Day Trip-No Charge
9:15am. Accordion Connection & Museum-$10
9:15am. Senior Exercise Class
NO Water Coloring Class w Carla Koch
10:30am. Italian Class #3 w Lucy Minichino
11:00am.Zumba w Cookie
11:00am. Ballroom Dancing Class-$2 (@ Meeting Place)
NO Intermediate Piano Class w Joe Guarino
12:30pm. Learn to Knit Class #2 w Carol Greco
12:30pm. Origami w Ah Moi Yip-$5
NO Advanced Piano Class #5 w Joe Guarino
1:00pm. Mahjong with Barb Duigan

July 22nd. (FRIDAY)
9:00am. Red Hats to Ocean Beach Park
9:30am. Bible Study with Georgia Smolkis @ Community Center
9:30am. Weight Strengthening with the Ensero's
9:30am. Pinochle with Mike & Bonnie Jones
10:00am. Scrapbooking & Card making w Edwina & Cindy-$2
11:30am. Center Lunch-Hotdogs-$7 (SCL)
1:00pm. BINGO-$2

July 23rd. (SATURDAY)
11:30am. Naugatuck Railroad Scenic Train Ride-$18

July 24th. (SUNDAY)
1:00pm. Jesus Christ Superstar @ Thomaston Opera House-$20

July 25th. (MONDAY)
8:00am. Garden Tours of NYC-$82
9:15am. Senior Exercise Class
9:30am. Texas Holdem' w John Salerno & Carmine Midolo-$5 (pool room)
9:30am. Bridge with Linda Favale @ Chapel Hall
NO "Songbirds"
NO Qi Gong Class w George Hughes
10:00am. Free Reiki Sessions w Kim Larkin-apts. necessary
10:00am. Senior Balance Class w Brenda Martin-$2
10:00am. Wii Bowling League w Mary Henao
12:15pm. Mat Yoga Class #1 w Shari Galvin ($15/6 week session)
1:00pm. CRL w Leslie Kingston-$1
1:00pm.Cribbage with Don Ensero
1:15pm. POUND Class w Cookie-$3
1:30pm. Chair Yoga Class #1 w Shari Galvin ($15/6 week session)
2:00pm. Fall Prevention & Balance Assessments-No Charge

July 26th. (TUESDAY)
9:00am. Senior Fitness Program w Susie-$3
9:15am. Eloia Mansion & Garden Tours-SOLD OUT
9:30am. Grocery Shopping @ Labonne's, Stop & Shop & Big Y
9:30am. to 12:30pm. Poker Club with Allen Thibodeau
10:00am. to 1:00pm. Marcuccio's Farmer's Market @ Senior Center
12:00pm. Massages w Tony ($25/30 minutes or $40/1 hour)
12:30pm. Setback (downstairs)
1:00pm. Juke Box Bingo-$3
1:00pm. Setback (upstairs)
1:00pm.Quilting Group

July 27th. (WEDNESDAY)
9:30am. Thimble Islands/Chowder Pot Day Trip-SOLD OUT
NO Beginner's Piano Class w Joe Guarino
10:00am. Art Class #1 w Dory ($25/6 week session)
10:00am. Wii Bowling League w Mary Henao
11:00am. Prospect Memorial Funeral Home Presentation-No Charge
11:30am. to 1:30pm. Blood pressure screening with VNA nurse
1:00pm. Corn Hole Games
1:00pm. Canasta w Wendy & Bonnie
1:00pm. Knitting & Crocheting group @ Community Center
1:30pm. Line Dancing Class
7:00pm. FREE Prospect Concert on the Green (Mass Confusion)

July 28th. (THURSDAY)
9:15am. Senior Exercise Class
9:45am. New England Carousel Museum-$7
NO Water Coloring Class w Carla Koch
10:30am. Italian Class #4 w Lucy Minichino
11:00am.Zumba w Cookie
11:00am. Ballroom Dancing Class-$2 (@ Meeting Place)
NO Intermediate Piano Class w Joe Guarino
NO WHIST w Gloria Guerrera
12:30pm. Learn to Knit Class #3 w Carol Greco
NO Advanced Piano Class w Joe Guarino
1:00pm. Mahjong with Barb Duigan

July 29th. (FRIDAY)
9:30am. Lunch on the Essex Steam Train & Riverboat-SOLD OUT
9:30am. Bible Study with Georgia Smolkis @ Community Center
9:30am. Weight Strengthening with the Ensero's
9:30am. Pinochle with Mike & Bonnie Jones
10:00am. Scrapbooking & Card making w Edwina & Cindy-$2
11:30am. Center Lunch-Meatball Grinders-$7 (SCL)
1:00pm. BINGO-$2

July 30th. (SATURDAY)
8:30am. Sunflowers For Wishes-$6

August 1st. (MONDAY)
9:15am. Senior Exercise Class
9:30am. Texas Holdem' w John Salerno & Carmine Midolo-$5 (pool room)
9:30am. Bridge with Linda Favale @ Chapel Hall
NO Songbirds
10:00am. Senior Balance Class w Brenda Martin-$2
10:00am. Wii Bowling League w Mary Henao
NO Qi Gong Class w George Hughes
12:15pm. Mat Yoga Class #2 w Shari Galvin
1:00pm. Cribbage with Don Ensero
1:15pm. POUND Class w Cookie-$3
1:30pm. Chair Yoga Class #2 w Shari Galvin

August 2nd. (TUESDAY)
9:00am. Senior Fitness Program w Susie-$3
9:00am. Red Hats to Mystic
9:30am. to 12:30pm. Poker Club w Allen Thibodeau
10:30am. Burlington Trout Hatchery-No Charge
11:00am. to 1:00pm. Marcuccio's Farmer's Market @ Senior Center
12:00pm. Massages w Tony ($25/30 minutes or $40/1 hour)
12:30pm. Setback (downstairs)
1:00pm. Setback (upstairs)
1:00pm. Quilting Group

August 3rd. (WEDNESDAY)
7:30am. Lake George Day Trip-$130
9:30am. Grocery Shopping @ Labonne's, Stop & Shop & Big Y
9:30am. Beginner's Piano Class #1 w Joe Guarino ($25/8week session)
10:00am. Art Class #2 w Dory
10:00am. Wii Bowling League w Mary Henao
11:00am. Prospect Memorial Funeral Home Presentation-No Charge
11:30am. to 1:30pm. Blood pressure screening with VNA nurse
1:00pm. Corn Hole Games
1:00pm. Canasta w Wendy & Bonnie
1:00pm. Knitting & Crocheting group @ Community Center
1:30pm. Line Dancing Class
7:00pm. FREE Prospect Concert on the Green (Southern Voice)

August 4th. (THURSDAY)
9:15am. Senior Exercise Class
9:30am. Old Drake Hill Flower Bridge-$5 (Second Trip)
9:30am. Book Club day trip to R. J. Julia Bookstore-FULL
NO Water Coloring Class w Carla Koch
10:30am. Italian Class #5 w Lucy Minichino

PLEASE NOTE:
SCL applies to lunches made at the Senior Center by the staff

Day-by-Day Sched July-August 2022

11:00am. Zumba w Cookie-$3
11:00am. Ballroom Dancing Lessons w George Maderski-$2 (@ Meeting Place)
12:30pm. Intermediate Piano Class #1 w Joe Guarino ($25/8 week session)
12:30pm. Dime Bingo w Lorraine Thibodeau-$1
12:30pm. Origami w Ah Moi Yip-$5
12:30pm. Learn to Knit Class #1 (Warm Heads) w Carol Greco-$12
1:00pm. Mahjong with Barb Duigan
2:00pm. Advanced Piano Class #1 w Joe Guarino ($25/8 week session)

August 5th. (FRIDAY)
9:30am. Bible Study with Georgia Smolkis @ Community Center
9:30am. Weight Strengthening with the Ensero's
9:30am. Pinochle with Mike & Bonnie Jones
10:00am. Scrapbooking & Card making w Edwina & Cindy-$2
11:30am. Center Lunch-Meatloaf-$7
1:00pm. BINGO-$2
6:30pm. 5th. Dimension @ Ridgefield Playhouse-$65

August 6th. (SATURDAY)
8:00am. Annual Blueberry Festival in Goshen-FULL

August 7th. (SUNDAY)
10:00am. North Branford Potato & Corn Festival-$2

August 8th. (MONDAY)
9:15am. Senior Exercise Class
9:30am. Lunch on the Essex Steam Train & Riverboat Ride-SOLD OUT
9:30am. Photography Club w Al Thibodeau
9:30am. Texas Holdem' w John Salerno & Carmine Midolo-$5 (pool room)
9:30am. Bridge with Linda Favale @ Chapel Hall
NO Songbirds
10:00am. Senior Balance Class w Brenda Martin-$2
10:00am. Wii Bowling League w Mary Henao
NO Qi Gong Class w George Hughes
12:15pm. Mat Yoga Class #3 w Shari Galvin
1:00pm. Cribbage with Don Ensero
1:15pm. POUND Class w Cookie-$3
1:30pm. Chair Yoga Class #3 w Shari Galvin
2:00pm. Birds of Connecticut Presentation-$3

August 9th. (TUESDAY)
9:00am. Senior Fitness Program w Susie-$3
9:30am. Grocery Shopping @ Labonne's, Stop & Shop & Big Y
9:30am. to 12:30pm. Poker Club with Allen Thibodeau
11:00am. to 1:00pm. Marcuccio's Farmer's Market @ Senior Center
11:00am. Katharine Hepburn Presentation @ Senior Center-$5
12:00pm. Massages w Tony ($25/30-minutes or $40/1 hour)
12:30pm. Setback (downstairs)
1:00pm. Card Bingo w Shirley Beale & Barb Derouin-$2
1:00pm. Setback (upstairs)
1:00pm.Quilting Group

August 10th. (WEDNESDAY)
9:30am. Beginner's Piano Class #2 w Joe Guarino 10:00am. Art Class #3 w Dory
10:00am. Wii Bowling League w Mary Henao
10:30am. Jersey Tenors @ Aqua Turf-$86
11:30am. to 1:30pm. Blood pressure screening with VNA nurse
11:45am. Beyond Van Gogh Experience @ Ct. Convention Center-$45 (second Trip)
1:00pm. Corn Hole Games
1:00pm. Canasta w Wendy & Bonnie
1:00pm. Knitting & Crocheting group @ Community Center
1:30pm. Line Dancing Class
7:00pm. FREE Prospect Concert on the Green (By All Means)

August 11th. (THURSDAY)
9:15am. Senior Exercise Class
9:45am./10:00am. Beyond Van Gogh Experience @ Ct. Convention-SOLD OUT
NO Water Coloring Class w Carla Koch
10:30am. Italian Class #6 w Lucy Minichino
11:00am. Ballroom Dancing Lessons w George Maderski-$2 (@ Community Center)
11:00am. Zumba w Cookie-$3
12:30pm. Intermediate Piano Class #2 w Joe Guarino
12:30pm. Learn to Knit Class #2 (Warm Heads) w Carol Greco
1:00pm. Mahjong with Barb Duigan
2:00pm. Advanced Piano Class #2 w Joe Guarino

August 12th. (FRIDAY)
9:00am. R. J. Julia Bookstore Day Trip-No Charge (Second Trip)
9:30am. Bible Study with Georgia Smolkis @ Community Center
9:30am. Weight Strengthening with the Ensero's
9:30am. Pinochle with Mike & Bonnie Jones
10:00am. Scrapbooking & Card making w Edwina & Cindy-$2
11:30am. Center Lunch-Lasagna-$7 (SCL)
1:00pm. BINGO-$2

August 13th. (SATURDAY)
Quilfest New England-$15

August 14th. (SUMDAY)
11:30am. Sounds of Frank @ Katharine Hepburn Arts Center -$37

August 15th. (MONDAY)
8:00am. Newport Playhouse Spectacular w Linda Soto-SOLD OUT
9:00am. Reflexology w Kim Stewart-apts. necessary ($30/30 min./$15/15min.)
9:15am. Senior Exercise Class
9:30am. Texas Holdem' w Carmine Midolo & John Salerno-$5 (pool room)
9:30am. Bridge with Linda Favale @ Chapel Hall
NO "Songbirds"
NO Qi Gong Class w George Hughes
10:00am. Senior Balance Class w Brenda Martin-$2
10:00am. Wii Bowling League w Mary Henao
10:30am. LEGENDS Sticker Book Workshop-$12
12:15pm. Mat Yoga Class #3 w Shari Galvin
1:00pm.Cribbage with Don Ensero
1:00pm. CRL with Leslie Kingston-$1
1:15pm. POUND Class w Cookie-$3
1:30pm. Chair Yoga Class #3 w Shari Galvin
2:00pm. Women & Heart Disease Presentation @ Senior Center-No Charge

August 16th. (TUESDAY)
8:00am. Broadway Musical Tour w the Zuckerman's-$95
9:30am. Crystal Terrarium Workshop-$10
9:30am. Bowling @ Lessard Lanes-$12
9:30am. Senior Fitness Program w Susie-$3
9:30am. to 12:30pm. Poker Club with Allen Thibodeau
10:00am. to 1:00pm. Marcuccio's Farmer's Market @ Senior Center
10:30am. Tom Jones & Englebert @ Aqua Turf-$47
10:30am. Grocery Shopping @ Labonne's, Stop & Shop & Big Y
12:00pm. Massages w Tony ($25/30-minutes or $40/1 hour)
12:30pm. Setback (downstairs)
1:00pm. Setback (upstairs)
1:00pm. Quilting Group

August 17th. (WEDNESDAY)
9:30am. Beginner's Piano Class #3 w Joe Guarino
10:00am. Art Class #4 w Dory
10:00am. Wii Bowling League w Mary Henao
11:00am. Ring of Fire @ Ivoryton Playhouse-SOLD OUT
11:30am. to 1:30pm. Blood pressure screening with VNA nurse
1:00pm. Corn Hole Games
1:00pm. Canasta w Wendy & Bonnie
1:00pm. Knitting & Crocheting group @ Community Center
1:30pm. Line Dancing Class
7:00pm. FREE Prospect Concert on the Green (Raise Your Hands-Tribute to Bon Jovi)

August 18th. (THURSDAY)
9:15am. Senior Exercise Class
9:30am. Christmas Tree Store/Cracker Barrel-No Charge
NO Water Coloring Class w Carla Koch
NO Italian Class w Lucy Minichino
10:30am. Ann of Green Gables @ Goodspeed Opera House-$65
11:00am.Zumba w Cookie
11:00am. Ballroom Dancing Class-$2 (@ Community Center)
12:30pm. Intermediate Piano Class #3 w Joe Guarino
12:30pm. Learn to Knit Class #3 (Warm Heads) w Carol Greco
12:30pm. Origami w Ah Moi Yip-$5
1:00pm. Mahjong with Barb Duigan
2:00pm. Advanced Piano Class #3 w Joe Guarino

August 19th. (FRIDAY)
9:00am. Maritime Aquarium at Norwalk-$25 (second trip)
9:30am. Bible Study with Georgia Smolkis @ Community Center
9:30am. Weight Strengthening with the Ensero's
9:30am. Pinochle with Mike & Bonnie Jones
10:00am. Scrapbooking & Card making w Edwina & Cindy-$2

Day-by-Day Schedule July-August 2022

11:30am. Center Lunch-Chicken Marsala-$7 (SCL)
1:00pm. Pizza BINGO-$2

August 20th. (SATURDAY)
9:00am. Holiday Hill Senior Outing-$40 (on your own)
9:30am. Vintage Radio and Communications Museum-$10
5:00pm. Bingomania-$25

August 21st. (SUNDAY)
9:30am. Vintage Market Days-$8

August 22nd. (MONDAY)
9:00am. Holiday Hill Senior Outing-$40 (on your own)
9:15am. Senior Exercise Class
9:30am. Texas Holdem' w John Salerno & Carmine Midolo-$5 (pool room)
9:30am. Bridge with Linda Favale @ Chapel Hall
NO "Songbirds"
NO Qi Gong Class w George Hughes
10:00am. Senior Balance Class w Brenda Martin-$2
10:00am. Wii Bowling League w Mary Henao
11:00am. Vet Center Presentation-No Charge
12:15pm. Mat Yoga Class #4 w Shari Galvin
1:00pm.Cribbage with Don Ensero
1:15pm. POUND Class w Cookie-$3
1:30pm. Chair Yoga Class #4 w Shari Galvin
2:00pm. Hidden Treasures Antique Appraisal Show-$10/$3

August 23rd. (TUESDAY)
7:00am. A Day @ Port Jefferson-SOLD OUT (second trip)
9:00am. Senior Fitness Program w Susie-$3
9:30am. Grocery Shopping @ Labonne's, Stop & Shop & Big Y
9:30am. to 12:30pm. Poker Club with Allen Thibodeau
10:00am. Bocce League Meeting w Barb Beloin
10:00am. to 1:00pm. Marcuccio's Farmer's Market @ Senior Center
11:00am. USSR/Russia Presentation-$6
12:00pm. Massages w Tony ($25/30 minutes or $40/1 hour)
12:30pm. Setback (downstairs)
1:00pm. Setback (upstairs)
1:00pm.Quilting Group

August 24th. (WEDNESDAY)
9:30am. Fashion in Victorian America @ Lockwood Mansion-SOLD OUT
9:30am. Beginner's Piano Class #4 w Joe Guarino 10:00am. Art Class #5 w Dory
10:00am. Wii Bowling League w Mary Henao
10:30am. Cooking w Lori-$5
11:30am. to 1:30pm. Blood pressure screening with VNA nurse
1:00pm. Corn Hole Games
1:00pm. Canasta w Wendy & Bonnie
1:00pm. Knitting & Crocheting group @ Community Center
1:30pm. Line Dancing Class
7:00pm. FREE Prospect Concert on the Green (Simply Swing)

August 25th. (THURSDAY)
8:30am. Mohegan Sun Casino Day Trip-No Charge
9:15am. Senior Exercise Class
9:30am. Tour of Grace Farms-SOLD OUT
NO Water Coloring Class w Carla Koch
10:30am. Italian Class #1 w Lucy Minichino ($10/6 week session)
11:00am.Zumba w Cookie
11:00am. Ballroom Dancing Class-$2 (@ Community Center)
12:30pm. Intermediate Piano Class #4 w Joe Guarino
NO WHIST w Gloria Guerrera in August
12:30pm. Learn to Knit Class #4 (Warm Heads) w Carol Greco
1:00pm. Mahjong with Barb Duigan
2:00pm. Advanced Piano Class #4 w Joe Guarino

August 26th. (FRIDAY)
9:30am. Dudley Farm Museum Tour-$10
9:30am. Bible Study with Georgia Smolkis @ Community Center
9:30am. Weight Strengthening with the Ensero's
9:30am. Pinochle with Mike & Bonnie Jones
10:00am. Scrapbooking & Card making w Edwina & Cindy-$2
11:30am. Center Lunch-Chicken Salad Sandwiches-$7 (SCL)
1:00pm. BINGO-$2

August 27th. (SATURDAY)
7:15pm. Interactive Beatles Experience @ Seven Angels Theater-$45

August 28th. (SUNDAY)
9:30am. Open Air Market & Festival-FULL (leaving from the Prospect Firehouse)

August 29th. (MONDAY)
9:15am. Ct. Historical Society Museum Tour-$10
9:15am. Senior Exercise Class
9:30am. Texas Holdem' w John Salerno & Carmine Midolo-$5 (pool room)
9:30am. Bridge with Linda Favale @ Chapel Hall
NO Songbirds
10:00am. Free Reiki Sessions w Kim Larkin-apts. necessary
10:00am. Senior Balance Class w Brenda Martin-$2
10:00am. Wii Bowling League w Mary Henao
10:30am. Sweet Sprinkles and Confetti Workshop-$8
NO Qi Gong Class w George Hughes
12:15pm. Mat Yoga Class #5 w Shari Galvin
1:00pm. Cribbage with Don Ensero
1:15pm. POUND Class w Cookie-$3
1:30pm. Chair Yoga Class #5 w Shari Galvin
2:00pm. Nutrition & Exercise Presentation-No Charge

August 30th. (TUESDAY)
9:15am. Tour of the Ct. State Capitol-No Charge (third trip)
9:30am. Senior Fitness Program w Susie-$3
9:30am. to 12:30pm. Poker Club with Allen Thibodeau
10:00am. to 1:00pm. Marcuccio's Farmer's Market @ Senior Center
10:30am. Grocery Shopping @ Labonne's, Stop & Shop & Big Y
12:00pm. Massages w Tony ($25/30-minutes or $40/1 hour)
12:30pm. Setback (downstairs)
1:00pm. Setback (upstairs)
1:00pm. Quilting Group
1:00pm. Juke Box Bingo-$3

August 31st. (WEDNESDAY)
9:30am. Beginner's Piano Class #5 w Joe Guarino 10:00am. Art Class #6 w Dory
10:00am. Gold & Silver Exchange w Don Bernier-apts. necessary
10:00am. Wii Bowling League w Mary Henao
11:30am. to 1:30pm. Blood pressure screening with VNA nurse
1:00pm. Corn Hole Games
1:00pm. Canasta w Wendy & Bonnie
1:00pm. Knitting & Crocheting group @ Community Center
1:30pm. Line Dancing Class
4:30pm. Tree Swallow Cruise on the RiverQuest-$48

IMPORTANT POLICY CHANGE.,..
We ask that any future trips, activities, classes, presentations, etc. that are over $5 be paid for with a check. Sorry, but we do not have the capability to accept credit cards. Cash for anything over $5 will no longer be accepted. We thank you in advance for your anticipated cooperation.

BIRTHDAYS July-August 2022

JULY BIRTHDAYS

Robert Petereit 1
Bellamkonda sv Raghu 1
Daniel Moore 1
Marie Delage 2
Peg Valencis 2
Marilyn R. Zera 2
Gail H. Sweet 2
Jeanne Remiszewski 2
Harriet Buckman 2
Edward Thibodeau 2
Frank Cunningham 2
Mary Ruszczyk 2
Shirley Nolan 3
Philip DeSena 3
Marge Biercevicz 3
Kristina Archambault 3
Barbara Belval 3
Nona Rochetti 3
Noella Mott 4
Leo Sokolnicki 4
Jane Walsh 5
Theresa Campbell 5
Cindy O'Bar 5
Tammie Young 5
Tina Snow 6
Hilda Kelly 6
Joyce Bolduc 6
Tippy Carmody 6
Lee Normandin 6
Margaret Green 6
Sandra Boccialetti 6
Janice Jackson 7
Robert Wnek 7
Angelo Gambino 7
Walter Hagedorn Sr. 7
Richard Maceyunas 7
Joanne Corcoran 8
Gloria Sandin 8
Cindy Kwasinskas 8
Nazare Machado 8
Linda Petereit 9
Mary Dapkins 9
Lucille LaChance 9
Susan Alley 9
Gale Iannicelli 10
Eleanor Vescera 10
George R. Leu 10
Nadine White Eagle 10
Carolyn Rhoades 10
Diana Barnes 11
Judith LaMadeline 12
Linda Lane 12
Sandra Bibeau 12
Ken Watterworth 12
Ellen Bergin 14
Lucy Minichino 14
Rita Rossi 14
Gloria Francis 14
Ronald Miller Jr. 14
Bruce Day 14
Sandra Trusiewicz 15
Rosemarie Augelli 15
David Welch 15
Louise Rogers 15
Richard Diaferio Sr 16
Helen Diorio 16
Sophie K. Morton 16
Vera Giattino 16
Lucia Sillery 16
Richard Lamadeline 16
Terry Meisel 17
Doug Merriman 17
Marian Levine 17
Bill Spalter 18
Robin Reilly 18
Denise Gilbert 19
Ruth DeMaida 19
Maria McDonnell 19
Robert Lance 20
Susan Dunn 20
Linda Rice 20
Maria Miranda 20
Nancy Perry 20
Tim Carmody 20
Norma McGrath 21
Mary Welch 21
Shirley Beale 21
Eugene Bowman 22
Eve Smith 22
Carolina Miranda 22
Patricia Cipriano 22
Irving Boyle 22
Jean Zemaitis 23
Kathy Hartnett 23
Barbara Yarington 23
Paul Nace 23
Al Wetterhahn 23
Barbara Moore 23
Marlene Piersall 24
Frances Barriault 24
RoseAnne Olsen 24
Debbie Porter 24
Fred Quiles 25
Robert Saucier 25
Lynn Noakes 25
Bill Dillane 25
Joanne Hildreth 25
Charles Kathan 26
Charles Candiotti 26
Mona McKay 26
Manuel Silva 27
Frederick W. Lohnau 27
Norma Kennedy 27
Bernadette Mole 27
Eileen Kieffer 28
Pat Martini 28
Kathleen Conlea 28
Marilyn Marino 28
Gail Thereoux 28
Brian Lally 28
Jennette Gaudette 29
Maria DiGennaro 29
Diane Shepack 29
Ann O'Dea 29
Beryl Ashford 29
Donna Locurto 29
William Stowell 29
Janice Ulrichsen 29
George Hughes 30
Richard Van Allen 30
Ellen Glick 31
Jim Copsey 31
Scott Roncarti 31
Richard O'Neil 31

AUGUST BIRTHDAYS

Myrna Rivera 1
Irene Lukasavage 1
Ron Gallant 2
Helen Strumski 2
Linda Sinkler 3
Maria McCoy 3
Frederick Kingston 5
Cheryl Geise 5
Jackie Gugliotti 5
Ann Balletto 5
Rosalie Scully 5
Karen Anderson 6
Nancy Demers 6
Sally Toma 6
Diane Schirmer 6
Edith Emmons 6
William Cancelli 6
Stuart Solomon 6
Janice Caporale 7
Mary Ann Barone 7
Hamet Myftari 7
Joseph Marinan 7
Robert Sandore 7
Arlene Martucci 7
Eileen Rudich 8
Deborah Sabetta 8
Kathleen Bequary 9
Diane Rokosky 9
Nancy LaMadeleine 11
Jerry Andolena 11
Judith Hines 11
Babette Strumpf 12
Lorraine Cote 12
Nancy Augelli 12
Kathy McGrath 12
Joe Albon 12
Christy E. Hinesley 13
Walter Woods 13
Linda Pol 13
Debbie Lepore 13
Linda Durbin 14
Laraine S. Hogan 14
Joseph Antonelli 14
Karen Maceyunas 14
Delyse Fernandez 15
Gail A. Hill 15
Michael Rokosky 15
Salvatore Falzone 15
Rocky Normandin 15
Richard Crocco 15
Theodore Dumonski 16
Marcia Rogers 16
Bill Rinckel 16
John Guerreiro 16
Edward J. Hines 16
Frances Sardis 16
Jim Devine 17
Janice White 17
Elaine Broderick 18
Jeanie Seegers 18
William Pfeffer 18
Joan O'Reilly 18
Bernadette Stemm 19
David Cronin 20
Peggy Angelicola 20
Rod Dapkins 20
Shirley Aitchison 20
Barbara Sticco 20
Mayor Bob Chatfield 21
Marge Maisto 21
Nancy J. Quiles 21
Jean Couturas 21
Jeanne Ruggiero 21
Kathleen Williams 21
Ellie Holt 22
Jane Ullrich 22
Paulette C. Bush 22
Janice Colella 23
Mary Henao 24
Elaine Dugan 24
Dorothy Curtiss 24
Lucy Wysokinski 24
Mary Pavone 25
Louise Varanelli 25
Maria Cardinal 26
Maria Druan 26
Kimberly Petrillo 26
Susan McQuade 26
Elaine Pizzuto 27
Winnie Acker 27
William Spencer 27
Rich Dembishack 27
Brior Stack-Sweeney 27
Lisa Kilian 27
Jack Sopko 28
Anne Kane 28
James Dighello 28
Maria Mirabilio 28
Jerry Curran 28
Charles Tooth 28
Douglas Durand 28
Gail Ducham 28
Ann Marie Pettinicchi 29
June Ledell 29
Marie Curran 30
Carol Martin 30
Ann Desena 30
Rosemary Serafine 30
Luba Zaslavski 30
Jann Lamb 31
Irene Parenteau 31
Emily Saunders 31



SUNSHINE LIST July-August 2022

Lucille DeCarolis
132 Grilleyton Road
Waterbury, Ct. 06704

Carolyn Holley
200 Bucks Hill Road
Waterbury, Ct. 06704

Ann Genereux
11 Laura Avenue
Prospect, Ct. 06712

Mary Mucciaccia
8 Cornelius Avenue
Waterbury, Ct. 06706

Giovanna Calabrese
10 Stonefield Drive
Prospect, Ct. 06712

Patti Moreno
141 Butternut Ridge Road
Waterbury, Ct. 06706

Bill Bassett
52 Homestead Road
Southbury, Ct. 06488

Margaret Lenkowski
109-1 Bucks Hill Road
Waterbury, Ct. 06704

Angelo Gambino
26 Lombard Drive
Prospect, Ct. 06712

David Elwell
103 Lake Winnemaug Road
Watertown, Ct. 06795

Harry Jancis
89 Spruce Drive
Naugatuck, Ct. 06770

Armand Marchand
184 Midwood Avenue
Wolcott, Ct. 06716

Dolly Amadeo
19 Amadeo Drive
Bethany, Ct. 06524

Irv Boyle
79 Melrose Avenue
Waterbury, Ct. 06705

Lou Ruby
985 B Heritage Village
Southbury, Ct. 06488

Don Granger
24 Ash Lane
Prospect, Ct. 06712

Liz Falzone
195 Lasky Road
Beacon Falls, Ct. 06403

Elaine Broderick
19 Birch Lane
Naugatuck, Ct. 06770

Ann Wooding
333 Evening Star Drive
Naugatuck, Ct. 06770

Martha Turiano
Apple Rehabilitation Center
35 Bunker Hill Road
Watertown, Ct. 06795

Geri McDonald
24 Pleasant Avenue
Naugatuck, Ct. 06770

Charlie Burns
Village @ East Farms
180 Scott Road
Waterbury, Ct. 06705
203-575-1355

Fran Dupre
187 East Johnson Avenue
Cheshire, Ct. 06410

Bob Salerno
34 Terrell Road
Waterbury, Ct. 06708

Dolly Martin
188 East Mountain Road
Waterbury, Ct. 06706

Eve Smith
18 Rozum Circle
Prospect, Ct. 06712

Lucylle Delage
26 Gianni Drive
Wolcott, Ct. 06716

Dee & Art Hensel
61 North Hoadley Street
Naugatuck, Ct. 06770

GET WELL SOON!!

GET WELL SOON!!

NEW MEMBERS

STEVE PRIMUS
KEN WATTERWORTH
LILA CIARLO
MARY LOU GOLEBIESKI
CLARE GEORGE
LORI CHARETTE
BARBARA GROSSO
DIANE HOGAN
HENRIETTA MAJESKI
CAROL MULLIGAN
MARY ELLEN BARANOWSKY
RITA CICCARELLI
JOANNE MONTAGANO LENHOFF
JEAN BETTENCOURT
WILLIAM SCARPATI
KATHY SHINGARA
KAREN CZARNECKE
ALICE CARO
ILENE WAXMAN
WILLIAM PARSONS
MADELYN NOVICK
LAURENE HEBERT
MICHAEL VARRONE
JOE ALBON
ANN MURPHY
MARYANN CESTARO
TERRI EVANGELISTE
RON HLUSKA
PAT HLUSKA
DON SNYDER
CRISTA FURTADO
RICHARD MURRAY JR.
RALPH DIMASSO
NANCY BRAZEE
PATRICIA KUROWSKI
LORRAINE ROBBINS
WILLIAM CANCELLI
JANET PASCUCCI
LUCY SMEGIELSKI
DEBORAH PALLADINO
JOYCE SHAFFER
PAULETTE C. BUSH
LUCIA DIBENEDETTO
STUART SOLOMON
ELLEN SOLOMON
KENNETH TEACH
LENA BILADEAU
JOANNE HONEYSETT
MARIE HONEYSETT
MARY LOU ROGERS
ELIZABETH BAYNE
LINDA PARENTEAU
LORI REK
CHERYL HAUSSMAN
RITA SPINELLA

Welcome to the Prospect Senior Center

Strawberry Bottom Cheesecake

1 prepared graham cracker pie crust

1 tsp. vanilla
4 oz. Cool Whip, thawed
1-pint fresh strawberries, thinly sliced
1 cup strawberry glaze

Beat cream cheese until smooth. Gradually beat in sugar. Add sour cream and vanilla. Fold in Cool Whip. Spread a thin layer of glaze over bottom of crust. Place strawberry slices on glaze and cover with remaining glaze. Gently spoon cream cheese mixture over glazed strawberries. Cover with inverted dome from the pie crust package and chill until set, at least 4 hours

Makes 8 servings

Hot Broccoli-Cheddar Dip

1 10-oz. pkg frozen chopped broccoli
1 8 oz. sharp or extra sharp cheddar, grated
4 oz. cream cheese
2 Tbsp. milk
½ - 1 tsp. Tabasco or other hot sauce
½ tsp. freshly ground black pepper

Place frozen broccoli in microwave-safe bowl. Cover loosely with plastic wrap and microwave until hot and tender, about 9 minutes. Do not add any water.
Uncover and add cheddar, cream cheese, hot sauce and pepper to bowl. Cover again and microwave just until cheeses are melted, 1 to 2 minutes longer. Stir until smooth. (If mixture seems thin, it will thicken upon cooling slightly)

Serve with crackers and fresh vegetables.

Stuffed Celery

1 6 oz. can pink salmon
2 Tbsp. minced dill
1 Tbsp minced scallions
1 Tbsp. lemon juice

Mix above ingredients together

Add 6 oz. cream cheese, softened
Salt & pepper to taste

12 celery stalks cut into 3-inch pieces

Place salmon/cheese mixture into the groove of the celery

Baked Penne & Smoked Sausage

16 oz. smoked sausage
1 can cream of celery soup
1 ½ cups milk
8 oz. penne, cooked
1 cup shredded mozzarella cheese
1 ½ cups French's fried onions
1 cup frozen peas

Preheat oven to 375 degrees. Cut sausage into ¼ inch slices and brown in a skillet; drain. Combine soup and milk in a 3-qt. casserole. Stir in cooked penne, sausage, ½ cup cheese, ½ cup fried onions and peas. Bake 30 mins. Or until hot; stir. Top with remaining cheese and onions. Bake another 3 minutes until golden.

Makes 6 servings

Cherry Surprise Cake

2 sticks butter or margarine
2 cup sugar
3 eggs, beaten
1 tsp. vanilla extract
2 tsp. almond extract
1-pint sour cream
3 cups flour
1 tsp. baking soda
½ tsp. salt
1 cup chopped maraschino cherries
1 ½ cups chopped nuts
Cream together the butter and sugar, add beaten eggs. Mix in vanilla and almond extracts and sour cream. Add flour, baking soda and salt and mix to blend. Stir in cherries and nuts. Bake in greased and floured tube pan at 325 degrees for about 1 to ½ hours

Layered Broccoli Salad

6 cups chopped broccoli florets
1 small red onion, thinly sliced
2/3 cup dried sweetened cranberries
Or raisins
½ cup plain nonfat yogurt
3 Tbsp. honey
2 Tbsp. mayonnaise
2 Tbsp. cider vinegar
1 ½ cups grated cheddar cheese
¼ cup chopped walnuts
2 Tbsp. bacon pieces

In a large glass serving bowl, arrange Layers of broccoli, onion and cranberries. In a small bowl, whisk together yogurt, honey, mayonnaise and vinegar. Drizzle dressing over layered salad. Sprinkle cheese evenly on top. Cover and refrigerate until ready to serve. Just before serving, sprinkle with walnuts and bacon pieces.

Makes 6 servings

Summer Squash Casserole

2 lbs. sliced summer squash
¼ cup chopped onion
1 can condensed cream of chicken soup
1 cup sour cream
1 cup shredded carrots
1 8-oz. pkg Herb seasoned stuffing mix
½ cup butter, melted

In a saucepan, cook sliced squash and chopped onion in boiling water for 5 minutes. Drain. Combine cream of chicken soup and sour cream. Stir in shredded carrots. Fold in drained squash and onion. Combine stuffing mix and butter. Spread half of stuffing mixture on bottom of 12 x 7 x 2 baking dish. Spoon vegetable mixture atop. Sprinkle remaining stuffing over vegetables. Bake at 350 degrees for 25-30 minutes or until heated through.

Makes 6 servings

Vegetable Dip

2 8-oz. pkgs cream cheese
1 bottle of chili sauce (your choice)
½ cup sour cream
½ tsp. chives
Pinch of thyme
Pinch of garlic salt or powder
1 tsp. lemon juice

Mix all ingredients together well.

Serve with raw vegetables
Such as broccoli, cauliflower,
Pepper strips, cucumber spears

REGULAR ACTIVITIES

July-August 2022

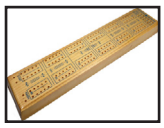


"Pizza Party" BINGO

Fridays *1pm*
July 15th - Aug. 19th

Cost $1

Cribbage Card Game



Mondays *1pm*

Call
Don Ensero
203-575-1511

Poker Club
with
Allen Thibodeau
Tuesdays
9:30am - 12:30pm



Texas Hold'em Poker Tournament
Hosted by
Carmine Midolo

Every Monday *9:30am*
IN THE POOL ROOM

You must pre-register and PAY for these games. There is a limit of nine people playing on the table.

FIRST NINE PEOPLE TO REGISTER, GET TO PLAY
Cost $5

CARD BINGO



Tuesdays *1pm*

July 12th
Aug. 9th

Cost $2

"DIME BINGO"
Lorraine Thibodeau

Thursdays *12:30pm*

July 7th
Aug. 4th

You get two Bingo cards for ten cents. You can play as many cards as you would like.

For each two cards that you are playing, you have to contribute ten cents for each Bingo game that is played. The prizes for each game will be the dimes that are collected.

There will be a $1 charge to help in covering the cost of a coffee and dessert break at 2pm.

If you are interested in joining in on the fun, please call the Senior Center to register.

Cost $1



Canasta

With
Wendy Powell
&
Bonnie Veilette

Wednesdays *1pm*



Chinese & American Mah Jong

Every skill level welcome!
Thursdays *1pm*

PINOCHLE GROUP
Fridays
9:30am - 11:30am

Call Bonnie Jones
for details
203-758-0886





SETBACK CARD PLAYER'S GROUPS
TUESDAYS

DOWNSTAIR'S GROUP
12:30pm
UPSTAIR'S GROUP
1pm

COME JOIN IN THE FUN
(Questions,
call Don Ensero
203.575.1511)



Thursday @12:30pm

September 29th
(No Whist in
July and August)
Prizes to the
winning & losing team

Plus....Door Prize

REGULAR July-August 2022 ACTIVITIES



Senior Balance Class
with
Brenda Martin
10am - 11am

Every Monday

No Sign-up necessary
Just drop in
Cost $2.00 per class



Senior Weight Strengthening Class

Fridays 9:30am

Call Don Ensero
@ 203-575-1511
to sign up



Line Dancing Classes
with
Lois Marticello
Wednesdays 1:30pm

The classes are geared specifically toward seniors.
The classes are fun and great exercise too!

Cost $20 for 10 weeks



taught by Cookie

Mondays 1:15pm

Cost $3 per class



Senior Exercise Class

Mondays & Thursdays

9:15am



CHAIR YOGA
6 Week Sessions

Mondays 1:30pm
July 25 - Aug. 29
Fridays 1:30pm
None for the summer

Cost $15




Gold

taught by Cookie

Thursdays 11:00am
No Class July 7th & Aug. 4th

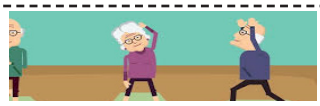
Cost $3 per class



Qi Gong
Energy Moving Class
With George Hughes

Mondays 9:30am
ON HOLD UNTIL
FURTHER NOTICE

Cost: $5 per class
no registration necessary



Senior Fitness Program
Tuesdays 9am

No Sign-up Necessary
Just drop in
Bring weights, small ball & exercise band

Cost $3 per class



MAT YOGA
6 Week Sessions

Mondays 12:15pm

July 25 - Aug. 29

Cost $15



Wii Bowling

Mondays & Wednesdays
@10am

More bowlers needed!
Call Mary Henao
203-757-9190

LCR Dice Game



Hosted by
Leslie Kingston

1pm

July 25th
Aug 15th

Cost $1
Please bring dimes...



Card Making 101

WITH
Cindy, Edwina & Debbie

FRIDAYS 10am-3pm

COST $2

Art Classes with Dory



Wednesdays 10am
Next 6 week sessions

July 27th - Aug. 31st

Cost $25

Water Color Art Class



with
Carla Koch

Thursdays 10am
6 week sessions

ON HOLD TILL FURTHER NOTICE

Cost $25



Art Class

with
Judy Jaworski

6 Week Session

CLASSES RESUME Sept. 13th

Cost: $25

Learn to Play the Piano
Beginner's Class



Taught by Joe Guarino
Wednesdays
9:30am to 10:30am

NO CLASSES IN JULY
Aug. 3rd - Sept. 21st

Cost $25

(This class is specifically for those beginning students who have never taken a class with Joe before.)

Piano Lessons
Intermediate Class



Taught by Joe Guarino
Thursdays
12:30pm-1:30pm

NO CLASSES IN JULY
Aug. 4th - Sept. 22nd

Cost $25

These classes are for students who have previously taken lessons with Joe. Once you sign up and PAY, Joe will let you know the class for which you are best suited.

Piano Lessons
Advanced Class



Taught by Joe Guarino
Thursdays
2:00pm-3:00pm

NO CLASSES IN JULY
Aug. 4th - Sept. 22nd

Cost $25

These classes are for students who have previously taken lessons with Joe. Once you sign up and PAY, Joe will let you know the class for which you are best suited.

Bible Study



with
Georgia Smolkis
Fridays 9:30am

At the Community Center

No sign ups necessary
Just drop in
None on July 7 and July 15



Photo Club

With Allen Thibodeau
Second Monday of the month at 9:30

July 11th
Aug. 8th

New members are always welcome!

Questions?
Call Allen @ 203-592-3947



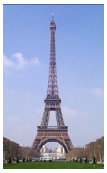
Learn to Speak Italian

with
Lucy Minichino
Thursdays

Next 6 week Sessions

6/30 thru 8/11 and 8/25 thru 9/29

Cost $10



Learn to Speak French

with
Joe Guarino
Wednesdays 11:00-112:00

Next 6 week Sessions

June 29th - Aug. 3rd

Cost $10

Private Reflexology Sessions
with
Kim Stewart, NSCR
Mondays Start at 9am

July 25th
Aug. 29th
$15 .... 15 minute session
$30.....30 minute session

(Appointments are necessary)
Kim Stewart will be at the Senior Center to give private reflexoogy therapy sessions to our seniors. **RE-FLEXOLOGY**



A scientific art based on the principle that there are reflex areas in the feet and the hands which correspond to all parts of the body including organs and glands. The physical act of applying pressure to these areas can result in stress reduction which causes a physiological change in the body.

CONDITIONS WHERE IT MIGHT BE HELPFUL: High blood pressure - Diabetes - Migraine headaches - Arthritis - Backache - Sciatica - Constipation - Insomnia

Please call the senior center to schedule an appointment.

FREE Private Reiki Sessions



with
Kim Larkin, URMT
10:00am-12:30pm

????????

20 minute sessions
(Appointments are necessary)
Please call the senior Center to schedule an appointment.

What is Reiki? It's a simple, non-invasive energy medicine practice that originated in Japan. The practitioner places her hands on or near the person receiving treatment, with the intent to transmit "ki" which is believed to be life-force energy. Reiki's primary benefit is stress reduction and relaxation, which triggers the body's natural healing abilities, and improves and maintains health. Reiki can calm and relax the recipient. In this relaxed state the body's natural healing takes place, improving memory and relationships.

Kim Larkin has recently finished her Usui Reiki Master Training. She wants to share her Reiki training in some way with our Seniors.

MASSAGES WITH ANTHONY MARINI

Tuesdays

appointments starting @12:00pm

$25 for 30 minutes
$40 for 60 minutes

Please call the senior center to schedule an appointment.



BLOOD PRESSURE SCREENING

WEDNESDAYS
11:30 -1:30





Origami Class
Thursdays 12:30pm

July 7th & 21st
Aug. 4th & 18th
Sept. 1st, 15th & 29th
Oct. 13th & 27th
Nov. 10th & 17th
Dec. 1st & 15th



Cooking Demonstrations with Chef Lori

Watch as Chef Lori demonstrates how to make these delicious recipes. Then, stay and sample the end result!

Registration and PAYMENT required beforehand

10:30am

July 19th
Aug. 24th

Dish: TBA Cost $5

REGULAR ACTIVITIES

July-August 2022

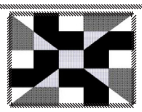


The Happy Hookers

A knitting & Crocheting Group

Wednesdays
1pm - 3pm
Everyone is Welcome

MEET AT
COMMUNITY CENTER



Quilter's Group

Tuesdays
1pm - 3pm

Please Join US!

Orange, CT

Leave 9:30am
Arrive Prospect 3:30pm

Shop approximately
2 hours

Lunch @Cracker Barrell
to follow shopping.
The cost
of your lunch is your
responsibility.

July 14th
Aug. 18th

Sign up required
persons limited



Billiards
Monday thru Friday
9am - 4pm

Ladies are welcome and encouraged to join in the fun!

Day Trip to Mohegan Sun



Thursdays

July 21st
Aug. 25th

EVENTS THAT ARE SOLD OUT/FULL OR WHERE DEADLINES HAVE PASSED

July 2nd. Legacy Theater-SOLD OUT
July 3rd. Robin Hood's Medievel Faire-SOLD OUT
July 5th. Block Island Day Trip-SOLD OUT
July 6th. Smokey Joe's Café @ Ivoryton Play house-SOLD OUT
July 7th. Old Drake Hill Flower Bridge-SOLD OUT
July 12th. Livingston Ripley Conservancy-SOLD OUT
July 12th. Celebrate Italia! @ Aqua Turf-SOLD OUT
July 14th. Yankee Cider Company-SOLD OUT
July 15th. Pontoon Cruise on Bantam Lake-SOLD OUT
July 19th. Mattatuck Museum Senior Hour Tour-SOLD OUT
July 20th. Lobster Lunch-SOLD OUT
July 25th. NYC Garden Tour-DEADLINE PASSED
July 26th. Eloia Mansion & Garden Tour-SOLD OUT
July 27th. Thimble Island Cruise-SOLD OUT
July 29th. Lunch on Essex Steam Train & River boat Ride-SOLD OUT
August 4th. R.J. Julia Book Store-FULL
August 5th. Dimension @ Ridgefield Playhouse-SOLD OUT
August 6th. Blueberry Festival-FULL
August 8th. Lunch on Essex Steam Train & Riverboat Ride-SOLD OUT
August 11th. Van Gogh Experience-SOLD OUT
August 17th. Ring of Fire @ Ivoryton Playhouse-SOLD OUT
August 23rd. Port Jefferson Day Trip-SOLD OUT
August 24th. Lockwood Mansion-SOLD OUT
August 25th. Grace Farms-SOLD OUT
August 28th. Wadsworth Mansion Open Air Market-SOLD OUT
September 13th. Bobby Darin @ Aqua Turf-SOLD OUT
September 14th. Art Talk @ Litchfield Commu nity Center-FULL
September 17th. Il Volo @ Mohegan Sun Casino-SOLD OUT
September 18th. Old Deerfield Fall Craft Fair-SOLD OUT
September 23rd. Reza: Edge of Illusion @ Ridge field Playhouse-SOLD OUT
September 25th. Monarchs, Meadows & More-FULL
October 12th. The Wyeth's Art Talk-FULL
October 20th. 42nd. Street @ Goodspeed Opera House-SOLD OUT
November 6th. Clue @ Warner Theater-SOLD OUT

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Prospect Lions Club Collecting Eyeglasses & Hearing Aides

The Prospect Lions Club has set up a purple and yellow mailbox outside the Senior Center where you may drop off all unwanted eyeglasses and hearing aides. The box is located right outside our front entrance. The items are collected, recycled, refurbished and used for people in need.

If you have any of these items and are no longer using them, please don't throw them out. Drop them off in the "mailbox" at any time. The Center does not have to be open for you to drop them off. Thank you for helping those that are less fortunate.



Do You or a Loved One need help at Home

Hi my name is **Jackie** I'm a private duty Personal Care Assistant
I am a caring & loving Caregiver who has alot of patience
I work with Alzheimer's, Dementia, TBI/ABI and Stoke Rehab Clients
For the last 5 years I've assisted with Dr.'s Appts, meal prep, reminders, bathing, grooming, dressing, shopping & laundry
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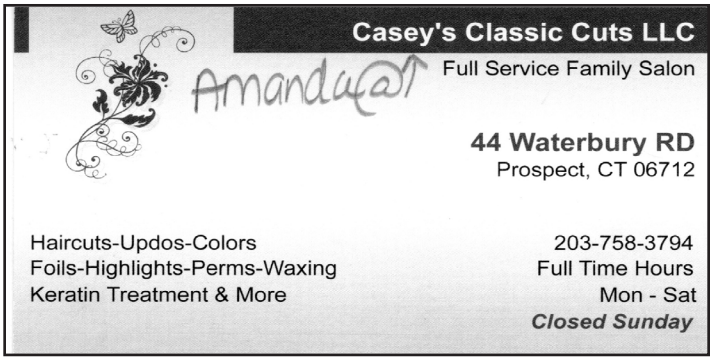


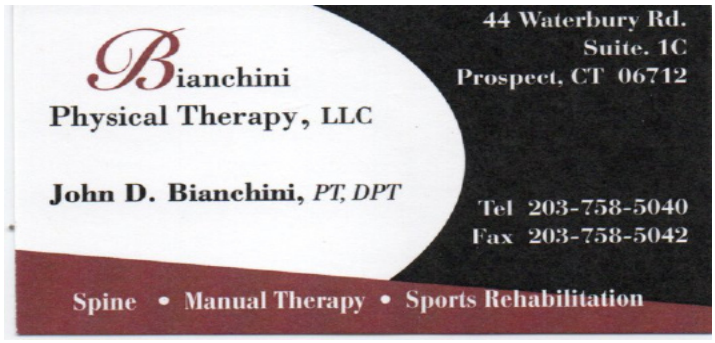


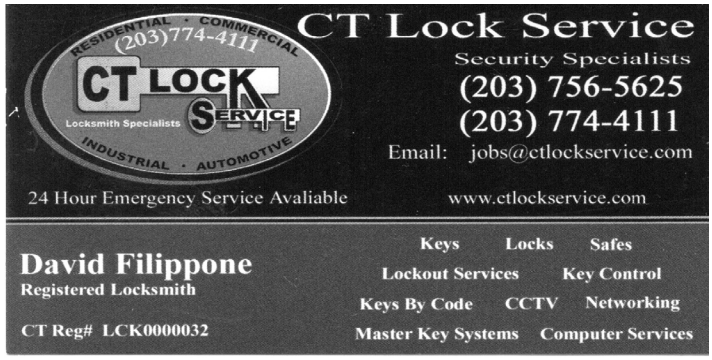


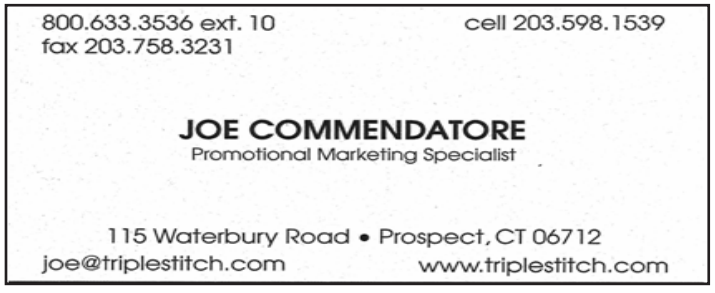












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Are you in need of help at home with light housekeeping, laundry, cooking, baking, errands, doctor's appointments, personal care, or companionship?

Call Lissa at 203-360-0838. She has 10-years of experience. She is out-going, fun and loves helping the elderly. She specializes in making healthy foods. You may also email her at grace1210213@gmail.com

July-August 2022



The "Bookwormers" Prospect Senior Center Book Club

Book Club Coordinator
Marie Delage

Thursday, July 7, 2022-9:30am.
July Book Review
The Personal Librarian
(Marie Benedict & Victor Christopher Murphy)

This is the remarkable story of J. P. Morgan's personal librarian, Belle da Costa Greene, the Black American woman who was forced to hide her true identity and pass as white,

In her twenties, Belle da Costa Greene is hired by J. P. Morgan to curate a collection of rare manuscripts, books, and artwork for his newly built Pierpont Morgan Library. Belle becomes a fixture in New York City society and one of the most powerful people in the art and book world, known for her impeccable taste and shrewd negotiating for critical works as she helps create a world-class collection.

But Belle has a secret, one she must protect at all costs. She was born not Belle da Costa Greene but Belle Marion Greener. She is the daughter of Richard Greener, the first Black graduate of Harvard and a well-known advocate for equality. Belle's complexion isn't dark because of her alleged Portuguese heritage that lets her pass as white—her complexion is dark because she is African American.

The Personal Librarian tells the story of an extraordinary woman, famous for her intellect, style, and wit. The novel shares what she must go through to protect her family and her legacy and to preserve her carefully crafted white identity in the racist world in which she lives.

After our meeting Jen Bernardini will be joining us for a presentation on her new book, "We All Fall Down". Details are enclosed in this issue of the Prospect Senior Center newsletter.

We will not be having a meeting at the Senior Center on August 4th. Instead, we will be traveling to the R. J. Julia Bookstore in Madison, Ct. We will be meeting and leaving from the Prospect Senior Center at 9:30am. Once at the Book Store you will have until 12noon to do some book shopping.

At 12noon we will board our mini bus for a lunch stop at Lenny & Joe's. The cost of your lunch is your responsibility. We should be back in Prospect by about 3:00pm. We are limited to the number of people we can bring with us.

Anyone who is a member of the Prospect Senior Center is encouraged to give our Book Club a try. This is a wholesome, diverse group who loves to read. We read, review and share our thoughts on the books we have read at our meetings.

The Book Club meetings are held on the first Thursday of each month at 10:00am. at the Senior Center. This group is a fun way to enjoy books and to meet new people at the same time. New members are always welcome! Keep reading…it keeps your mind alert and well!

Submitted by
Marie Delage

"Books and doors are the same thing. You open them, and you go through into another world."
- Jeanette Winterson-

Second Trip **Added…**

Old Drake Hill Flower Bridge
"Colors of the Rainbow"
Old Bridge Road, Simsbury, Ct.
&
The Shoppes at Farmington Valley
110 Albany Turnpike, Canton, Ct.
Thursday, August 4, 2022 $5
Departing @ 9:30am

Connecticut has quite a reputation for the natural beauty found at our beaches, forests, and parks. There are jaw-dropping waterfalls and spectacular sunsets to be discovered at many locations. But, tucked away in the northern part of our state, there is a stunning flower bridge that will take your breath away.

The Old Drake Hill Flower Bridge is located at 1 Old Bridge Road in Simsbury, Connecticut. It is an example of 19th century metal-truss bridge construction. Originally designed and built in 1892, it spans 183 feet and carries a 12-foot roadway suspended 18 feet over the beautiful Farmington River.

Constructed in 1892 as a one-way crossing for vehicles, it was replaced by a more modern two-lane bridge to the north in 1992. The bridge was kept as a pedestrian and bicycle crossing and prior to 1996, it was just a pretty cool historic bridge.

In the mid 90s, groups began to create community gardens on and around the bridge. The bridge became transformed into an enchanting pathway across the river. It currently has 62-flower boxes and 32-hanging baskets. For locals it has become a popular spot for graduation photos, proposals, and even small weddings.

Volunteers maintain this floral paradise each year. The bridge has been closed for the last two years because of renovations and then because of the pandemic. It is once more open once and it is better than ever!

We will be meeting and leaving from the Prospect Senior Center at 9:30am. Our first stop will be at The Shoppes at Farmington Valley in Canton, Ct. Once there you will be free to browse, shop and eat on your own at the many shops there. There are a number of eateries there to choose from.

At 1:30pm. we will meet back at our mini bus. We will then continue on to the Drake Hill Flower Bridge. It is a short distance away. We will give you some time to walk the bridge and admire the hanging baskets and flower boxes. One of the volunteers who helps take care of the bridge will meet us there to give us a brief over view of the bridge's history.

The $5 charge for this trip will go as a donation for the upkeep of the Drake Hill Flower Bridge. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back in Prospect by about 4:00pm.

Directory of stores at The Shoppes at Farmington Valley in Canton:

110 Grill, AG Design, American Eagle, American Flatbread, Angel Tip Nail Salon, Barnes & Noble, Barre3, Batchy Brew, Ben & Jerry's, Body Fit, Brighton Collectibles, Chico's, Chipolte, Claire's, Cost Cutters, Cyclebar, Dick's Sporting Goods, Driphouse, Emerald City Smoothie, Footbeats, Francesca's Collections, Golf Lounge, Green Tangarine Spa & Salon, Harvey & Lewis, J.Jill, J.Crew, Jefferson Fry Company, Kindred & Crew, Kohl's, LOFT, Massage Envy, Michael Jewelers, Old Navy, Next Gen Smarty Pants, Panera Bread, The Paper Store, Sephora, ShopRite, Sleep Number, Snip-Its, Talbots, TMobile. Valley Kids Company, White House Black Market, Woof Gang Bakery & Grooming

LADIES  IN RED

It's summer and the "Ladies in Red" have been living the dream. We have enjoyed April in Paris, liked Pina Coladas and got caught in the rain, hung out in a hangar, sailed the seas and indulged in chocolate…oh, the chocolate!

Since my last writing, Prospect's "Ladies in Red" have been very busy having fun! On April 29th, we had the pleasure of attending the "April in Paris" gala, an elegant and extremely enjoyable event organized by our beautiful Red Hat sisters from the "Royal Scarlet Gadabouts." There we enjoyed the company of Red Hatters from chapters throughout the state and had a great time with good music, good friends and a lot of laughs.

The very next morning, we headed to the picturesque seaside village of Stonington where we toured the Velvet Mill Marketplace. We visited artists' studios, bought (chocolate) pastry from the Zest bakery, browsed the eclectic shops and sipped Pina Coladas at the Rum Tropic Distillery. Afterwards, we stopped at the Saltwater Farm Vineyard, an old World War II airplane hangar which is now a winery, and "hung out in a hangar." If you missed this trip, or would like to go again, the Scarlet O'Hatters will be hosting the same trip on Friday, July 8th; the trip is open to all who join the Oxford Senior Center for only $10.00.

We kicked off the month of May with Sunday brunch at the historic Griswold Inn in Essex. This trip was originally scheduled to be our Valentine's Day trip but was postponed due to snow. After enjoying the brunch, we lingered awhile in the Inn's comfortable colonial taproom and then adjourned to the nearby Essex Chocolates where we indulged in our long awaited Valentine's Day treats.

May 20th was an exciting day for Red Hatters when a coterie of "Ladies in Red" accompanied the new "Scarlet O'Hatters" from Oxford on their "maiden voyage," a cruise aboard the "Onrust." The "Onrust" is a replica of the ship built by Adriaen Block, founder of Block Island, in 1614 after his original vessel was destroyed in a fire. Despite getting caught in the rain, the "Onrust" cruise was a memorable first event for the Scarlet O'Hatters, made more enjoyable by the presence of the "Ladies in Red" and members of the Oxford Senior Center.

On Friday, June 3rd, the "Ladies in Red," along with ladies from the Scarlet O'Hatters, attended a hilarious performance of the play "Drinking Habits" at the Piedmont Players dinner theater in Waterbury. We were honored and delighted by the presence our most senior member, Maria Mikeltonis, who that day celebrated her 90+ birthday with us.

On Saturday, June 25th, the "Ladies in Red" spent a very pleasant day exploring the Litchfield Hills. We began the day walking through the gorgeous gardens at the White Flower Farm and travelled to Goshen for lunch at Nodine's Smokehouse. We also visited Thorncrest Farm where we enjoyed their scrumptious chocolates. We ended our day in the Litchfield Hills with a relaxing visit to the Sunset Meadows Vineyard.

More excursions to the Connecticut Seacoast are scheduled for the remaining summer months. On Saturday, July 16th, we will have the opportunity to attend the Guilford Arts Center Craft Expo on the picturesque Guilford Green. This show is one of the most successful and longest running craft shows in America. It features artists and artisans of the highest caliber from all over the country. I will be distributing discount coupons which will reduce our admission fee to $7.00. After browsing the show, we'll make a brief stop at Bishop Farms to purchase accompaniments to our afternoon meal, which will be at "The Place," a unique outdoor eatery where everything is cooked on an 18' long fire pit and patrons sit on tree stumps. For this trip, the bus will be departing the Senior Center at 9:00 AM.

On Friday, July 22nd, the "Ladies in Red" will visit the city of New London for a day at Ocean Beach Park. In addition to swimming and sunning, Ocean Beach Park offers carousel rides, miniature golf, nature trails, a boardwalk, an arcade, a gift shop and a food court. There is something to do for everybody. After the beach, we'll head to nearby Captain Scott's Restaurant for our afternoon meal. This seasonal, dockside eatery specializes in seafood and is BYOB. The cost of this trip, which includes bus parking and admission to the park, is $10.00. We will depart the Senior Center at 9:00 AM.

On Monday, August 2nd, we will make our annual trip to Mystic. We'll start our day at the award-winning "Sift" bakery for breakfast and then have free time to browse the unique shops in downtown Mystic. We'll spend the afternoon at Olde Mistick Village, which has 35 shops and 7 eateries for us to explore. There is no cost for this trip. The bus leaves the Senior Center at 9:00 AM.

There are also plans underway for an evening at the Riverview Waterfront Barbecue along the Housatonic in Seymour for late August and our annual Thimble Island cruise aboard the "Sea Mist", tentatively scheduled for Sunday, September 11th, pending the approval of bus transportation.

In addition to the Prospect trips, the Oxford "Scarlet O'Hatters" have scheduled several trips which are open to the "Ladies in Red" and to members of the Prospect Senior Center. The Velvet Mill and Saltwater Farm Vineyard trip on Friday, July 8th is open to any senior willing to pay the $10.00 Oxford dues; "Scarlet O'Hatter " membership is not required.

On Tuesday, August 30th, the "Scarlet O'Hatters" is sponsoring a fabulous motor coach trip to the Rhode Island shoreline. Our first stop will be in South Kingston for a guided tour of the Matunuck Oyster Farm, followed by champagne and oysters at the Matunuck Oyster Bar. Next, we'll enjoy lunch on your own at the iconic Champlin's Seafood overlooking the Galilee Harbor and the Block Island ferry in nearby Narragansett. Our final stop of the day will be in the quaint village of Wickford, where you can explore the shops, enjoy an ice cream or just relax. This trip is open to all seniors without payment of dues. The cost is expected to be about $93.00. For, more information, contact the Oxford Senior Center or Lynn Chesinas at the addresses on the bottom of this page.

Finally, the "Scarlet O'Hatters" has chartered the schooner "Argia" out of Mystic for a cruise into Long Island Sound on Tuesday, September 20th. The trip, which includes the cruise fare, time to explore the shops in downtown Mystic and a stop at the Sea View Snack Bar, costs $45.00, which is discounted from the usual Argia cruise fare of $64.00. Look for more information in the September newsletter.

Are you interested in attending these activities? The "Ladies in Red" are looking for a few more fun-loving ladies to join our ranks. If you are interested in becoming a Prospect Red Hatter, now is the time to join before membership closes for the year. You can contact "Ladies in Red" Queen Lynn Chesinas by email at lchesinas2013@yahoo.com or by telephone at 203-503-7427.

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New Haven Legal Assistance Association, Inc.

New Haven Legal Assistance Association, Inc. (LAA) is a nonprofit organization that was incorporated on April 7, 1964 to "secure justice for and to protect the rights of those residents of New Haven County unable to engage legal counsel." LAA was one of the first legal services programs established and the federal government used it as a model for similar programs throughout the country.

They provide high-quality legal services to individuals and groups unable to obtain legal services because of limited income, age, disability, discrimination and other barriers.

Need Help?
Call...203-946-4811

The “Songbirds” NEED YOU!

The Prospect Senior Center “Songbirds” are a group of very enthusiastic and talented Senior Citizens . The group has been in existence for about fifteen years. They work under the musical direction of Joe Guarino. Under Joe’s tutelage, they meet weekly to either practice at the Senior Center or to perform at area facilities.

The group is made up of Senior Center members who love to sing and perform. They spread their talent and cheer throughout the area by performing at nursing and rehabilitation centers in the area. Their love of music is only exceeded by their love of bringing smiles and joy to those who enjoy their performances.

They are looking for new people to replace these members who have passed away. If you are interested in joining the group, you can call Joe at 203-546-0705

Senior Nutrition Services Meals on Wheels

The Western CT Area Agency on Aging Senior Nutrition Program currently does not have a waitlist. This program can provide meals to eligible homebound seniors, over the age of 60, up to 5 days per week, Monday - Friday based on need.

If you feel that you or someone you know could benefit from home delivered meals, please contact the WCAAA Meals on Wheels department at 203-757-5449.

Photography Club Photos on Display...

Our Photography Club members led by Allen Thibodeau, regularly display their photography throughout the Senior Center. Allen changes the display on a regular basis for everyone’s enjoyment. When at the Senior Center, please take a little time to look over the beautiful photography that this talented group of Seniors has on display.

And, if the photography that you see inspires you and you think that you might like to investigate the group further to see what they are all about, think about attending one of their meetings. They meet on the second Monday of each month at 9:30am. Allen welcomes anyone to drop in and see what this talented and enthusiastic group is all about. All skill levels are welcome. The only requirement is that you have a love and passion for picture taking.

For your Convenience... Medicine Take-Back Option

When your medicines are no longer needed, they should be disposed of promptly and properly. Unused or expired prescription medications are a public safety issue, leading to potential accidental poisoning, misuse, and overdose.

Consumers and caregivers should remove expired, unwanted, or unused medicines from their home as quickly as possible to help reduce the chance that others accidentally take or intentionally misuse the medications and to help reduce drugs from entering the environment.

Flushing medications down the toilet or the sink is not necessarily a great idea. In recent studies, antidepressants have been found in the Great Lakes and in fish. Your toilet is not connected to a fifth dimensional zone or the Outer Limits. It is connected to our water system and our environment. Avoid these options. Don’t add to the pollution around us. Proper disposal of unused drugs saves lives and protects the environment.

Medicine take-back options are the preferred way to safely dispose of most types of unneeded medicines. If you have any medications you no longer take and are looking for a safe, proper and convenient way to dispose of them, you may bring them to the Prospect Senior Center. We will in turn take them to our Resident State Troopers Office, right next door to the Senior Center, for proper disposal.

PSC "HIGHLITES" NOW AVAILABLE ON-LINE

The latest issue of our newsletter is now available on-line at the town of Prospect's website.

To access it on your computer or smartphone, go to the town's website: **www.townofprospect.org**

Once you are there: click on **"Department";** then click on **"Senior Center"**; and finally, click on **"CLICK HERE for activities that are scheduled for ..."**

The newsletter is readable using any Adobe Acrabat reader and can be printed out at home if you have a printer.

Each new "Highlites" will be available on this website just as soon as it is being printed out at the Senior Center. If you have computer access, you can get your copy without making a special trip to the Center saving you time and reducing the need for the Center to run off as many copies as it now does.

PLEASE TAKE NOTE: Per Chesprocott Health District Codes....

We are not allowed to have **anyone** in the kitchen, other than employees and volunteer kitchen help. PLEASE, refrain from going in to the kitchen when you are here. We love your company and we enjoy talking to everyone, but just **not in the kitchen.**

We appreciate your cooperation. We do not want to have our kitchen shut down because of any violations to this health code.

Thank you!

St. Anthony's Church Offers Communion Services to the Homebound

If you would like to receive the sacrament of Communion and are unable to attend Mass due to illness or being homebound, Communion can be brought to you by a Eucharistic Minister from St. Anthony's Church in Prospect.

Please contact the Parish Center at 203-758-4056 and visitation can be arranged.

Marcucio's Farm Market Coming to the Prospect Senior Center... Every Tuesday of the month from 11:00am. to 1:00pm.

Marcucio's Market will be coming to the Prospect Senior Center every Tuesday of the month beginning the first week of June. The Farm Market sells a wonderful variety of fruits and vegetables grown here in Connecticut. Depending on availability, they will also be bringing some baked goods and honey to sell. This year, during the planting season, they will also bring vegetable plants, annuals, perennials and some hanging baskets.

The Market accepts SFMNP (Senior Farmer's Market Nutrition Program) coupons. Stop by and see all the wonderful things they have to offer!

Stormville Airport Flea Market & Antique Show Saturday, September 3, 2022 7:30am. $5 Saturday, November 5, 2022 7:30am. $5

The Stormville Airport Antique Show & Flea Market is located in the historical and scenic Hudson Valley, on a private airport. The flea market was started in 1970 with two dozen vendors. Today it is known as one of the Northeast's largest antique shows and flea markets. The success of the flea market is due to the quality merchandise, reliability and trust built between the buyers and vendors.

The flea market attracts over 600-vendors from more than eight states. Because of its great success, shoppers travel well over 100-miles, often by busload, to pursue the hunt for bargains. With an extraordinary variety of antiques and collectables, as well as a large selection of new merchandise and arts and crafts, there is sure to be something for everyone. One trip to this event and you will agree that it's worth the trip from anywhere!

We will be meeting and leaving from the Senior Center at 7:30am. We should be in Stormville by 9:00am. Once there you will be on your own to hunt for bargains until 1:00pm. There are also many food vendors there where you can eat to your heart's content. At 1:00pm. we will head for home. We should be back in Prospect by 2:30pm. Since this is an out of state destination, we will be collecting $5 per person to help defray the cost of gas.

One piece of advice, wear comfortable shoes! There is a great deal of walking involved going from one vendor to another. Also, bring something to put all your purchases and treasures in such as a fold-up cart. A water bottle is a good idea also. We are limited to the number of people that we can bring with us. If you are interested in attending, sign up and PAY as soon as possible.

Flu & Pneumonia Shot Clinic @ the Prospect Senior Center Sponsored by Chesprocott Health District Thursday, September 22, 2022 9:30am. to 12:30pm.

Influenza and pneumonia kills over 40,000 people each year. It is recommended that everyone be vaccinated for the seasonal influenza and every 5 to 10 years for pneumonia. The Center for Disease Control especially encourages people who are over 50-years of age and people with chronic medical conditions, such as diabetes, lung problems, cancer and cardiac patients to get the vaccinations.

Complications from influenza and pneumonia can be life threatening. The vaccine for each one of these illnesses decreases hospitalizations. People with elderly or medically compromised family members, should be vaccinated to protect their loved ones.

Chesprocott Health District will be here on Thursday, September 22, 2022 from 9:30am. to 12:30pm. to administer the High Dose Flu vaccine (65 years and older) to those interested. This clinic is open to ALL Seniors. You do not have to be from Prospect to get your shot here.

Please call the Senior Center to register if you would like to get your shot here. They would like to get an idea of how many people will be coming. Please specify which of the shots (flu or pneumonia) you will need. Also, please bring your Medicare Part B cards with you to the clinic.

July-August 2022

Korean Lotus Lantern Workshop & Korean Culture Presentation Presented by Korean Spirit & Culture Promotion Project

Tuesday, September 20, 2022 $5 10:30am.

Learn about Korean culture and make a beautiful Korean lotus lantern. Members from the Korean Spirit & Culture Promotion Project, dressed in their native attire, will be at the Prospect Senior Center on Tuesday, September 20, 2022 at 10:30am.

This non-profit organization is dedicated to raising awareness in the United States and in other countries, of Korean history and its' culture. It is a not-for-profit, non-government organization.

The group gives lectures and presentations on Korean history and culture for those who are interested in widening their perspective in this area. Their presentations are open to all citizens of the world.

Attendees will learn a great deal at this presentation about Korean culture. You will make a lovely Korean Lotus Flower Lantern to take home with them.

If you are interested in joining us, please register and PAY to attend the class. We cannot hold your seat without payment. Class size is limited to the first 40 people to sign up and PAY. Do not wait long to sign up. We had this program here previously and it was a sell-out.

Autumn Day Trips to Hollandia Nursery 103 Old Hawleyville Road, Bethel, Ct.

Tuesday, September 13th. & Tuesday, October 11, 2022 No Charge Departing @ 9:30am.

Over the years, Hollandia Nursery has gained a reputation as Connecticut's premiere garden center, with hundreds of thousands of plants, first-class display gardens, and annual community events. Today the nursery is proud to have over 20-acres dedicated to growing and selling Connecticut's finest plants.

Join us as we visit the nursery on two separate occasions this Autumn season. Get a little peek at what September and October at the nursery and garden center looks like. You can go for their mums, pumpkins, bales of hay and cornstalks. Enjoy their beautiful, seasonal displays. We will also make a quick stop at the nurseries Gift, Garden & Home Store.

The owners of the Nursery have offered to give us 10% off on any purchases you make with them that day both at the Nursery and at the Gift, Garden & Home Store.

We will be meeting and leaving from the Prospect Senior Center at 9:30am. We will give you about 2-hours at the Nursery and the Gift Store.

We will then continue on for a lunch stop at Blue Colony Diner. It is only a few minutes away. **The cost of your meal is your responsibility.**

If you are interested in joining us, please sign up as soon as possible. We are limited to the number of people we can bring with us. We should be back at the Senior Center from this trip by about 3:30pm.

Connecticut Home Care Program for Elders

The State of Connecticut wants to give you an opportunity to stay home instead of going to a nursing home. That is the purpose of a home care program for persons 65-years of age and older. The program is called the Connecticut Home Care Program for Elders. To see if you qualify for any of the services from this program, please call the Western Connecticut Area Agency on Aging at 203-757-5449 for further information.

Get Your Medicare Questions Answered!

The Western Connecticut Area Agency on Aging provides FREE UNBIASED information on Medicare, and the options that supplement Medicare.

The WCAAA can answer questions that you may have on Medicare, Medicare the Prescription Drug Benefit, Medicaid, Preventative Benefits, Care giving issues and more. The WCAAA can assist in filling out applications for different programs you may be eligible.

For more information please call the Western Connecticut Area agency on Aging at 1-800-994-9422 or 203-757-5449.

Scrap Material Wanted...

Our quilting ladies are looking for any leftover scrap material that you may have hanging around from any past sewing projects. If the material is in good condition and you would like to see it go to good use, please consider donating it to the Senior Center.

Our quilters make several quilting projects each time we have a holiday party. They would use any of your donations for these projects which benefit the Senior Center and its members. The material would also be used for other projects that our quilting group works on.

If you have any material you would like to get rid of, please bring it to the Senior Center. We would certainly appreciate it!

FRAUDS, SCAMS, DECEITS!

Beware of any calls where the word "Medicare" is spoken. Medicare, Social Security and the Internal Revenue Service (IRS) NEVER call you to get your personal information without first informing you by letter. Please do not become a victim of an "Imposter Scam". If someone calls and attempts to collect your personal information claiming they are from a state or federal agency ... JUST HANG UP!

What does Medicare cover? Find out with the new Medicare app!

Do you ever wonder if something is covered by Medicare? There's now an app for that! The "What's Covered" app is designed to help Medicare beneficiaries directly access some of the most-used content on Medicare.gov.

The free app lets traditional Medicare beneficiaries quickly see if Medicare covers a specific medical item or service. Download it from Apple's App Store or Google Play for Android devices.



Qi Gong-Energy Moving Demonstration
Presented by George Hughes
Every Monday @ 9:30am.

Qi Gong is the oldest, Chinese recorded form on the subject of health, healing and longevity. It's well kept secrets have been opened to the West by the Shoaling Monks.

The forms practiced in Qi Gong include breathing, meditation, and coordinated body posture and movement. Qi Gong is a process of moving meditation, coordinating slow-flowing movement, deep rhythmic breathing, and a calm meditative state of mind. The practice is said to rejuvenate the mind, body and soul of the practitioner as well as relieve stress and some physical ailments. It also helps to improve your outlook on life.

With roots in Chinese medicine, philosophy and martial arts, Qi Gong is traditionally viewed by the Chinese and throughout Asia as a practice to cultivate and balance qi (pronounced as "chi"), and translated as "life energy".

People practice Qi Gong throughout China and worldwide for recreation, exercise, relaxation, preventive medicine, self-healing, alternative medicine, meditation, self-cultivation and training for martial arts.

Senior member, George Hughes, has practiced Tai Chi for over 23-years. He was introduced to Qi Gong about 7-years ago. He is a certified Tang So Do instructor of this ancient but new to many, simple exercise that can be done sitting or standing.

George will be at the Prospect Senior Center every Monday at 9:30am. where he will be holding weekly classes in Qi Gong. The cost of each class with George is $5, payable that day.

This is a fraction of the cost of what these classes usually cost. We are very appreciative to George for keeping the cost of these classes low so that more people can enjoy its' benefits. Sign up at the Senior Center and join in on the class and see what Qi Gong is all about.

Beautiful Things-
Gold & Silver Exchange
Thursday, August 31, 2022
10:00am. to 1:00pm.
Thursday, October 26, 2022
10:00am. to 1:00pm.
Thursday, December 28, 2022
10:00am. to 1:00pm.

Do you have old, unused or broken gold & silver jewelry pieces? If you are no longer using these items, why not turn them into extra cash for yourself? Get everything together that you no longer use and bring them to the Senior Center. Don Bernier of "Beautiful Things" Gold & Silver will be at the Senior Center.

He will meet with you privately and speak to you about how much cash you can get for your items. This gentleman comes very highly recommended to us. He services a number of Senior Centers.

Don pays top dollar for your old gold & silver jewelry pieces. If you can use a little extra cash, stop in and see him. Bring in all forms of gold or silver jewelry, flatware, men and ladies pocket watches, tea sets and coins (silver dollars, half dollars, quarters and dimes pre-1964). Don will pay you well above jeweler's prices and you will be paid cash on the spot.

The Senior Center will benefit also! Don has agreed to give the Senior Center 10% of the total paid out at the end of the day. Call the Senior Center to register.

HOPE MINISTRY
at St. Anthony Church



A hand up is not a hand out!

If you are having difficulty meeting your monthly expenses, maybe we can help, please call 203-758-4056. All calls are confidential. Or visit stanthonyprospect.org and follow the link to HOPE Ministry for an application.

The mission of the HOPE ministry is to carry out our gospel call to enhance the quality of life and self-sufficiency of those in our community in need of financial and social services. It will provide monetary assistance for basic living expenses, referrals, education, practical assistance and spiritual guidance to strengthen and support individuals in need of assistance by fostering independence and personal responsibility with respect, compassion and accountability.

Applicants must be actively registered parishioners or residents of Prospect.

Author-Mary Sharnick Book Discussion
@ Prospect Senior Center
Thursday, September 1, 2022
No Charge 11:00am.

Author, Mary Donnarumma Sharnick will be at the Prospect Senior Center on Thursday, September 1, 2022 at 11:00am. Mary is the author of five novels, the first of which, Thirst, is being adapted for the operatic stage. Mary's first two novels, Thirst and Plagued are set in the Venetian lagoon during the seventeenth and fifteenth centuries, respectively. Thirst is presently being adapted for the operatic stage.

Orla's Canvas was released in 2015. It is a first-person coming-of-age tale about a young artist set against the backdrop of Civil Rights-era New Orleans.

The novel took First Place for fiction in the 2016 Connecticut Press Club's annual contest and Third Place in 2016 National Federation of Press Women's competition. In addition, it was named a finalist in the 2017 Kindle Awards. In 2020, Orla's Canvas was released as an audio book on Audible.

Painting Mercy, was released in 2018. It took first place in the Connecticut Press Club's annual contest and second place in the 2019 National Federation of Press Women's competition. In this novel, Orla, now aged twenty-four, continues as narrator just after Saigon has fallen and over two thousand Vietnamese refugees have relocated to New Orleans.

Her latest novel, The Contessa's Easel, was honored by the Connecticut Press Club in 2022. Orla Castleberry returns to her New Orleans home after a year as artist-in-residence at Manhattan's New York University. Her topical exhibit "Portraits of AIDS" has earned world-wide praise and notoriety for its realistic representations.

Orla prepares for her next exhibit, to be held in Fiesole, Italy, in celebration of the forty-fifth anniversary of the town's liberation from Nazi occupiers. The portraits she paints will also be featured at a premier book launch for The Orphans of Fiesole, written by her friend, immigration attorney and historian Tad Charbonneau. The book is based on letters and photographs composed by Orla's own grandfather, so the project becomes intensely personal.

Mary graduated magna cum laude from Fairfield University with a degree in English and earned a master's degree with distinction from Trinity College in Hartford. She was a recipient of a Wesleyan Writers' Conference Fellowship in 2008 as well as a fellowship from the Hartford Foundation for the Arts-Beatrice Fox Auerbach Foundation in 2010.

Mary has reviewed books for the New York Journal of Books, Southern Humanities Review, America, and other journals. Excerpts of her memoir-in-progress have appeared in the American Journal of Alzheimer's Disease and Related Dementias, Italian Americana, and Healing Ministry, among others. Her short story, "The Rule," appeared in Voices in Italian Americana.

With her husband, Wayne Sharnick, Mary leads her writing students and family and friend groups on slow travel tours of Italy, the country she considers her second home. At present, Mary is also teaching hybrid classes of sophomore and junior writers enrolled at Sacred Heart High School in Waterbury, Connecticut.

She will be at the Prospect Senior Center on Thursday, September 1, 2022 to discuss her novels. Books will be available for purchase, if you are interested. There is no charge for this event but you must call and register in advance.

Something Old, Something New
Behind-the Scenes Tour
& the Hamilton Heroes and Villains Exhibit
@ Connecticut Historical Society Museum
1 Elizabeth Street, Hartford, Ct.
Monday, August 29, 2022 $10
Departing @ 9:15am-



Where did our most cherished wedding traditions come from? Join us as we travel to the Connecticut Historical Society (CHS) in Hartford, Ct. on Monday, August 29, 2022 to find out.

On this special tour, you'll get to go behind-the-scenes into CHS's collections storage areas to look at clothing, photographs, and other artifacts that document changes and continuities in wedding celebrations over time. You will even see a 150-year old wedding cake!

After our behind-the-scenes tour, we will also have a narrated tour of the Hamilton Heroes and Villains exhibit at the Museum. Whether you're singing along with the Schuyler sisters or only had a brief introduction to the Revolutionary War back in school, you won't want to miss these authentic artifacts related to Alexander Hamilton and characters from Lin-Manuel Miranda's musical.

You will see a rare 1794 print featuring the heroic George Washington, engraved by famed New Haven printer Amos Doolittle and a 1779 oath printed during the American Revolution to be signed by those Connecticut residents loyal to the villainous King George III. Who's your favorite Hamilton hero? Who's your favorite villain? And when it comes to history, who decides who is a villain or hero?

We will be meeting and leaving from the Senior Center at 9:15am. Our tour is scheduled for 10:00am. We should be at the Museum until about 12noon. At this time we will leave for a lunch stop at the Cheesecake Factory in West Hartford. The cost of your lunch is your responsibility.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back in Prospect by about 3:00pm.

PICNIC ARITHMATIC

An Elderly couple go on a picnic. They have 3 sons, each son has a wife. One son has one child, another has 3 children and the last one has no children.

What was the total number of people, who went to the picnic?

ANSWER; 2 (Just the elderly couple)



News From The Pool Room



Pool Tournament Results

In-House Tournaments

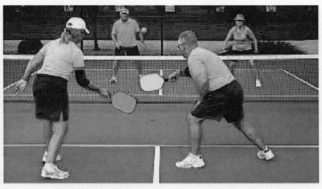
June 15, 2022
First Place: Dick Cipriano
Second Place: Art Lagassey
Third Place: Dom Carasone
Fourth Place: Bill Lawson

June 29, 2022
4-Way Tie for First Place between
Hubie Larrivee, Jack Sopko,
Dom Carasone, Don Telesca

Playoff Games:
Don Telesca vs, Jack Sopko
(Winner: Don Telesca)
Dom Carasone vs. Hubie Larrivee
(Winner: Hubie Larrivee)

Final Champion:
Don Telesca
What an exciting tournament!

PICKLEBALL



Monday-Friday

10:00a-12:00p Drop In

12:00p-2:00p Open Play

2:00p-4:00p Advanced Play

SIGN UP EVERYDAY AT THE FRONT OFFICE (UPSTAIRS) IN COMMUNITY CENTER

2022 Connecticut Quilters Shop Hop
(Trip #1)
Friday, September 16, 2022
Departing @ 9:30am.
(Trip #2)
Thursday, September 22, 2022
Departing @ 9:00am.
(Trip #3)
Friday, September 23, 2022
Departing @ 9:30am.

The Quilters Shop Hop is a 10-day event. This year it will run from September 14th. through September 25th. Quilters purchase a passport online for $10 and travel throughout the state to all the shops participating in the event this year. Each shop will have a unique party theme, as well as sales and specials. There are 13 shops in all participating this year.

If you visit all 13 stores, you will be entered into a drawing to win one of the following 17 fabulous prizes:

Bernina 335 Sewing Machine
Arrow "Kangaroo and Joey" Sewing Machine Cabinet
Arrow Sewing Chair
3 or 4 Day retreat
As well as 13 duffel bags stuffed with goodies valued at over $600 each!

Trip #1

We will be meeting and leaving from the Prospect Senior Center on Friday, September 16, 2022 at 9:30am. We will be visiting the following participating quilt shops: Christie's Close to Home in Orange, Christie's Quilting Boutique in Norwalk and Cotton Candy Fabrics in Brookfield. We will be making a lunch stop along the way at Panera Bread in Brookfield. We should be back at the Senior Center from this trip by about 3:00pm.

Trip #2

We will be meeting and leaving from the Prospect Senior Center on Thursday, September 22, 2022 at 9:00am. We will be visiting the following participating quilt shops: That's Sew Debbie in Groton, Stitch Chicks in Franklin, Colchester Mills in Colchester and Close to Home in Glastonbury. We will be making a lunch stop along the way at Franklin Family Diner in Franklin. We should be back at the Senior Center from this trip by about 4:00pm.

Trip #3

We will be meeting and leaving from the Prospect Senior Center on Friday, September 23, 2022 at 9:30am. We will be visiting the following participating quilt shops: Close to Home in Southington, Yankee Cloth in Wallingford, Cates Sew Modern in Guilford and Yankee Quilter in Seymour. We will be making a lunch stop along the way at Panera Bread in Wallingford. We should be back in Prospect from this trip by about 3:30pm.

If you are interested in joining us on all or some of these trips, please sign up as soon as possible. You must register and pay ($10) online for your passport , on your own.

Just a reminder that on September 14th. we had already planned a trip to the Quilted Ewe. This is another stop on the Shop Hop route. Your visit there that day can also be used as a stop on your passport.

Open Air Market & Festival
@ Wadsworth Mansion
421 Wadsworth Street, Middletown, Ct.
Sunday, August 28, 2022 No Charge
Departing @ 9:30am. (From the Prospect Fire House)

On Sunday, August 28, 2022 an Open Air Market & Festival will be held at the Wadsworth Mansion. The historic Mansion will transform its 700-foot vista into a marketplace and festival where a variety of vendors will gather to sell their Connecticut grown or made products. One can stroll from tent to tent purchasing fresh produce, fruit, cheese, breads and prepared foods.

Local artisans such as potters, painters and jewelers have been invited to sell their work. Visitors will be encouraged to lounge on the lawn with lunch and listen to live music performed on the patio. It will be a day to discover the Wadsworth Mansion, enjoy music and art, and experience the tradition of shopping at an open-air market.

We will be departing from the Prospect Fire House at 9:30am. We will be departing from the Fire House because on that day the Prospect Car Club will be holding their annual Car Show on the Prospect Green. All of Center Street will be closed to traffic. We will meet at the Firehouse and bring you back to the Firehouse. Your vehicles will be safe parked there.

The festival runs from 10:00am. to 4:00pm. Once at the Mansion you will be free to explore the market on your own until 1:30pm. At this time we will gather for our return trip back to Prospect. We should be back at the Senior Center no later than 2:30pm.

If you are interested in joining in on this delightful day, please sign up as soon as possible. We are limited to how many people we can bring with us. There is no charge for this trip.

Senior Farmers' Market
Nutrition Program Coupon Booklets (SFMNP)
Week of July 18

The Senior Farmers' Market Nutrition Program (SFMNP) provides low-income seniors with coupons that can be exchanged for eligible foods (fruits, vegetables, honey, and fresh-cut herbs) at approved farmers' markets.

Eligible individuals must be over the age of 60 or be disabled and meet income eligibility. Each eligible participant receives one (1) $18 check booklet containing six (6) three dollar ($3) checks. SFMNP checks can be redeemed at authorized locations which include most Certified Connecticut Grown farmers' markets and select farm stands.

Booklets are set to be issued by July to our Senior Center for distribution to eligible PROSPECT residents. Each town receives an allotment of booklets for their residents. Eligible residents must go to the towns where they live for their booklets.

These coupons can also be used at Marcuccio's Farm Market that comes to the Senior Center each Tuesday from June through October from 11:00am. to 1:00pm. They will be selling a wide variety of Connecticut grown vegetables and fruits.

Eligibility Requirements to receive booklets are as follows:

Prospect residents -
SINGLE- $21,590/COUPLE, $29,101

If you feel you are eligible please call or stop in to the Senior Center with proof of your eligibility.

Mattatuck Museum "Senior Hour" Tour
144 West Main Street, Waterbury, Ct.
Tuesday, July 19, 2022 $17
2:00pm. Departing @ 1:30pm.

The Mattatuck Museum was established as the Mattatuck Historical Society in 1877 to preserve the history of that part of Connecticut "anciently known as Mattatuck"- roughly the ten town region surrounding present-day Waterbury. In the 1960's the Historical Society expanded its mission to "collect and exhibit the works of Connecticut artists". The American Association of Museum accredited the museum in 1976, one of the first in the state to meet that standard.

On Tuesday, July 19, 2022, we will enjoy a guided "Senior Hour" tour of the Museum. This one hour-long tour will allow our group the opportunity to enjoy the Museum's rich collection of art and history as the ONLY guests in the building. The tour includes a 30-minute guided tour of the Museum's special exhibitions, with time to ask the docent questions or explore the remaining gallery spaces while the Museum is still closed to the public.

The Special Exhibitions include:

Shipwrecks: Duty of Memory

An exhibition of 60-haunting photographs by photographer Stefano Benazzo of shipwrecks from locations around the globe.

The Garden

The interdisciplinary works by the eight artists featured in The Garden address the sensory aspects of nature while embodying the artists' emotional journeys over the course of this turbulent decade.

Mystery & Benevolence: Masonic and Odd Fellows Folk Art

An exhibition of over 100-carvings, sculptures, textiles, and regalia revealing the hidden histories of the Freemasons and the Independent Order of the Odd Fellows.

We will be meeting and leaving from the Senior Center at 1:30pm. Our tour is scheduled for 2:00pm.If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back at the Senior Center from this trip by about 4:00pm.

Oktoberfest @ Krucker's
In Pomona, New York-
Wednesday, October 12, 2022-$130
12noon to 4:30pm. Departing @ 8:30am.

Enjoy a full day of entertainment, food, fun, music and dancing at Krucker's in Pomona, New York. This lovely resort features its popular Oktoberfest with great food and music...the genuine spirit of an Oktoberfest.

We will be traveling on a deluxe motor coach to our destination. Once you arrive at the resort you will enjoy a welcome reception featuring coffee, tea, buttermilk scones, pancakes and apple cider.

Lunch will feature barley soup, applesauce, choice of Sauerbraten with red cabbage or sliced pork loin with Sauerkraut, mashed potatoes, Brussel sprouts, carrots, apple strudel and vanilla ice cream, beer, wine and soft drinks.

There will be entertainment throughout the day with music, dancing and games to play. At the conclusion of the day (4:00pm.) and before your departure for home, Bratwurst sandwiches and cucumber salad will be served. We will be departing from the Prospect Senior Center at 8:30am. We should be back in Prospect from this trip by about 7:00pm. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your place without payment.

The cost of this trip includes your deluxe motor coach transportation, everything mentioned beforehand at the resort, a tour director on the bus and all gratuities.

July-August 2022

HUDSON VALLEY WINE & FOOD FEST
@ Dutchess County Fairgrounds-Rhinebeck, NY.
Saturday, September 10, 2022 $30
Departing @ 9:00am.

The Hudson Valley Wine and Food Fest is a celebration of the bounty of New York. This food and wine festival features hundreds of wines from Hudson Valley wineries and beyond, New York distilled spirits, craft beers and gourmet specialty foods from all over the country.

Learn more about wine at their educational seminars and brush up on your culinary skills with cooking workshops from regional celebrity chefs throughout the day. You can satisfy your hunger with delectable treats from their Gourmet Food Truck Corral. They host some of the region's best food trucks and food concessions.

At the Fest you can find everything from farm fresh cheeses & meats, salsas, BBQ sauce, mixes, baked goods, maple syrup, candy, nuts, granola, olive oils and more. It hosts some of the region's best festival vendors including over 150-wineries, gourmet specialty food vendors, fine art, and craft vendors.

Your $30 ticket Includes admission to the Hudson Valley Wine & Food Fest, souvenir tasting glass and all the wine, beer & spirits you care to taste. Food is not included.

We will be meeting and leaving from the Prospect Senior Center at 9:00am. We should be at our destination by about 10:45am. Once there you will be free to explore the festival on your own until 2:00pm. At this time we will leave the festival and start heading back to Prospect. We expect to be back at the Senior Center by about 4:00pm.

If you are interested in attending, please sign up and PAY as soon as possible. Please specify which type of ticket you want when you register. We cannot hold your seat without payment.

Beyond Van Gogh -
The Immersive Experience
@ Connecticut Convention Center
100 Columbus Blvd., Hartford, Ct.
Thursday, August 11, 2022 $45
11:00am. Departing @ 10:00am.

Beyond Van Gogh is a new truly immersive experience created by French-Canadian creative director Mathieu St-Arnaud and his team at Montreal's Normal Studio. While other shows use virtual reality or still images, this show breaks barriers by incorporating both still and moving art. Masterpieces, now freed from frames, come alive, appear, and disappear, flow across multi-surfaces, the minutia of details titillating your heightened senses. The show is projected on every surface around you, this makes you feel as though you have stepped directly into a Van Gogh painting. The show is accompanied with a beautiful score and includes many other surprises!

Beyond Van Gogh takes on the challenge of breathing new life into Van Gogh's vast body of work. Using the artist's own dreams, thoughts, and words to drive the experience as a narrative, guests move along projection-swathed walls wrapped in light and color that swirls, dances, and refocuses into flowers, cafes, and landscapes. While journeying through Beyond Van Gogh, guests witness over 300-masterpieces, including instantly recognizable classics such as "The Starry Night", "Sunflowers", and "Café Terrace at Night", now freed from their frames. Van Gogh's art comes to life by appearing and disappearing, flowing across multiple surfaces, and heightening the senses with their immense detail. Through his own words set to a symphonic score, guests come to a new appreciation of this tortured artist's stunning work.

We will be meeting and leaving from the Prospect Senior Center at 10:00am. Our timed entry into the show is scheduled for 11:00am. The show itself takes about one hour to experience. After going through the show you will have an additional half an hour to visit the various displays that accompany the show.

At 12:30pm. we will board our mini bus for a lunch stop on our way home at Bella Gio Restaurant in Cheshire, Ct. **The cost of your lunch is your responsibility.**

If you are interested in joining us, please sign up and PAY as soon as possible. We are anticipating that this trip will sell out. Sign up and PAY early! We should be back at the Senior Center from this trip by about 3:00pm.

A White Mountains Christmas Trip
With Raylin Travel
December 9-11, 2022 (3-Days)

Join RayLin Travel for a wonderful getaway to the White Mountains in New Hampshire. Leaving the Chase Parkway commuter lot at 8:00am. and traveling to North Conway, New Hampshire. Rest and lunch stops on the way to our destination, will be on your own.

Day One: Upon arrival at the deluxe White Mountain Resort you will be greeted by their staff and then enjoy a Yuletide Welcome Reception. That evening you will be treated to an elegant dinner. Afterwards, you will adjourn to the Echo Ballroom and enjoy an evening Christmas show.

Day Two: Your day begins with a hearty country breakfast. You will depart after breakfast for a ride on the Conway Scenic Railroad's "Apple Cider Express" to the White Mountains Cider Company Country Store. Hot cider & donuts are included.

After lunch you will enjoy a wonderful Christmas Comedy Show in the Echo Ballroom. After an elegant dinner you will once again adjourn to the Ballroom for their traditional Christmas Entertainment Show.

Day Three: This morning starts with breakfast at the resort. You will then depart for an Austrian sleigh ride at Nestlenook Farms. After the sleigh ride you will head home with many pleasant memories to savor.

The cost of this trip includes:
Superior motor coach transportation
2-night deluxe accommodations
Austrian sleigh ride
Apple cider express
Five meals: 2 breakfasts, 1 lunch, 2 dinners
Three different Christmas shows
Special Cocktail pricing
All room and meal taxes and gratuities
Round trip baggage handling fees

All rest stops and lunch stops while traveling are on your own. Maximum of 40-people for this trip.

The resort has Finnish saunas, a game room, year-round outdoor swimming pool, a Jacuzzi and a health club.

Trip cost per person: Double Occupancy ($605). Single and triple rates available on request. Payments must be made directly to Linda Soto (Raylin Travel).

This trip is non-refundable. Travel insurance is highly recommended.

Questions/Information: Call Linda Soto @ 203-591-1407

July-August 2022

Lake George Luncheon Cruise
(Aboard the Lac Du Saint Sacrement)
Wednesday, August 3, 2022 $130
Departure time 7:30am.

Enjoy a two hour Luncheon Cruise aboard the Lac du Saint Sacrement, the largest cruise ship on Lake George. Our Captain will share information on the lake's geology, ecology, environment and history. While cruising, you will enjoy a lunch buffet in the elegant dining room of the vessel. While on board there will also be live entertainment for your listening and dancing pleasure.

MENU: Extensive Salad Bar, Three Hot Entrees, Carving Station, Soup, and More!

Following our cruise we will spend some time in Lake George Village, the heart of this resort area. We will be traveling on a motor coach bus for this trip. We will be meeting and leaving from the Prospect Senior Center at 7:30am. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back at the Senior Center from this trip by about 8:00pm.

Eolia Mansion & Garden Tour
@ Harkness Memorial State Park
Tuesday, July 26, 2022 $10
11:00am. Departing @ 9:15am.

Enjoy the panoramic views of Long Island Sound from Eolia Mansion, the elegant summer mansion of the Harkness family. It is located in the Harkness Memorial State Park in Waterford, CT. It is set on over 230-seaside acres of sweeping lawns, with stately trees and spectacular, carefully manicured gardens. It is also adjacent to beaches that are protected for nesting birds.

We will be touring the Mansion and gardens on Tuesday, July 26, 2022 at 11:00am. The tour is about an hour long. After the tour we will picnic on the grounds. Please bring a boxed lunch with you and a beverage. We will provide an ice chest for you to keep your drinks cold. You may also want to bring a folding chair with you for extra comfort and enjoyment. They only have picnic tables there for seating.

We will be meeting and leaving from the Senior Center at 9:15am. The trip to the Mansion is about 1.5 hours long. We will be leaving the Mansion at 2:00pm. We should be back in Prospect by about 3:30pm.

This should be a very enjoyable and relaxing day. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

Yankee Cider Company Cheese & Cider Pairing
23 Petticoat Lane, East Haddam, Ct.
Thursday, July 14, 2022 $25
4:00pm. Departing @ 2:45pm.

Yankee Cider Company is a family owned farm and Connecticut's original farm cidery. Today it is the largest farm cidery in Connecticut. You can savor the flavors of New England at Yankee Cider Company. Originally dating back to the 1700's, this stunning farm will give you a taste of a simpler time. Tucked inside a picturesque barn in East Haddam, their charming tap room is full of refreshing drinks. You can cozy up to the bar and enjoy the charming, rustic atmosphere in the venue. There is so much to love about Yankee Cider Co. in Connecticut.

The tap room Petticoat Lane in East Haddam, features a variety of hard ciders. They are all grown, pressed, and produced, blossom to bottle, at nearby Staehly Farm. The ciders aren't excessively sweet, so they are great to pair with many things. In addition to flights and pours of hard ciders the tap room also serves Staehly Farm wines.

On Thursday, July 14, 2022 join us as we travel to Yankee Cider Company where the talented staff of New Curds on the Block and Yankee Cider Company will host a private Cheese & Cider Pairing for our group. This interactive event will be hosted by Cheesemonger, Kate from New Curds on the Block and Kevin from the Yankee Cider Company. This fun evening out at this lovely hard cider tap room includes six Connecticut cheeses personally selected for our group by Kate.

Sample cheeses from all across Connecticut and hard ciders made with apples grown right on the farm in East Haddam. Kate and Kevin will walk our group through each of the pairings in an interactive way, discussing which flavors compare and contrast with each other. They'll also provide a Q&A as well as tips for building your own cheese boards and pairings at home.

We will be meeting and leaving from the Prospect Senior Center at 2:45pm. The Cheese & Cider Pairing is scheduled for 4:00pm. It should be about 1.5 hours in duration. Afterwards we will give you an additional hour to further explore the cidery or to make any purchases. At 6:30pm. we will be leaving there for our trip back to Prospect. We should be back at the Senior Center by about 7:30pm. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your place without payment.

Join us as we bask in the beauty of the surrounding farmland and raise our glasses to the good life. A visit to Yankee Cider Company is the recipe for a perfect evening.

Join the talented staff of New Curds on the Block and Yankee Cider Co with an interactive cheese and cider pairing! This fun afternoon out will be held at Yankee Cider's hard cider tap room in East Haddam and will include six Connecticut cheeses selected by Cheesemonger Kate and paired with Yankee Hard Ciders selected by Kevin. Sample cheeses from all across Connecticut and hard ciders made with apples grown right on the farm in East Haddam.Kate and Kevin will walk the group through each of the pairings in an interactive way, discussing which flavors compare and contrast with each other. They'll also provide a Q&A as well as tips for building your own cheese boards and pairings at home.

July-August 2022

Second Trip Added Due to Popular Demand...
On-Your-Own...
"A Day @ Port Jefferson"
Tuesday, August 23, 2022 $20
Departing @ 7:00am

Join us and spend a lovely day, on-your-own in Port Jefferson. We will be meeting and leaving from the Senior Center at 7:00am. Our buses will drop you off with your pre-bought tickets for the ferry. The ferry leaves from Bridgeport at 8:30am. You will enjoy a lovely "seafaring" trip on the high-speed ferry to Port Jefferson. The trip takes about 1.5 hours.

Once you arrive at Port Jefferson you will have the rest of the day to wander, eat and explore the quaint, seaside town of Port Jefferson, on your own or with your friends. There are numerous shops and restaurants there to keep you busy for the day.

At 3:00pm. the ferry for your return trip to Bridgeport leaves from Port Jefferson. You will be responsible for getting yourself back to the ferry by 2:30pm. You should be back in Bridgeport by 4:30pm. Our bus will be waiting for you there and will bring you back to Prospect. You should be back in Prospect by about 5:00pm.

It should be a fun and exciting day! If you are interested in participating, please sign up and PAY as soon as possible. We cannot hold your seats without payment and we are limited to the number of people we can bring with us.

Elephant's Trunk Flea Market
490 Danbury Road, New Milford, Ct.
Saturday, July 2, 2022$3 (Admission)
Departing @ 8:00am.

When the Elephant's Trunk Country Flea Market opened in 1979, a handful of sellers set out goods to sell in a front yard. More than three decades later, the Sunday flea market fills a 55-acre field and calls itself New England's largest weekly flea market.

The flea market is the setting for the TV show "Flea Market Flip". It is hosted by Lara Spencer, one of Good Morning America's anchorwomen.

We will be meeting and leaving from the Senior Center today at 8:00am. for our trip to the flea market. Once at the flea market you will be free to wander, browse and shop on your own until 12noon. There are food vendors at the flea market in case you get hungry. At 12noon we will meet again for our return trip back to Prospect. We should be back in Prospect by about 1:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

36th. Annual
"New England Christmas Festival 2022"
@ Earth Expo Center @ Mohegan Sun Casino
Friday, November 4, 2022 $15
Departing @ 8:30am.

Amazing Artisans from all over the country have been enticed out of their studios to gather for the best Christmas shopping experience in one memorable destination. Artisan Promotions is excited to again be producing "The New England Christmas Festival 2022" at the Mohegan Sun Casino on Friday, November 4, 2022. The Festival now in its 36th. year will once again kick off the holidays showcasing 300 pop-up boutiques with handcrafted items in every price range.

From the country's premier artisans, the Festival is the one-stop solution to the Christmas shopping conundrum. You will find aisles chock full of specialty foods, seasonal décor, distinctive home accessories, fashion, fine jewelry, adorable kids' clothing, photography and much more.

We will be leaving from the Prospect Senior Center at 8:30am. We should be at the festival by 10:00am. We will give you until 2:30pm. to do your shopping and browsing at the festival. You may also want to grab something to eat at the casino while you are there.

At 2:30pm. we will meet at a designated spot to board our mini bus for the return trip back to Prospect. We should be back at the Center by about 4:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

This is being advertised early in our newsletter this year because it was a sell-out event last year for us. We had a huge waiting list of people who were on the waiting list wanting to go. If you are interested in attending, don't wait. Sign up and PAY early.

The "Big E"
The Eastern States Exposition
Wednesday, September 21, 2022
Departing @ 8:00am. $15

The "Big E", also known as The Eastern States Exposition, is billed as "New England's Great State Fair". The "Big E" serves as the state fair for all six of the New England states: Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island and Vermont. Each of the New England states is prominently represented at the fair. The "Big E" is the sixth largest agricultural fair in the country and the largest in New England.

There are a huge number of attractions at the fair including livestock, animals, food, exhibits, vendors, crafts, concerts, entertainment, amusement park rides, demonstrations, Avenue of the States, hobby shows, camping & outdoor shows, sportsman shows, horse shows, and much, much more.

We will be going to the Big E this year on Wednesday, September 21, 2022. We will be meeting and leaving from the Senior Center at 8:00am. In order to keep prices down, we are using our mini buses for transportation. We should be at the fair by about 9:30am. Once there, you will be free to explore the fair until 4:00pm. At this time, we will meet at a designated area, board our bus and head back to Prospect. We should be back in Prospect by about 5:30pm. (depending on traffic, of course).

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. Be warned, this trip usually fills up quickly. Don't wait too long to sign up or you may be disappointed.

July-August 2022

SECOND TRIP ADDED DUE TO POPULAR DEMAND…
Beyond Van Gogh - The Immersive Experience
@ Connecticut Convention Center
100 Columbus Blvd., Hartford, Ct.
Wednesday, August 10, 2022 $45
12:45pm. Departing @ 11:45am.

Beyond Van Gogh is a new truly immersive experience created by French-Canadian creative director Mathieu St-Arnaud and his team at Montreal's Normal Studio. While other shows use virtual reality or still images, this show breaks barriers by incorporating both still and moving art. Masterpieces, now freed from frames, come alive, appear, and disappear, flow across multi-surfaces, the minutia of details titillating your heightened senses. The show is projected on every surface around you, this makes you feel as though you have stepped directly into a Van Gogh painting. The show is accompanied with a beautiful score and includes many other surprises!

Beyond Van Gogh takes on the challenge of breathing new life into Van Gogh's vast body of work. Using the artist's own dreams, thoughts, and words to drive the experience as a narrative, guests move along projection-swathed walls wrapped in light and color that swirls, dances, and refocuses into flowers, cafes, and landscapes.

While journeying through Beyond Van Gogh, guests witness over 300-masterpieces, including instantly recognizable classics such as "The Starry Night", "Sunflowers", and "Café Terrace at Night", now freed from their frames. Van Gogh's art comes to life by appearing and disappearing, flowing across multiple surfaces, and heightening the senses with their immense detail. Through his own words set to a symphonic score, guests come to a new appreciation of this tortured artist's stunning work.

We will be meeting and leaving from the Prospect Senior Center at 11:45am. Our timed entry into the show is scheduled for 12:45pm. The show itself takes about one hour to experience. After going through the show you will have an additional half an hour to visit the various displays that accompany the show.

At 1:45pm. we will board our mini bus for a lunch stop on our way home back to Prospect at Bella Gio Restaurant in Cheshire, Ct. The cost of your lunch is your responsibility.

If you are interested in joining us, please sign up and PAY as soon as possible. We are anticipating that this trip will sell out again. Sign up and PAY early! We should be back at the Senior Center from this trip by about 3:30pm.

Stained Glass Jewelry Classes with Sarah Segovia
@ The Prospect Senior Center
Wednesday, September 21, 2022 $15
(2 classes) 10:00am. & 12:30pm.
Wednesday, September 28, 2022 $15
(2 classes) 10:00am. & 12:30pm.
Tuesday, October 4, 2022 $15
(2 classes) 10:00am. & 12:30pm.
Tuesday, October 18, 2022 $15
(2 classes) 10:00am. & 12:3pm.
Wednesday, November 23, 2022 $15
(2 classes) 10:00am. & 12:30pm.
Wednesday, November 30, 2022 $15
(2 classes) 10:00am. & 12:30pm.
Wednesday, December 21, 2022 $15
(2 classes) 10:00am. & 12:30pm.
Wednesday, December 28, 2022 $15
(2 classes) 10:00am. & 12:30pm.

Join us for these stained glass jewelry workshops taught by Sarah Segovia. At each of the classes you will have a choice of making a bracelet, pendant, pin or earrings. You will be able to design your own piece with Sarah's help.

The cost for the class is inclusive of all the materials that you will need and your lesson with Sarah. Class size is limited to 7 participants. Call to sign up and PAY as soon as possible. When signing up, please let us know which of the two time slots you would prefer. We cannot hold your place in the class without payment.

Please note that if you cancel the class later than 2 days prior to the day of the class, you will not be eligible for a refund. Materials have to be bought by the instructor beforehand. It is unfair to her to be left paying for material for someone who cancels at the last minute.

Cotton Candy Fabrics
457 Federal Road-Brookfield, Ct.
Tuesday, July 12, 2022
Departing @ 9:30am.

Cotton Candy Fabrics is a full-service community quilt shop in Brookfield, Ct. Beyond thousands of bolts of designer quilting cotton, they also carry a selection of batiks, flannels, knits and canvas. They have sewing patterns and kits, and many notions including Aurifil thread. They sell and service Handi Quilter longarm machines, make custom quilts, quilted gifts and finish quilts for customers. The shop offers a variety of sewing and quilting classes. Their classrooms are outfitted with state of the art technology, sewing machines and dedicated cutting and ironing stations. They have design walls, a private rest room and a refreshment station for the convenience of their customers.

We will be visiting the shop on Tuesday, July 12, 2022. We will be meeting and leaving from the Prospect Senior Center at 9:30am. Once at the shop you will be free to shop, browse and make any purchases that you might like to make.

At 1:00pm. we will leave the shop for a lunch stop at Panera Bread. It is close to the shop. **The cost of your meal is your responsibility.**

We should be back at the Senior Center by about 3:30pm. If you are interested in joining us on this trip, please sign up as soon as possible. We are limited to the number of people we can bring with us.

Old Deerfield Fall Craft Fair
Memorial Hall Museum
8 Memorial Street, Deerfield, Massachusetts
Sunday, September 18, 2022 $15
Departing @ 8:30am.

Old Deerfield Christmas Craft Fair
@ Eastern States Exposition Young Building
1305 Memorial Ave., West Springfield, MA
Saturday, November 19, 2022 $15
Departing @ 8:30am.

The Old Deerfield Craft Fairs have been among the highest ranked shows in Massachusetts and New England by Sunshine Artist Magazine, for 25-years. The magazine is a major publication of the arts and crafts movement in the United States.

The cost for each of these trips is $15. This covers admission into the Craft Fairs and also helps to cover some of the fuel cost for the trip.

We will be meeting and leaving from the Senior Center at 8:30am. for each of the trips. Once at the fairs you will be free to shop, browse and eat on your own until 2:00pm. At this time we will leave for our return trip back to Prospect.

We should be back in Prospect by about 3:30pm. for each of these trips. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. These trips always sell out.

Thimble Islands Cruise &
Lunch @ U.S.S. Chowder Pot II
Wednesday, July 27, 2022
9:30am. $50 (all-inclusive)

Join us for a fun day at the Branford shoreline as we take a narrated cruise of the Thimble Islands. These are a group of small islands in Long Island Sound. They are located in and around the harbor of Stony Creek in the southeast corner of Branford, Connecticut. The islands are all privately owned. About 85 homes, mostly from the Victorian era, complete with gingerbread trimmings, widow walks and tasteful gazebos decorate the tiny islets. On the 45-minute boat ride you will hear many stories, legends and history about the islands.

Our cruise will be on the 44-foot, Sea Mist. The vessel was designed for sightseeing and private cruises with large removable windows and comfortable seating. The Sea Mist can carry 49-passengers.There are two decks. We will be on the lower deck. It is equipped with speakers for listening to the live narrated tour. There is a cash bar on board where you can purchase refreshments both alcoholic and non-alcoholic.

We will be meeting and leaving from the Prospect Se nior Center at 9:30am. We should be at our destination by 10:30am. We will begin boarding for the cruise at 11:00am. Our 45-minute cruise departs at 11:15am. and returns by 12noon.

After the cruise we will continue on to the U.S.S. Chowder Pot II Restaurant which is also in Branford. Our lunch reservations are for 12:15pm. We will be lunching on a pre-selected menu. **Please make your choice of lunch entrée when signing up.** You will have a choice of Baked Stuffed Shrimp, English cut, slow roasted Prime Rib (10oz.) or Baked Stuffed Breast of Chicken. Your entrees come with a potato, vegetable and hot rolls with a honey glaze. The lunch also includes salad, dessert (apple crisp), soft drinks, iced tea, coffee and hot tea

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. **The cost of this trip includes your cruise, lunch and gratuity for both the restaurant and cruise staff.** We are using the Senior mini bus to get there so you do not pay for transportation.

A Heartfelt Thank You From
the Hinde & Ieronimo Families…

Dear Prospect Senior Center Members…

The Hinde and Ieronimo families would like to thank everyone who donated to the Prospect Senior Center in honor of Judy Hinde. They truly appreciated your generosity.

There was a total of $850 collected. This money is being put aside in an account already started to help in paying for a new Bingo system. Our current Bingo system is quite old and we fear it is on its' last leg.

When it is necessary to buy a new system, hopefully we will have a good head start in paying for it. I think Judy would approve of our plans since she was an avid Bingo player here and also one of our dedicated Bingo callers.

On behalf of Judy, the two families would like to say thank you to all those who made donations in Judy's memory.

With much love and appreciation…
The Hinde & Ieronimo Families

July-August 2022

Charles Riverboat Cruise Cheesecake Factory
July 9, 2022

Join Linda Soto on an exciting, narrated sightseeing cruise on the legendary Charles River. Your captain and crew will both entertain and educate while pointing out the historic and cultural sights of Boston Harbor and Cambridge. Begin your day with a plated lunch at the Cheesecake Factory with a slice of their cheesecake – Yum, lots of choices to pick from.

Highlights:

Deluxe Motorcoach
Escorted by RayLin Travel
Lunch at the Cheesecake Factory
Narrated sightseeing cruise

Departure time: From the senior center 7:30am, Return 6:30pm

Price per person: $125.00

Contact Linda Soto @ RayLin Travel @ 203-591-1407 for more information.





R.J. Julia Booksellers Day Trip
(Sponsored by the PSC Book Club)
768 Boston Post Road-Madison, Ct.
Thursday, August 4, 2022 No Charge
Departing @ 9:00am.

R.J. Julia Booksellers in Madison, Ct. opened 20-years ago as an independent bookstore whose mission was, and is, to be a place where words matter and where writers meet readers. The store hosts more than 200 events a year. Authors from all over the country visit the store to inspire, educate, and entertain. A knowledgeable staff, opinionated book selections with shelf talker tags, help book lovers find books that are just right for them, making this a perfect attraction for readers and writers alike.

This trip is being sponsored by the Prospect Senior Center Book Club but it is also open to all Senior Center members. We will be meeting and leaving from the Senior Center at 9:00am. We should be at our destination by about 10:00am. Once we arrive at the book store you will have until 12noon to wander on your own and discover the many literary selections they have available there.

At 12noon we will board our mini bus once more for a lunch stop at Lenny & Joe's. **The cost of your lunch is your responsibility.** We should be back in Prospect by about 3:00pm. We are limited to the number of people we can bring with us.

Hartford Yard Goats
@ Dunkin Donuts Park, Hartford, Ct.
vs. Harrisburg Senators
(Washington Nationals Affiliate)
Wednesday, July 13, 2022 7:05pm. $15
Departing @ 6:00pm

Dunkin Donuts Park is a 6,000-seat baseball facility in downtown Hartford, Ct. It opened in 2017. We have attended games here for the last several years and they have become a popular and fun destination for our Seniors.

We will be visiting the park for three different Yard Goats games. All of the games start at 7:05pm. The cost for your ticket for each of the games is $20. We will be sitting in the Field Box section of the park.

We will be meeting and leaving from the Senior Center at 6:00pm. We will be traveling to Dunkin Donuts Park in our mini bus. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

Directly after each of the games is over, we will return to the Senior Center.

On-Your-Own Day Trip to Block Island
Tuesday, July 5, 2022 $59
Departing @ 6:45am.

Today you will be traveling to Block Island in Rhode Island. You will be traveling on the ferry going out of New London. The ferry departs at 8:30am.

We will be meeting and leaving from the Senior Center at 6:45am. Once we get to the ferry we will give you your tickets so you may board the ferry. The ferry arrives at Block Island at 10:05am. Once on the island you will be free to shop, eat, relax and discover the island on your own.

The ferry leaves Block Island for your return trip back to New London at 4:45pm. You will be responsible for getting yourself back to the ferry by 4:30pm. The ferry arrives back in New London at about 6:10pm. Our mini bus will be there waiting to bring you back to Prospect. You should be back in Prospect by about 7:30pm.

If you are interested in participating, please sign up and PAY as soon as possible. We cannot hold your place without payment. We are limited to the number of people we can bring with us. Sign up and pay early, if you wish to participate.

The cost of this trip is for the ferry ride back and forth to Block Island. Since we are using the Senior Center mini bus, there is no cost to you for that. **All other expenses are your responsibility.**



Art Talk
(3-Part Series)
Presented by Jane O'Neil
@ Litchfield Community Center
421 Bantam Rd. Litchfield,Ct.

Jane O'Neil is an independent scholar and holds a master's degree in Art History from Boston University and a master's degree in Art in Education from Harvard University.

Jane is a New Hampshire native and has worked at some of the state's most esteemed cultural institutions, including the League of New Hampshire Craftsmen, where she served as Executive Director, and the Currier Museum of Art, where she held the role of Senior Educator.

Jane has also taught at the college level for more than a decade, most recently at Southern New Hampshire University. Jane owns the company, Culturally Curious which delivers art appreciation programs to audiences all over New England and beyond.

Jane will be presenting three separate art lectures at the Litchfield Community Center. We will be meeting and leaving from the Prospect Senior Center at 2:00pm. If you are interested in attending any or all of the presentations, please sign up as soon as possible. We are limited to the number of people we can bring with us. We should be back at the Senior Center from these presentations by about 5:30pm.

"Norman Rockwell and Evolving Views on Rave"
Wednesday, September 14, 2022 No Charge
3:00pm. Departing @ 2:00pm.

In this presentation you will learn about Norman Rockwell, the artist who helped define American culture. Rockwell, who painted during the Civil Rights era, is heralded for depicting and defining American life. He often captured bittersweet images of people experiencing universal and relatable feelings of being left out or left behind. Yet, as an artist working in the 20th. century, his works are curiously devoid of America's rich cultural and racial diversity. Toward the end of his career, Rockwell painted several poignant works about race in America that can be seen as an extension of his earlier sense of the power of inclusion and exclusion.

"The Wyeths" An American Artistic Dynasty"
Wednesday, October 12, 2022 No Charge
3:00pm. Departing @ 2:00pm.

In this presentation you will explore the style of painting and illustration established by N.C. Wyeth in the early 1900's and his children, primarily Andrew Wyeth, and his grandson Jamie Wyeth. The Wyeth family of artists is known for their somber realism and subtle storytelling. This program will explore the style of painting and illustration established by N.C. Wyeth in the early 1900's and passed on and re-interpreted by his children, primarily Andrew Wyeth, and his grandson Jamie Wyeth. Learn more about their favorite subjects, their influences and their enduring impact in the art world.

This series of art presentations is being sponsored by the Litchfield Community Center. The presentations are being made possible with the generous support of the Jackie Mott Charitable Trust.

Old Drake Hill Flower Bridge-
"Colors of the Rainbow"
Old Bridge Road, Simsbury, Ct.
and
The Shoppes at Farmington Valley
110 Albany Turnpike, Canton, Ct.
Thursday, July 7, 2022 $5
Departing @ 9:30am.

Connecticut has quite a reputation for the natural beauty found at our beaches, forests, and parks. There are jaw-dropping waterfalls and spectacular sunsets to be discovered at many locations. But, tucked away in the northern part of our state, there is a stunning flower bridge that will take your breath away.

The Old Drake Hill Flower Bridge is located at 1 Old Bridge Road in Simsbury, Connecticut. It is an example of 19th century metal-truss bridge construction. Originally designed and built in 1892, it spans 183 feet and carries a 12-foot roadway suspended 18 feet over the beautiful Farmington River.

Constructed in 1892 as a one-way crossing for vehicles, it was replaced by a more modern two-lane bridge to the north in 1992. The bridge was kept as a pedestrian and bicycle crossing and prior to 1996, it was just a pretty cool historic bridge.

In the mid 90s, groups began to create community gardens on and around the bridge. The bridge became transformed into an enchanting pathway across the river. It currently has 62-flower boxes and 32-hanging baskets. For locals it has become a popular spot for graduation photos, proposals, and even small weddings.

Volunteers maintain this floral paradise each year. The bridge has been closed for the last two years because of renovations and then because of the pandemic. It is once more open once and it is better than ever!

We will be meeting and leaving from the Prospect Senior Center at 9:30am. Our first stop will be at The Shoppes at Farmington Valley in Canton, Ct. Once there you will be free to browse, shop and eat on your own at the many shops there. There are a number of eateries there to choose from.

At 1:30pm. we will meet back at our mini bus. We will then continue on to the Drake Hill Flower Bridge. It is a short distance away. We will give you some time to walk the bridge and admire the hanging baskets and flower boxes. One of the volunteers who helps take care of the bridge will meet us there to give us a brief over view of the bridge's history.

The $5 charge for this trip will go as a donation for the upkeep of the Drake Hill Flower Bridge. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back in Prospect by about 4:00pm.

Directory of stores at The Shoppes at Farmington Valley in Canton:

110 Grill, AG Design, American Eagle, American Flatbread, Angel Tip Nail Salon, Barnes & Noble, Barre3, Batchy Brew, Ben & Jerry's, Body Fit, Brighton Collectibles, Chico's, Chipolte, Claire's, Cost Cutters, Cyclebar, Dick's Sporting Goods, Driphouse, Emerald City Smoothie, Footbeats, Francesca's Collections, Golf Lounge, Green Tangarine Spa & Salon, Harvey & Lewis, J.Jill, J.Crew, Jefferson Fry Company, Kindred & Crew, Kohl's, LOFT, Massage Envy, Michael Jewelers, Old Navy, Next Gen Smarty Pants, Panera Bread, The Paper Store, Sephora, ShopRite, Sleep Number, Snip-Its, Talbots, TMobile. Valley Kids Company, White House Black Market, Woof Gang Bakery & Grooming

AMERICA'S SWEETHEARTS
From Broadway to Big-Band
in Three-Part Harmony!
@ The Legacy Theatre
128 Thimble Island Road, Branford, Ct.
Saturday, July 2, 2022 $60
8:00pm. Departing @ 6:30pm.

America loved the swinging sounds of female close-harmony groups even before The Andrews Sisters hit the airwaves with "Bei Mir Bist du Schön" in 1937. Each of the women who comprise AMERICA'S SWEETHEARTS' roster are not only well-versed in what it means to sing as a group, but they are stunning soloists as well.

The audience will hear those great vintage songs with fresh ears when AMERICA'S SWEETHEARTS take the stage. These New York City-based ladies have performed across the USA at iconic spaces honoring our veterans (the Intrepid Air and Space Museum, the WASP Museum), as well as large theatres and intimate cabaret venues. Their shows get crowds tapping their feet to hits like "Boogie Woogie Bugle Boy" as they celebrate history through their crystal-clear harmonies and colorful costumes.

In their vibrant, time-honored new show, this spectacular trio tackles classics like "Hold Tight - Hold Tight," "Happy Days Are Here Again," "Lullaby of Broadway," and "The Shoop Shoop Song (It's In His Kiss)." AMERICA'S SWEETHEARTS charms audiences of all ages while navigating their way through a variety of trios, duets, and solo features… all with a slice of old fashioned fun!

We will be meeting and leaving from the Prospect Senior Center at 6:30pm. We should be back in Prospect by about 10:30am. If you are interested in joining us, please sign up and PAY as soon as possible.

2022 Summer Concerts on the Prospect Town Green

DATE	GROUP
July 6	Night Shift
July 13	Morgan Skelly & The Old Crows
July 20	Mad River Blues Band
July 27	Mass Connfusion
Aug 3	Southern Voice
Aug 10	By All Means
Aug 17	Raise Your Hands-Tribute to Bon Jovi
Aug 24	Simply Swing

All concerts are held outdoors on the Prospect Town Green. Bring your own lawn chair.

In case of inclement weather, concerts will be held at the Prospect Community Center.

All concerts are on Wednesdays and are free of charge.

All ages are welcome.

All concerts begin at 7:00pm.

Juke Box BINGO
Hosted by DJ Aaron Demarest
Tuesday, July 26, 2022 $3
1:00pm. to 3:00pm.
Tuesday, August 30, 2022 $3
1:00pm. to 3:00pm.

DJ, Aaron Demarest will be at the Prospect Senior Center to host "Juke Box BINGO on Tuesday, July 26th. and August 30th. The games will run from 1:00pm. to 3:00pm. We will have a short break in between for coffee and dessert. Cost for this event is $3.00.

The concept is easy. Aaron will be playing music which is geared to the age of our Seniors. You listen to the music, find the song on your Bingo cards that are provided for you and, if the song is on your card, mark it off. Hopefully, you will get enough songs marked off on your card to call BINGO! With the $3 cover charge you will get two Bingo cards to play with. Additional cards may be purchased, if you would like. Coffee, dessert and BINGO prizes will be provided by the Senior Center.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. Join us so you don't miss out on all the fun!

NASHVILLE & GRACELAND TOUR
Sponsored by Linda Soto
of Raylin Travel & Tours
September 25 – October 2, 2022

Join Linda Soto of Raylin Travel & Tours for a tour of Nashville, Tennessee. While Music is often the center of Nashville's nightlife and entertainment, you will also be visiting a number of other locations.

You will enjoy a show and a backstage tour of the Grand Ole Opry. You will visit places like the Music Hall of Fame and stop by the Grand Ole Opry Hotel. You will take in some honkytonks on Broadway and enjoy dinner onboard the General Jackson River Show Boat. Dinner at the Paula Deans Family Restaurant is also scheduled for this trip.

After a great time in Nashville, you will board a motor coach and continue on to Graceland, Tennessee. There you will visit the home of Elvis Presley, the King of Rock n' Roll. You will have a V.I.P. tour of his home, tour Sun Studios and dine at the Rock & Roll Diner with entertainment. Who knows, you might even have an Elvis sighting while there! Dinner and entertainment at BB Kings Café is also on the itinerary.

After leaving Graceland, you will board the motor coach to the last destination of this trip, the 911 Memorial in Somerset, PA. You will overnight there and then tour the Memorial.

Come join the fun. Space is limited.
Reserve you spot now.
Cost is $1788 per person based on double occupancy.
Call Linda Soto (203-591-1407) for more information and for a day-by-day itinerary.
Checks should be made out to Raylin Travel and sent directly to Linda at:
172 Newbury Street, Waterbury, Ct. 06705

Tree Swallow Cruise on the RiverQuest
@ Connecticut River Museum
67 Main Street, Essex, Ct.
Wednesday, August 31, 2022 $48
6:00pm.-8:00pm. Departing @ 4:30am.

Join us aboard the RiverQuest on Wednesday, August 31, 2022 for a relaxing 2-hour cruise on the Connecticut River to view the Tree Swallows. The River Quest is an extremely safe, quiet, intimate 64'-vessel, certified to carry 65-passengers. The vessel has a large covered cabin area and a "moveable" canopy that can cover the entire stem on a rainy or very hot sunny day. The cabin area is outfitted with large windows and there is a large open deck. Everyone gets optimal "up close and personal" viewing. There is also a restroom on board.

We will cruise a special spot on the Connecticut River where 100's of thousands of Tree Swallows gather. After spending the day miles away, the swallows return each night to sleep in the reeds. They gather at sunset and perform aerial ballets forming an amazing display of art, coordination and cooperation.

We will spend two plus hours on the water aboard RiverQuest. The cruise is primarily about the Tree Swallows, however, it is also about the journey. There is so much to see while cruising along the river. Many birds are migrating through the area at this time. There have been a record number of Bald Eagles and Great Egrets spotted in past years. On board Naturalist(s), will educate you on the Tree Swallow phenomenon and all the other wildlife we see. On the return cruise home, there is time to chat with others and experience the river at twilight, blending into night.

Complimentary coffee and tea will be available on board during the cruise. But, you may also bring goodies on board to munch on and drink. Alcoholic beverages are permitted. Don't forget your camera! This is a small group experience that is unique each sailing. The captain and crew promise a great evening for all to enjoy the Tree Swallow show and this special time on the pristine Connecticut River.

We will be meeting and leaving from the Senior Center at 4:30pm. The cruise begins at 6:00pm. and ends about 8:00pm. We should be back at the Senior Center by about 9:30pm. If you are interested in joining in on this fun expedition, please sign up and PAY as soon as possible. We cannot hold your spot without payment.

Tour of Grace Farms
365 Lukes Wood Road, New Canaan, Ct.
Thursday, August 25, 2022 $10
Departing at 9:30am.

Grace Farms is an 80-acre public space in New Canaan, Ct. The land was once earmarked to become a 10-lot subdivision. It is owned and operated by Grace Farms Foundation which supports initiatives in the areas of nature, arts, justice, community, and faith, and encourages participation locally and globally.

The Foundation set out to create a building nestled into the existing habitat that would enable visitors to experience nature, encounter the arts, pursue justice, foster community, and explore faith.

The River building, opened in 2015, was designed by the Pritzker Prize-winning, Japanese architecture firm SANAA. The structure is a part of the landscape but does not draw attention to itself. Under the continuous roof are five transparent glass-enclosed volumes that can host a variety of activities and events, while maintaining a constant sense of the surrounding environment.

The porous design of Grace Farms and the River building was meant to inspire and break down barriers between people. Natural light flows through more than 200 floor-to-ceiling glass panels in the River building, generating 360-degree views of the landscape in the changing seasons.

The undulating pathways under a curvilinear roof follow the flow and elevation of the land. The River building has been honored nationally and internationally with numerous prestigious design awards. The structure creates a warm invitation to pause and reflect, while encouraging engagement with each other.

We will be visiting Grace Farms on Thursday, August 25, 2022. While there you will be able to view permanent art installations by Beatriz Milhazes, Teresita Fernández, Thomas Demand, and Olafur Eliasson. You can see Temporal Shift, a site-responsive sculpture from artist Alyson Shotz.

You can observe an immersive installation, Peace Forest, inspired by nature. This interactive experience highlights how the landscape, architecture, and people at Grace Farms are part of the Foundation's mission. Pedestals made with ethically sourced steel and wood repurposed from the site, gently sway when touched. They feature text, objects, and archival photos.

You can walk through the Community Garden, tended by Master Gardner Lauren Elliott, and in season, visit the apiary to see the produce grown at Grace Farms and its Italian honey bees.

You can even walk around Cattail Pond and through the restored native meadows along a one-mile loop with 10 different habitats and breathtaking views.
We will be meeting and leaving from the Senior Center at 9:30am. Once there we will enjoy a tour of the Farms and all it offers. At 1:00pm. we will leave and continue on for lunch at the New Canaan Diner. The cost of your meal is your responsibility. We should be back in Prospect by about 4:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

Train & Turkey Dinner
Along Lake Winnipesaukee, NH.
Sponsored by Linda Soto/Raylin Travel
Thursday, October 20, 2022 $144
Departing @ 7:00am.

Enjoy a 2-hour train ride aboard the Winnipesaukee Scenic Railroad featuring beautiful lakeside scenery. Enjoy a turkey dinner catered by Hart's Turkey Farm served on the train.

This tour package includes:

- Deluxe motor coach transportation to and from the Prospect Senior Center
- 2-hour ride on the Winnipesaukee Scenic Rail road from Meredith, NH.
- Turkey dinner served on board catered by Hart's Turkey Farm
- Shopping at Mill Falls Marketplace
- New Hampshire Liquor Store stop

This trip is non-refundable and will be held rain or shine. Arrival back at the Prospect Senior Center should be about 8:30pm.

Call Linda Soto at 203-591-1407 for more information or any questions you may have. Payments should be made directly to Linda Soto (Raylin Travel).
Please mail checks to:
172 Newbury Street, Waterbury, Ct. 06705

New England Carousel Museum
& Museum of Fire History Tour
95 Riverside Avenue, Bristol, Ct.
Thursday, July 28, 2022 $7
Departing @ 9:45am.

Recapture the wonder of childhood as you stroll through exhibits that represent the finest pieces of antique carousel art in existence. If you loved riding the carousel when you were a youngster, then you will definitely love visiting the New England Carousel Museum. The Museum is located in Bristol, Ct. and is housed in a 33,000 square foot restored hosiery factory.

This magnificent, unique museum houses antique, wooden carousel pieces, a new working carousel and a carousel restoration work shop. It boasts one of the country's most extensive collections of antique carousels.

In addition to the Carousel Museum, visitors to the building will also enjoy the Museum of Fire History and the Museum of Greek Culture, the Glo Sessions Art Gallery, their changing fine art gallery, a gift shop and a ride on their working carousel.

We will be meeting and leaving from the Senior Center at 9:45am. Our tour is scheduled for 10:30am. It will be about an hour long. After the tour we will be stopping for lunch at Parkside Café. It has been highly recommended to us by the Museum staff. The cost of your lunch is your responsibility.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back from this trip by about 2:00pm.

Hidden Treasures Antique Appraisal Road Show
Appraisals by Richard Blaschke
Dick's Antiques of Bristol, Ct.
Monday, August 22, 2022 2:00pm. to 4:00pm.
Cost: $5.00 per appraisal item or 3 items for $10
Cost to just watch: $3

Everyone has that piece they wonder about. Maybe it came from your grandmother, maybe it was found at an estate sale, maybe it was found in the trash. Wherever it came from, you always wonder: What is it? What's it worth?

Richard Blaschke from Dick's Antiques in Bristol, Ct. is a 62-year veteran of the antique business. He will answer your questions about your piece(s) at this Antique Appraisal Show here at the Prospect Senior Center.

Bring that special piece in that you are curious about for Richard's appraisal. Or, you can come and simply enjoy this fun and entertaining version of the "Antiques Road Show" and see what everyone else's items are worth. He will do a discussion of as many objects as possible within our time frame. You never know what kind of old "stuff" people will bring in. Richard may break some hearts or maybe make you a millionaire!

We have held this event here before and have been surprised at some of the interesting items that people brought in to be appraised and what they were worth. You must register and PAY to have your item(s) appraised. If you are planning to just come and listen in on the appraisals, the charge is $3 per person. You must register and PAY ahead also, if you just plan on watching.

"Birds of Connecticut"
(Three Part Series)
Monday, July 11, 2022 $3 2:00pm.
Presented by Jeff Cianciolo
(Presentation #1)

The first presentation in this three part series will start with a one hour Power Point presentation. You will learn amazing facts about our very own "Birds of Connecticut". Some facts you will know already. Other facts, about the birds that are right here in our backyards, you will not know about.

You will learn how to ID birds and understand their eating habits, migratory patterns and family life. The presentation will end with some open discussion with Jeff. He will try to answer any questions you may have. He will be bringing a hands-on, interactive display with him that you can look through at the end of the presentation.

"Connecticut Birds of Prey"
Monday, August 8, 2022 $3 2:00pm.
Presented by Jeff Cianciolo
(Presentation #2)

The second presentation in this series will also start with a one hour Power Point presentation. This presentation gives you a more in depth and detailed look at this genus, Birds of Prey of Connecticut and how to ID them. You will learn why Connecticut is the perfect habitat for these raptors, why they are thriving here and what they are eating. You will learn some incredible facts about these "Carnivores of the Air".

The presentation will end with some open discussion with Jeff. He will try to answer any questions you may have. He will again be bringing a hands-on, interactive display with him that you can look through at the end of the presentation.

"Birds of Connecticut…
The Good, The Bad & The Ugly"
Monday, September 12, 2022 $3 2:00pm.
Presented by Jeff Cianciolo
(Presentation #3)

The third presentation in this series will also start with a one hour Power Point presentation. You will get a detailed, informative and colorful look at some good birds, some bad birds and a few ugly ones "to boot".

Highlights of this presentation include details about several Connecticut species and their peculiar, incredible and fantastical behaviors.

Again, the presentation will end with some open discussion with Jeff. He will try to answer any questions you may have. Again, he will be bringing a hands-on, interactive display that you can look through at the end of the presentation.

Amazingly, all the birds discussed in the three presentations, live and thrive right here in our great state. You will learn all about them by participating in these presentations. You will see unique photos and videos of Connecticut Birds and learn a ton of cool facts about each featured bird. This series is very informative and extremely entertaining!

Jeff Cianciolo is a local Naturalist and Bird Enthusiast that specializes in Wildlife & Birds. In his presentations he speaks about a number of birds local to Connecticut. He shares audio of their calls, and brings related materials with him such as bird nests for attendees to see up close.

Health Series Presentations
Beacon Brook Rehabilitation
89 Weid Drive, Naugatuck, Ct.

Woman and Heart Disease
Presented by Suzanne Crean
Monday, August 15, 2022
No Charge 2:00pm.

Heart disease may be considered by some to be more of a problem for men. However, it's the most common cause of death for of women in the United States. But, it is often overshadowed by breast cancer and other diseases. Because women's heart attack symptoms can differ from men's, women might be diagnosed less often with heart disease than are men. Many women may not know what to look for.

For many years the medical community presumed that heart disease should be treated the same way in woman as it was treated in men. This has been proven to not be the case.

Suzann Crean will be here to discuss all of these subjects and more related to women and heart disease.

Body Mechanics
Presented by Suzanne Crean
Monday, September 19, 2022
No Charge 2:00pm.

Proper body mechanics is using the right posture and muscles for everyday activities. Using proper body mechanics for everyday activities allows you to function at optimal levels while successfully avoiding injury, fatigue, and strained muscles.

Do you need a refresher about how to implement proper body mechanics? Look no further than this presentation with Suzanne.

Suzanne Crean will be describing principles of body mechanics that help prevent injury. She will focus on the safest positions for sleeping, sitting and standing to maintain good joint health. She will taylor the talk to include particular interests of the group including gardening, cooking, driving, etc.

If you are interested in any or all of these presentations, please call the Senior Center to register.

Lunch on the Essex Steam Train
& Riverboat Ride
1 Railroad Avenue-Essex, Ct.
Friday, July 29, 2022 $60
Departing @ 9:30am
Monday, August 8, 2022 $60
Departing @ 9:30am.

All aboard the only steam train and riverboat connection in the country! Our 4-hour, narrated journey begins at the historic 1892 Essex Station. We will be meandering through the countryside aboard vintage rail cars pulled by an authentic steam locomotive. Once we reach Deep River Landing, we will be escorted onto the Becky Thatcher Riverboat for a 1.5 hour cruise along the Connecticut River-bursting with lush scenery and historic attractions, such as Gillette Castle and Goodspeed Opera House.

We will be meeting and leaving from the Senior Center at 9:30am. We begin boarding the train at Essex Station at 11:00am. Once you get on the train you will have a nice salad waiting for you to start off your lunch. At 11:30am., once everyone is on board, the train begins its' journey. Your entrée will come out shortly after the train starts moving. At Deep River Landing, your dessert will be served after which time we will transfer on to the Becky Thatcher Riverboat for our 1.5 cruise on the water. Once the cruise is over we will transfer back again on to the train and head back to the station. We should be back at the station by about 3:00pm. and back to Prospect by about 4:30pm.

The cost for this trip is $60. **This includes transportation to Essex, your train and riverboat ride, your lunch and applicable taxes.** Alcoholic beverages are not included. A cash bar will be available if you are interested in buying a drink.

You have a choice of Eggplant Parmesan, Beef Tips or Baked Chicken for your lunch entrée. Also included in the meal will be a green salad, vegetable, starch, roll and dessert. **PLEASE MAKE YOUR LUNCH SELECTION WHEN SIGNING UP.**

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

Get the Facts about ticks!

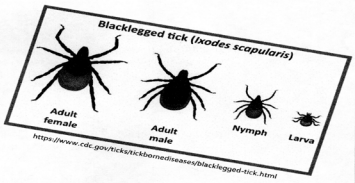
Do you know the best methods to protect yourself from ticks? Do you know what the symptoms of Lyme Disease are? Do you know the proper techniques to remove a tick if one has bit you?

"Tick Talk"

Presented by the Chesprocott Health District

When:
July 18th at 2:00p.m.
Location:

Prospect Senior Center
6 Center St, Prospect, CT



Join us for this informative health discussion.
Please RSVP to the Prospect Senior Center
(203) 758-4461

12th. Annual Robin Hood's Medieval Faire
@ Harwinton Fair Grounds
Sunday, July 3, 2022 $15
Departing @ 9:30am.

The 12th annual Robin Hood's Medieval Faire is an enchanted recreation of an old-world spring festival as one might have been in the days of yore. Watch jousting knights, armored combat, and circus-style performers from around the country. Grab a turkey leg or an ice-cold craft brew, and then explore the massive artisan marketplace filled with fantastic gift treasures. Test your skill at archery and other games of skill.

All of Sherwood Forest is a stage with stage performances in six locations throughout the village. Costumes are encouraged but not required. Come as you are or as you wish to be.

We will be meeting and leaving from the Senior Center at 9:30am. Once at the Faire you will be free to wander on your own until 1:30pm. At this time we will board our bus for our return trip back to Prospect. We should be back at the Senior Center by about 2:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your place without payment.

Tarot Card, Numerology & Astrological Readings With Angela Marie - Intuitive Astrologer, Tarot Reader & Numerologist
Tuesday, July 19, 2022 $25 1:00pm.

Angela Marie is an Astrologer in Connecticut. She considers herself a life guide. Her journey in Metaphysics started at the age of 15 when she began her studies in Astrology & Numerology. Her 27-years of experience and intuitive approach to Astrology, Numerology and Tarot reading paired with her passion for helping others understand life's paths are some of the many reasons she has become one of the most trusted and sought after Astrologers in Connecticut.

Angela's home office is at Body Energy Center in Prospect. She also maintains several residencies at The Ruby Tree in Woodbury, New Insights Boutique in Sandy Hook and The Red Barn in Durham. Angela is a member of the Holistic Community Professionals and is a part of many of the Holistic, Metaphysical, & Paranormal fairs and festivals in Connecticut.

One of Angela's specialties is tarot reading. For many of us, a "Tarot card reading" means a woman in flowing robes, leaning over a small table in a candlelit room, foretelling impending doom. But that's not really what Tarot cards are about.

Tarot reading is a way to answer people's questions or counsel them on their concerns using a divination tool called tarot cards. You can learn more about your current situation or even life path— past, present, and future from a reading. Like hypnotherapy and psychic readings, it can uncover new information and empower people towards a path of healing.

Angela also does Astrology and Numerology readings. Numerology is an ancient study that draws meaning from different numbers, number combinations, letters, and symbols in your life. These numbers can help Angela tap into the underlying patterns of the universe and reveal new truths about who you are.

Astrology is the theory that the specific positions of the stars and how the planets move about the solar system impact human beings' lives, events, and behavior. While it's likely that you already know what your sign is, learning the essential attributes is vital if you want to strengthen your sense of self-awareness. Not only will you know how to live your best life, but you'll also gain valuable insight on how to live harmoniously with others also.

Angela will use a graphic map of the sky at the time and location of your birth for your astrological reading. You have to provide her with the date, place, and time of your birth so she can prepare your birth chart.

Tarot, Numerology and Astrological readings are a deeply personal experience. Everyone's reading is different from the next. At Angela's readings she will make the most of your time so that she can accurately decipher the hidden meanings to your life. People have said that they have felt at ease, centered, and focused after their reading with Angela. When your session with her comes to an end, you can move forward knowing that you have guidance on your path of personal growth, opportunity, and peace of mind.

Angela will help you to select the correct method (Tarot, Numerology, Astrology) to use to get the most accurate and genuine reading possible. Depending on what area of your life you would like to focus on, she will help you to select what will be the best fit for the type of reading you need. Whatever method you chose, Angela will give you the information you need to help you to get the most out of your life. Her job is to guide you through your thoughts, emotions, and leave you with the guidance you so desperately are looking for to begin a positive change in your life.

Angela will be here for private readings on Tuesday, June 7th. and July 19th. at 1:00pm. These are private sessions that will be 15-minutes in duration. Each 15-minute session will cost $25. If you are interested in scheduling a reading, please register and PAY for your session at the Senior Center. Your spot cannot be held without payment. Appointments are necessary.

West Haven Veterans Museum Tour
30 Hood Terrace, West Haven, Ct.
Thursday, September 1, 2022 $10
Departing @ 10:00am.

The mission of the West Haven Veterans Museum is to honor the men and women who served our State and Country during times of conflict and natural disasters. Their goal is to obtain and preserve artifacts which provide a snapshot of what life was like for these Patriots from Connecticut.

Their staff is dedicated to providing education and resources to the future generations as to how our fighting men and women lived and survived while serving our country. As a non-profit organization, they take great pride in the fact that the museum is run by retired Veterans that have served their country proudly. By sharing their unique experiences, Veterans provide visitors a diverse perspective which can be applicable to current real life situations.

The Museum's collections include weaponry, uniforms, field gear and equipment used to support the troops from the American Revolution to the present. Weapons are demilled or non-firing replicas. The center's library contains more than 1,000 books. The books are available for those interested in military history or those involved in research of various conflicts and military related history. Some documents are rare firsthand manuscripts written by the men who served in the Revolutionary War, Civil War, Spanish-American War, Mexican Border War, World War I and World War II and current conflicts. They also have a wide range of uniforms and gear from various periods in history on display.

We will be visiting the Museum on Thursday, September 1, 2022. We will be meeting and leaving from the Prospect Senior Center at 10:00am. Our hour long tour is scheduled for 10:30am. After the tour we will be stopping for lunch at Turk's Seafood Restaurant. **The cost of your meal is your responsibility.**

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. The cost of this trip will be used entirely as a donation for the upkeep of the Museum. We should be back from this trip by about 2:30pm.

July-August 2022

Fidelco Guide Dog Association
"Octoberfest"
103 Vision Way, Bloomfield, Ct. $10
Saturday, October 22, 2022
Departing @ 9:30am.

Every seven minutes in our country someone becomes blind or visually impaired. These people are not statistics. They are our children, parents, friends, neighbors, co-workers and employees. For some, the cause is genetics. For others it's disease, accident or war. For most, it is an irreversible change. According to a recent study, 30-million Americans suffer from vision loss. That number is expected to dramatically increase in the next ten years, largely as a result of the aging Baby Boomer generation.

The Fidelco Guide Dog Association provides the highest quality German Shepherd Guide Dogs to clients who are blind or are visually impaired. The Fidelco dog was created from Bavarian stock. It is an outstanding and exclusive product of selective breeding from strong working lines and has evolved to be truly a breed within a breed. The dogs possess characteristics of the ideal working guide: intelligence, temperament, stamina and stability.

The dogs are responsible for their client's safety at all times. This formidable task requires the Association to have an uncompromising focus on the quality of the breed, which is a hallmark of the Fidelco breed.

It takes the Association two full years and $45,000 to train and produce each guide dog. Fidelco gives these life-changing canine partners to its blind clients at no cost. Fidelco also provides 24/7 lifetime service to clients with annual follow up visits.

Join us on Saturday, October 22, 2022 as we travel to the Fidelco campus in Bloomfield, Ct. for their Octoberfest. This is an annual fundraiser for the organization. This is a day of family fun including food, puppies, guide dog demos, blindfold walks, and more! You will get a chance to see first-hand some of the cutest puppies around.

We will be meeting and leaving from the Prospect Senior Center at 9:30am. The event starts at 10:00am. Once at the event you will be free to wander and explore the festival on your own. At 1:00pm. we will meet back at our mini bus for our trip back to Prospect. We should be back at the Senior Center by about 1:30pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

Making It Last:
Sustainable Fashion in Victorian America Exhibit
@ The Lockwood-Mathews Mansion-Norwalk
Wednesday, August 24, 2022 $10
Departing @ 9:30am.

Situated on the Norwalk River in Norwalk is the Lockwood-Mathews Mansion on West Avenue. This 62-room architectural attraction is touted as one of the earliest and finest surviving Second Empire-style country houses in the United States. Many areas of the home are restored according to photographs from the 1900's. A visit to the mansion is a great thing to do for people who are enamored with fine architecture.

The Lockwood-Mathews Mansion Museum will explore the recycling philosophy of the 19th. century, as well as the dangerous practices used to create the magnificent gowns worn by high society, with a new costume exhibition titled, Making It Last: Sustainable Fashion in Victorian America.

The exhibition will discuss Victorian-era clothing care and fashionable materials, drawing comparisons to today's companies that support sustainability, while also highlighting some of the 19th. century's hazardous practices, including the use of chemicals and metals such as arsenic and mercury in the manufacturing of popular textiles, faux flowers, and statement hats.

The exhibition will be curated by Lynne Zacek Bassett, an independent scholar specializing in New England's historic costume and textiles.

We will be meeting and leaving from the Senior Center at 9:30am. We should be at our destination by about 10:30am. Once at the Mansion we will enjoy a one hour guided tour of the exhibit and mansion. After the tour we will give you some additional time to browse through their gift shop.

At 12noon we will board our bus again for a lunch stop at Sedona Taphouse. We have lunched here before on previous visits and have enjoyed the food and the service. The restaurant is just a few minutes away from the Mansion. **The cost of your meal will be your responsibility.**

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We are limited to the number of people we can bring with us.

Day Trip to the Burlington Trout Hatchery
34 Beldan Road, Burlington, Ct.
Tuesday, August 2, 2022 No Charge
11:00am. Departing @ 10:00am.

The Burlington Trout Hatchery was established in 1923. It is run by the Department of Environmental Protection of the State of Connecticut. Its annual production is from 80,000 to 90,000 pounds of 9 to 12 inch brown and rainbow trout. Forty-five thousand brook trout in the 6 to 8 inch class are also raised annually for stocking in smaller streams. They also raise brown trout and sockeye salmon for distribution into area streams and suitable lakes in Connecticut.

During our guided 45-minute tour you will see the hatchery house which contains the incubation area where eggs are held at a constant temperature until hatching. You will also experience the nursery, breeder and rearing pools, trout ponds and the production ponds.

We will be meeting and leaving from the Senior Center at 10:00am. Our guided tour is scheduled for 11:00am. The tour runs about an hour. After the tour we will board our buses for a lunch stop at Countryside Restaurant which is just a short distance away from the hatchery. This restaurant has been recommended to us by the fish hatchery staff. We are told the food is very good, plentiful and reasonably priced. **The cost of your lunch is your responsibility.** We should be back in Prospect by about 2:30pm.

If you are interested in joining us for this day trip, please sign up as soon as possible. We are limited to the number of people we can bring with us.

WANTED:
KEYBOARDS FOR OUR PIANO CLASSES

We are in need of keyboards, in good working condition for our piano classes here at the Senior Center. The classes are taught by Senior member, Joe Guarino. They have become very popular. If anyone has a keyboard in good working condition that they would like to donate to the Senior Center, we would truly appreciate them. Our future Mozart and Beethoven protégées would also be very grateful!

2022 HOLIDAY HILL SENIOR OUTING

Holiday Hill

Monday, August 22, 2022

9 am – 4 pm

Rain or Shine

Bingo
Bocce
Horseshoes
Heated Pools

9:00 - 12:00 (UNLIMITED)
Assorted Donuts, Fresh Bagels, Muffins & Danish

12:00 - 2:00 (UNLIMITED)
New England Clam Chowder and Oyster Crackers
Assorted Fresh Cheeses and Snack Crackers
Fresh Vegetable Crudités with Dip

12:00- 3:00
Cherrystone Clams on the Half Shell

11:30 - 3:30 (UNLIMITED)
Chilled Relish Tray
Freshly Baked Breads & Rolls
Grilled Hummel Hot Dogs & Sauerkraut
Grilled ¼ lb. Hamburgers, Cheeseburgers
Tomatoes & Onions
Pickles, Relishes, Mustard and Ketchup
Baked Chicken
Italian Sausage with Onions & Peppers
Red Bliss Potatoes
New England Baked Beans & Cole Slaw
Summer Squash
Green Garden Salad
Three Cheese Baked Penne
Corn on the Cob with Butter
Chilled Watermelon Wedges
Decorated Sheetcake
Apple Pie, Cherry Pie

Dancing and fun with our DJ

Raffle Prizes

Free Parking

AVAILABLE ALL DAY
Pepsi, Orange, Sierra Mist, Diet Pepsi, Root Beer, Gatorade,
Lemonade, Iced Tea, Fruit Punch, Coffee, Tea, Milk, Ice Water,
Potato Chips, Goldfish Crackers and Pretzels
Budweiser Beer on tap

All Inclusive Price - $40.00 per Guest

To purchase tickets;
Make check payable to Holiday Hill
Mail it to our main office:
Holiday Hill, P. O. Box 338, Cheshire, CT 06410
Or Call 800-533-0029 by 8/9/21 to purchase tickets with Visa, MasterCard or Amex
Tickets will be mailed upon receipt of payment
Non- refundable

Senior Citizens Only
No admittance to Holiday Hill before 9:00 a.m.
For more Information call 800-533-0029

Broadway Musical Tour
With Art & Susan Zuckerman
Tuesday, August 16, 2022 $95
Departing @ 8:00am.

Travel throughout New York City with Art & Susan Zuckerman as your guides. You will be joined on the bus by an Actors Equity performer/singer. They will "sing their way" through the various neighborhoods you will be traveling through. Hear highlights from such great Broadway musicals as "Phantom of the Opera", "My Fair Lady", "Funny Girl", "Cats", and others, performed personally for you by your singing, on-board entertainer.

See where the stars lived, lusted, loved and performed! You will, hear anecdotes and humorous quips about such people as: Barbra Streisand, Andrew Lloyd Webber, Judy Garland, Liza Minelli, Julie Andrews, and many more. Along the way, you will visually tour New York City sites that relate to the musicals and the people who starred in them. You will visit such neighborhoods as Greenwich Village, Harlem, Central Park West and the Broadway Theater district.

You will be given plenty of time to eat (on your own) in Little Italy. Join us for this day of Broadway entertainment and fun without paying the high prices of the theaters.

New York City (NOSH) Food Tour
With Art & Susan Zuckerman
Thursday, September 8, 2022
$115 (all-inclusive) Departing @ 8:00am.

Art and Susan Zuckerman are licensed tour guides. They host a radio show called "Z Travel and Leisure" which focuses on New York City, travel and cultural topics. They have also appeared on the History Channel, Travel Channel, BBC, ITV London, French TV, German TV, the Japanese Animal Planet and many local cable shows. Additionally, they have written a book and are the official guides for the Italian-American Museum. They have done extensive work with corporate and international groups and instruct teachers on New York City history and culture.

They offer an extensive variety of tours of New York City. They have a passion for New York City and want visitors to experience all that New York has to offer, no matter what your interests.

On Thursday, September 8, 2022 we will be participating in a New York City (Nosh) Food Tour with the Zuckerman's. "Nosh" is eating in New York City English. Everyone loves to eat! With immigrants from around the globe, New York City can take you around the world just within its' five boroughs. The Zuckerman's will take you on a food tour that will delight your taste buds.

Itinerary:

Stop #1: Arthur Avenue Market-Bronx–demonstration & food samplings
Stop #2: Harlem Soul Food Stop
Stop #3: Chinatown-Manhattan–Dim Sum sampling experience
Stop #4 Lower East-Nostalgic old time candy store where you can purchase candy, nuts and dried fruits that will bring back some childhood memories for you.
Stop #5: East Village-Manhattan–Italian pastries and drinks (cappuccino, espresso, etc.)

En route to our stops on the itinerary various New York City foods will be served on the bus including: Soul Food, Knishes, Smoked fish, bagels and a few surprises, if time permits.

During the tour you will get a full narrative of the City as you travel from one "noshing" location to the next. You will hear about NYC history, anecdotes and trivia as you travel.

This tour is more than just eating! You will learn about the neighborhoods that you will be traveling through. You will hear about Harlem, Little Italy, Chinatown, the Lower East Side, and much more. Video in short segments, photographs and multimedia illustrations will also enhance your tour.

Art & Susan do stress, however, that they are not responsible for any weight gained on this "experience". Alka Seltzer will be provided and naps will be allowed, though you won't want to miss a minute of this fabulous tour. And, they promise you won't come back hungry!

Visit a Foreign Country in New York City…
Chinatown & Chinese Culture Tour
Thursday, October 6, 2022 $99
Departing @ 8:00am.

With Art & Susan Zuckerman as your tour guides, participants on this tour will enter a "foreign country" which is rich in history, culture, the arts and foods. The focus will be the historical evolution of the neighborhood from a swamp to a Chinese bachelor society with forty men to every woman; to a thriving ever-expanding ethnic community with the largest Chinese population in the country.

You will learn "the truth" about gang wars, opium dens, illegal sweatshops, human smuggling and the Chinese mafia. You will examine unique Chinese funeral customs and superstitions, visit a Buddhist temple and experience Joss houses. You will view displays of art and sculpture representing various Chinese traditions and superstitions. You will visit the most unusual food market in America, if you dare!

Chinese people have always been great bargainers and shoppers. You will learn their bargaining skills and, of course, use them to shop!

Finally, you will savor a variety of delicious foods during a wonderful "dim sum" luncheon. You will learn to understand the saying, "Americans eat to live and the Chinese live to eat".

The Zuckerman's have done a number of presentations here and we have gotten rave reviews from participants. I am sure the same will be said for their tours.

We will be meeting and leaving from the Prospect Senior Center at 8:00am.for the tours. We should be back here by about 6:00pm. If you are interested in joining us for any or all of these tours, please sign up and PAY as soon as possible. We cannot hold your place without payment. We anticipate that they will be very popular!

New Haven Vet Center Presentation
@ Prospect Senior Center
Monday, August 22, 2022 No Charge 11:00am.

Vet Centers are community-based counseling centers that provide a wide range of social and psychological services. They may have lower visibility than regional offices and medical centers, but the services they provide are just as important. They are part of the United States Department of Veterans Affairs. There is a Vet Center currently based out of Orange, Connecticut.

The goal of Vet Centers is to provide a broad range of counseling, outreach, and referral services to eligible Veterans. They offer confidential help for Veterans, service members and their families at no cost. They also offer screening and referrals for medical issues along with VBA benefits explanation and referrals. .

Gabor "Gabe" Kautzner is the Readjustment Counseling Services (RCS) Veteran Outreach Program Specialist (VOPS) representing the New Haven, Middlesex counties. He will be here on Monday, August 22, 2022 at 11:00am. to explain the services that the Vet Centers offer.

Gabe is a combat, one tour veteran, of the Iraq War and Operation Iraqi Freedom. He served under the First Infantry Division and the Army Reserves 94th. ARCOM for over 20-years. He was deployed from 2003 through 2005. Upon returning, he started working with Readjustment Counseling Services (RCS) as one of the original Global War on Terrorism (GWOT) for RCS. He currently holds a MSW for Concentration in Military Mental Health (MMH) from the University of Southern California (USC).

If you are interested in attending this presentation, please register beforehand at the Senior Center (203-758-5300).

July-August 2022

Horizon Wings Birds Of Prey Rehabilitation Facility
9 Sand Hill Road, Ashford, Ct.
Thursday, September 15, 2022 $10
11:00am. Departing @ 9:30am.

Horizon Wings was formed in 2001 by Mary-Beth Kaeser as a non-profit Wildlife Rehabilitation Center specializing in the rehabilitation of Birds of Prey. The facility is located in Ashford, Connecticut.

Horizon Wings has several raptors that cannot be released back into the wild due to their injuries. Fortunately they are able to keep these birds at their center and, with a special permit, use them for educational programs.

The mission at Horizon Wings is to rehabilitate birds of prey for release into the wild in order to maintain their population and to educate the community to enhance awareness of the environment. It is their hope that by doing so they will reach people of all ages and create the desire in them to help preserve our natural world.

We will be visiting there on Thursday, September 15, 2022. You will get a guided tour of their facility with over 20-permanent raptors, including corvids, falcons, hawks, owls and eagles.

We will be meeting and leaving from the Senior Center at 9:30am. Our tour is scheduled for 11:00am. At 12:30pm. we will leave the facility and continue on to Midway Restaurant for lunch. The cost of your meal is your responsibility.

If you are interested in joining us, please register and PAY as soon as possible. We cannot hold your place without payment. We should be back at the Senior Center from this trip by about 4:00pm.

Second Trip Due to Popular Demand…
R.J. Julia Booksellers Day Trip
(Sponsored by the PSC Book Club)
768 Boston Post Road, Madison, Ct.
Friday, August 12, 2022 No Charge
Departing @ 9:00am.

R.J. Julia Booksellers in Madison, Ct. opened 20-years ago as an independent bookstore whose mission was, and is, to be a place where words matter and where writers meet readers. The store hosts more than 200 events a year. Authors from all over the country visit the store to inspire, educate, and entertain. A knowledgeable staff, opinionated book selections with shelf talker tags, help book lovers find books that are just right for them, making this a perfect attraction for readers and writers alike.

We will be meeting and leaving from the Senior Center at 9:00am. We should be at our destination by about 10:00am. Once we arrive at the book store you will have until 12noon to wander on your own and discover the many literary selections they have available there.

At 12noon we will board our mini bus once more for a lunch stop at Lenny & Joe's. **The cost of your lunch is your responsibility.** We should be back in Prospect by about 3:00pm. We are limited to the number of people we can bring with us.

Handwriting Analysis Course
with Pat Senich @ The Prospect Senior Center
Monday, Oct. 17, 2022-Nov. 21, 2022 $25
11:00am. to 12:30pm.

Your handwriting is a mirror of yourself and is a product of your mental capacity. Like a photograph, at a specific moment, your handwriting will reveal more about you than you may think. No matter how you are taught to write at school, your handwriting will eventually take on your own personal style and become a unique guide to your personality and character.

Beginning on Monday, October 17, 2022, Certified Graphoanalyst, Pat Senich, will be at the Prospect Senior Center to teach a 6-week Handwriting Analysis Course. The course will run from 11:00am. to 12:30pm. The cost for the 6-week session is $25. The cost includes a work book that you will need for the class.

If you are interested in participating in this fascinating course, please sign up and PAY as soon as possible. The class is limited to the first 8 people to register and PAY. We cannot hold your place in the class without payment.
About Pat Senich…

In February 1960, Pat Senich attended a Fisher Junior College Alumnae Meeting. A speaker on the subject of Graphoanalysis presented the Science of Handwriting Analysis to the group. It absolutely amazed Pat as to what was determined through a simple stroke of handwriting. She submitted a sample of her handwriting for analysis. She said that it changed her life.

In June of 1966, Pat joined the Connecticut Chapter of Graphoanalysts, after having been previously certified in the International Graphoanalysis Society, Inc. She has been a member ever since.

Pat's credentials include Certification as a Graphoanalyst, the recipient of the President's Certificate of Merit Award, the recipient of the Individual Recognition Program Certificate and the 2016 Graphoanalyst of the Year Award.

Pat has taught the Introductory "8-Basic Steps" to Handwriting Analysis course at the Southington YMCA, Southington High School, St. Joseph University in West Hartford, Post Junior College, Briarwood College, Osher Lifeline Learning Institute (OLLI) at the UCONN Branch in Waterbury, Connecticut, and several classes in her home. Her clients run the gamut of business and professional men and women, teachers, lawyers, secretaries, housewives, and mothers.

She has spoken on and presented Handwriting Analysis courses at clubs, church groups and several organizations throughout the State of Connecticut, including technical schools, teachers groups and groups of real estate agents. She has had many public radio interviews as well as some television interviews throughout the state. She is also a court qualified Handwriting Analysist in the Bristol Superior Court of Connecticut.

July-August 2022

Sweet Sprinkles and Confetti "Sweet" Workshops With Jessica Fortier Garcia

Monday, July 11, 2022 $8 10:30am.
Ganache Cups

Monday, August 29, 2022 $8 10:30am.
Chocolate Covered Oreos

Monday, September 12, 2022 $8 10:30am.
Cupcake Decorating

Monday, October 3, 2022 $8 10:30am.
Cakesicles

Monday, November 28, 2022 $8 10:30am.
Cookie Decorating

Monday, November 28, 2022 $8 10:30am.
Cookie Decorating

Monday, December 12, 2022 $8 10:30am.
Hot Chocolate Bombs

Jessica Fortier Garcia from Sweet Sprinkles and Confetti will be at the Prospect Senior Center for several very "sweet" workshops. She will be showing all participants how to make a variety of sweet treats including Ganache Cups, Chocolate Covered Oreos, Cakesicles, Hot Chocolate Bombs as well as helping us to decorate cupcakes and cookies. These sweet treats are so tasty and so much fun to make!

If you are interested in participating, please sign up and PAY as soon as possible. We are limited to 15 people per class. You don't want to miss these "sweet" workshops!

Honey Harvest Festival
@ The Bartlett Arboretum & Gardens
151 Brookdale Road, Stamford, Ct.
Saturday, September 18, 2022 No Charge
Departing @ 9:00am.

Join us for a special day dedicated to celebrating honey! The day is dedicated to everything honey and will be filled with bee-themed fun and education for everyone to enjoy.

You will enjoy a Vendors & Artisans Marketplace featuring honey products, beverages, and bee related items, as well as mead presentations and tastings. The Bartlett will also host live music and children's crafts and activities. Food trucks will also be on site.

There will be a number of beekeepers present that you may speak to in regards to beekeeping. Tours of the Bartlett's pollinator gardens and hives will be available.

We will be meeting and leaving from the Prospect Senior Center at 9:00am. We should be at the Aboretum by 10:00am. Once there you will be free to wander through the festival until 12:30pm. At this time we will board our bus for the return trip back to Prospect. We should be back at the Senior Center by about 1:30pm.

If you are interested in joining us, please sign up as soon as possible. We are limited to the number of people we can bring with us.

RESCHEDULED…
Book Talk & Signing With…
Prospect Author, Jen Bernardini
"We All Fall Down"
Thursday, July 7, 2022 No Charge 10:30am.

Author, Jen Bernardini, lives in Prospect, Connecticut with her two boys, husband, and basset hound. She has a Master's Degree in Criminal Justice. When she is not writing she likes to draw and paint.

Jen was at the Senior Center in December of last year to discuss her first published novel, "Mirror in the Attic". At that time, Jen was already working on a second novel, "We All Fall Down". Since then the book has been published and we have invited her back to acquaint us with her new book.

Jen will be at the Senior Center on Thursday, July 7, 2022 at 10:30am. We invite you to come meet this fascinating and talented Prospect author. Books will be available to buy that day for $15, if you are interested.

"We All Fall Down" tells the tale of the super virus, Hg34. The virus has scorched the earth of many of its inhabitants. Those unlucky enough to still be wandering the streets must fight for their survival.

Choice becomes an illusion and the fate of millions rests uneasily in the palm of President Virginia Hill's hands when she runs for, and wins, the presidential election. Civilization is crushed into dust when the President does the unthinkable and poisons her people.

Libby and her six-year-old son team up with brothers Lincoln and Gideon, one a drug dealer with conspiracy theories on the brain and the other an ex-con. They struggle to survive as they search for answers: answers as to what happened and what to do next.

If you are interested in attending this presentation, please call the Senior Center to register. There is no charge for this program.

Connecticut Sun Women's Basketball Game
Connecticut Sun vs. New York Liberty
Tuesday, July 19, 2022 $15
11:30am.(game time) Departing @ 9:30am.

Join us as we visit the Mohegan Sun Casino for this exciting game between the Connecticut Sun and the New York Liberty. On the New York Liberty roster are two former UCONN Women Basketball players…Crystal Dangerfield and Stephanie Dolson. We will have center court, lower level seating for the game.

We will be meeting and leaving from the Prospect Senior Center at 9:30am. We should be at the casino by 11:00am. The game starts at 11:30am. Games usually last about two hours unless they go into overtime.

After the game we will give you until 3:30pm. to grab a bite to eat or do some shopping or gambling. At 3:30pm. we will board our bus for the ride back to Prospect. We should be back at the Senior Center by about 5:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

RESCHEDULED…
Moon Rocks Gourmet Cookies Truck
& A Medicare Simplified Conversation
Presented by the "Medicare Maven"
Jessalyn Pito
Tuesday, September 27, 2022
1:30pm. No Charge

Join Jessalyn Pito, Independent Insurance Broker, on Tuesday, September 27, 2022 at 1:30 for "Cookies and Conversation". She will be holding a Medicare discussion presentation. She can answer all of your questions whether you are aging in at 65 or if you are of any other age and stressed out over Medicare issues. Whatever the case, Jessalyn will be happy to help you out as much as possible. She will guide you through a step by step approach to help un-complicate Medicare for you.

For joining in on the conversation, you will be treated to free cookies from the Moon Rock Gourmet Cookies Truck that will be parked outside the Senior Center! Sugar Free cookie options will be available. The Gourmet Cookie Truck will be bringing a wide selection of their amazing cookies with them for you to enjoy.

What are Moon Rocks Gourmet Cookies? Simply they're the best cookies on the face of the Earth! Moon Rocks Gourmet Cookies have a very distinctive texture. They are a delightful surprise to the senses. They are not overly sweet and are artfully packed with 100% all natural gourmet flavors. Moon Rocks Gourmet Cookies are made with the finest quality ingredients and each one is hand formed.

If you are interested in joining in on this presentation by Jessalyn Pito and the "sweet treats" that follow, please call the Senior Center to register. This presentation was originally scheduled for May 10, 2022. But, due to the death of Jessalyn's husband, it had to be rescheduled.

QUILTFEST New England & Merchants Mall
@ MassMutual Center
1277 Main Street, Springfield, MA
Saturday, August 13, 2022 $15
Departing @ 9:00am.

QuiltFest New England is the premier quilt show in the region with everything related to the quilting industry, all in one spot. It features the entries to the QuiltFest New England National Quilt Competition. Usually there are over 400-quilts on display.

The Festival also features an array of special exhibits, and the always exciting Merchants Mall offering the best in fabrics, notions, machines, contemporary and antique quilts, textiles, quilting supplies, books, sewing-related craft items, kits, clothing and much more. In addition, a talented faculty will present workshops where you may learn the latest in quilting techniques.

We will be meeting and leaving from the Prospect Senior Center at 9:00am. We should be at our destination by about 10:00am. Once at the QuiltFest you will be free to wander on your own through the Festival. There are food concessions throughout the Festival where you can grab a bite to eat.

At 1:00pm. we will start our trip back to Prospect. We should be back at the Senior Center by about 2:00pm. If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

Stained Glass Classes with Sarah Segovia
@ the Prospect Senior Center

Wednesday, September 7, 2022 $12
(2 classes)10:00am. & 12:30pm.
Project: Butterfly or Wine Glass

Wednesday, September 14, 2022 $12
(2 classes)10:00am. & 12:30pm.
Project: Butterfly or Wine glass

Wednesday, October 5, 2022 $12
(2 classes)10:00am. & 12:30pm.
Project: Autumn Leaf

Wednesday, October 26, 2022 $12
(2 classes)10:00am. & 12:30pm.
Project: Pumpkin

Wednesday, November 9, 2022 $12
(2 classes)10:00am. & 12:30pm.
Project: TBA

Wednesday, November 16, 2022 $12
(2 classes)10:00am. & 12:30pm.
Project: TBA

Wednesday, December 7, 2022 $12
(2 classes)10:00am. & 12:30pm. Project: Christmas Tree

Wednesday, December 14, 2022 $12
(2 classes)10:00am. & 12:30pm.
Project: Snowman

Join us for these stained glass workshops taught by Sarah Segovia. The cost for the class is inclusive of all the materials that you will need and your lesson with Sarah. Class size is limited. Call to sign up and PAY as soon as possible. Please let us know which of the two time slots you would prefer. We cannot hold your place in the class without payment.

Please note that if you cancel the class later than 2 days prior to the day of the class, you will not be eligible for a refund. Materials have to be bought by the instructor beforehand. It is unfair to her to be left paying for material for someone who cancels at the last minute.

These classes with Sarah have been extremely popular in the past and fill up very fast. Sign up and PAY quickly if you are interested.



News From The Bocce Court



Bocce League to Resume Fall League Schedule…
WHEN: Every Tuesday beginning on August 23, 2022
WHERE: Prospect Senior Center
TIME: 10:00am.
CHARGE: $10 (per person to be used for the end-of-the-season banquet & prizes)
CONTACT: Barb Beloin (203-528-3144) with any questions

Teams and playing times will be announced once the final roster is finalized. Registration and PAYMENT is due before the league starts up. Right now, all teams are filled with people who are returning from the Spring league. But, there is a need for substitute players. Substitute players fill in for those regular players who may not be able to come at any given time. Many substitute players have gone on to become regular players. Substitute players must also pay the $10 charge to participate.

Individual player packages will be given to each person who has registered and PAID at a meeting on Tuesday, August 30, 2022 at 10:30am. The package will include what team you are on, everyone's contact information, your team captain, your game start times and which court you will be playing on, rules and regulations and a list of substitute players in case you cannot make one of your matches.

The end of the season luncheon will be held on Tuesday, November 8, 2022 at 11:30am. More details on the luncheon will be available closer to the date.

Our Bocce League has become a very popular program at the Senior Center due in large part to all the hard work that Barb Beloin has put into this program. She puts in a tremendous amount of time and effort to make our Bocce League the success that it is today. I would like to thank her for her effort and hard work in organizing and running this league.

If you are interested in signing up as a substitute, please register and PAY at the Senior Center as soon as possible.

Senior Related Health Presentations Sponsored By Always Best Care Senior Services 20 Ives Road, Wallingford, Ct.

Since 1996, Always Best Care has helped thousands of families with non-medical in-home care and assisted living referral services. Their passion for helping people maintain a safe, independent and dignified lifestyle represents the strong foundation of Always Best Care.

Every client receives extraordinary care with caring and compassionate people. Their Care Coordinators have worked with thousands of seniors across the country and are always ready to help you.

Always Best Care Senior Services provides Senior Care in Wallingford and New Haven, communities of Branford, Cheshire, Hamden, East Haven, Guilford, Madison, Meriden, Orange, New Haven, Prospect, West Haven, North Branford, Northford, Wallington.

Personnel from Always Best Care will be at the Senior Center for a series of health, safety, balance assessment and Budgeting for Senior Care presentations. The presentations are free but you must sign up beforehand.



Fall Prevention & Balance Assessment Presentation
Monday, July 25, 2022 2:00pm.

At this presentation the risk factors of falls, what can happen after a fall, and prevention tips against falling will be discussed. Those participating will also have the opportunity to assess their own fall risk with a Balance Tracking System that will be provided by representatives from Always Best Care Senior Services.

The Balance Tracking System utilizes "Gold Standard" force plate technology to provide an accurate and reliable balance testing and training solution for medical and healthcare professionals.

This Balance System is a widely used clinical tool for a variety of balance assessment and training applications. Typical users include Medical Doctors, Physical Therapists, Chiropractors, Senior Living Facilitators, Health/Fitness Professionals and Researchers.

Nutrition & Exercise Presentation
Monday, August 29, 2022 2:00pm.

At this presentation you will be discussing the importance of nutrition, healthy eating tips, and starting a new exercise program. Healthy snacks will be provided!

Budgeting For Senior Care Presentation
Monday, September 26, 2022 2:00pm.

This presentation will focus on Budgeting for Senior Care. Supplementing private pay, government assistance programs, and self-payment assistance programs into the costs of your Senior Care will be discussed.

Huneebee Project Program...
Make-Your-Own Bee Hotel
@ The Huneebee Project
14 Rosette Street, New Haven, Ct.
Saturday, July 16, 2022 $5
12:30am.to 2:00pm. Departing @ 11:30am.

The Huneebee Project was started in 2018 by a clinical social worker and beekeeper. Since then, they have graduated three cohorts from their 4-month Beekeepers in Residence therapeutic job skills training program, installed eleven honey bee colonies in New Haven's community gardens, planted three pollinator gardens, and employed graduates in positions including junior garden site managers, bee apprentices, and peer instructors.

In November 2019, they launched an online marketplace, which includes honey harvested from their garden sites, vases and planters made by artists who embody similar values and ethics, and beeswax candles from the wax cappings of the honey frames.

The Huneebee Project is a non-profit social enterprise powered by youth. All proceeds fund programming, installation of beehives in under-resourced neighborhoods and community gardens, and employment of local youth. On Saturday, July 16, 2022 we will be visiting there for a program where you will make and take home your very own bee hotel.

You will learn how to make hotels for native bees with the very enthusiastic Huneebee team of volunteers. They will walk you through the process and discuss considerations needed for curating a healthy and safe home for our natural pollinators. You will build, paint and leave with your very own bee hotel!

After the programs is over at 2:00pm. we will continue on for a lunch stop at Katz's Deli in Woodbridge. **The cost of your lunch is your responsibility.**

If you are interested in joining us for this program, please sign up and PAY as soon as possible. We are limited to the number of people we can bring with us.

Meet The Author - Michael Griffin
Thursday, October 6, 2022
11:00am. No Charge

The city of Waterbury boasts a rich history in high school boys basketball - ranging from Crosby High's achievements in national tournaments in the early 1920's, through a storied period centered at the City Armory, and a growth into more modern times culminating with Sacred Heart's recent dominance before the school closed in 2021.

The 1970's marked a period of transition in the city's hoops history, with Holy Cross beginning its basketball program and the public high schools moving into new buildings and new gymnasiums. The developments helped to spark a half-century of achievement highlighted by 13-state championships for Waterbury schools, with various coaches and players adding their accomplishments to a well-established legacy in the city.

Michael Griffin, author of Waterbury Hoops, presents an in-depth look at 50-years of Waterbury high school basketball by presenting a recap of each season from 1970-71 through 1994-95 and integrating stories and experiences shared by former players and coaches. He looks back even further in time - to the opening of Kennedy's gym in 1965, to the first radio broadcast of a game by WATR, and to the first CIAC title won by a Waterbury school nearly a century ago. His two books he has written on the subject will inform and delight even the most avid followers of scholastic sports in the city.

Michael will be at the Prospect Senior Center on Thursday, October 6, 2022 at 11:00am. He will be discussing his books and other writings with us in detail. If you are interested in joining in on the event, please sign up at the Senior Center beforehand. His books will be available for sale that day for $23, if you are interested.

Second Trip Added Due to Popular Demand...
Maritime Aquarium at Norwalk
10 North Water Street, Norwalk, Ct.
Friday, August 19, 2022 $25
Departing @ 9:00am.

Today we will be visiting the Maritime Aquarium in South Norwalk, Ct. The aquarium is one of Connecticut's top tourist attractions. Annual attendance averages 500,000 visitors.

The aquarium has harbor seals, river otters, sharks, jellyfish, loggerhead turtles, and hundreds of other animals living in re-creations of their natural Long Island habitats.

On exhibit are more than 2,000 marine animals and reptiles, representing in excess of 300 species. Its exhibit tanks range in size from 10 to 110,000 gallons.

The aquarium also has a display of detailed ship models with 14 in cases, as well as charts and interpretive signs. In the ship model area are signs describing the nautical origins of many popular sayings, for example "bitter end," "scuttlebutt," "let the cat out of the bag," "under the weather," and "three squares a day."

Two touch tanks feature smooth stingrays, nurse sharks, crabs, sea stars, and other coastal creatures. Throughout the year special exhibits are featured at the aquarium. There is also an Four-D Theater for your enjoyment.

We will be meeting and leaving from the Senior Center at 9:00am. We should be at the aquarium by about 10:00am. At 10:20am. you will be able to enjoy a movie in their 4-D Theater. **The cost of the movie is included in the $25 that you are paying for this trip.** The theater is right in the Aquarium. After the movie you will have until 1:30pm. to further explore the aquarium and their gift shop on your own.

At 1:30pm. we will meet and leave the aquarium for a lunch stop at Donovan's which is very close by. Donovan's has been recommended to us by the aquarium staff. As an added bonus, the restaurant will give everyone a 10% discount off their lunch bill because we visited the aquarium that day.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back in Prospect from this trip by about 4:00pm. This all depends on traffic that day, however.

The Dudley Farm Museum Tour
2351 Durham Rd, Guilford, Ct.
Friday, August 26, 2022 $10
Departing @ 9:30am.

A visit to The Dudley Farm Museum is a step back in time, a rural retreat from the past, preserved for the future. The Dudley Farm was built in 1845 by Erastus Dudley, a prosperous North Guilford farmer, gristmill and tannery owner. Today, the house, barns and surrounding ten picturesque acres occupy a portion of the land farmed by the Dudley family for almost 300-years.

On October 10, 1994, the Dudley Foundation became incorporated, and the unforeseen and improbable journey to becoming a museum and destination began. It was a daunting task, but numerous outside people and entities worked to make The Dudley Farm & Foundation happen.

The Foundation's task was not an easy one. The buildings and grounds were money pits with sills and roofs, and everything in between, needing attention. The Foundation has managed to upgrade the electrical enough to keep the place from burning down, and nobody has to use the hand pump at the kitchen sink anymore. Best of all, the outhouse is no longer in use! Most everything (but not everything) is structurally sound now.

The Guilford Rotary reconstructed the Sugarhouse, so that they now have a successful maple program in late winter. A Farmers' Market has been established, reputed to be the second oldest one in Connecticut. The Dudley Farm String Band has faithfully provided event music for a number of years– what other market has that!

The farm animals are a favorite attraction for all ages, thanks to the stewardship of the Dudley's. Gardening, both for ambiance and for the food production, keeps the grounds good looking and productive. The museum is a step back to a different way of living, circa 1900.

Tours of the farm house introduce visitors to life in the late 19th. century through its rooms and furnishings while stories of the home's inhabitants and the lifestyle of the time bring the past alive. The barns and out buildings, with displays of tools and farm equipment, and animals representative of the period, give a unique glimpse into life and work on a family farm. The grounds of the Dudley Farm include period flower and herb gardens, a farm garden, cropland, meadows and woods which all evoke a gentle sense of the past.

We will be visiting the Museum on Friday, August 26, 2022. We will be meeting and leaving from the Senior Center at 9:30am. Our hour long tour is scheduled for 10:30am.

After our visit, we will continue on for a lunch stop at Guilford Mooring. This is a casual, airy seafood restaurant & bar with skylights, patio seating & harbor views. **The cost of your meal is your responsibility.**

If you are interested in joining in on this trip, please sign up and PAY as soon as possible. Your seat cannot be held without payment. We should be back at the Senior Center from this trip by about 3:00pm.

Third trip added due to popular demand...
Tour of the Connecticut State Capitol
& Legislative Building
Tuesday, August 30, 2022 No Charge
Departing @ 9:15am.

Join us as we tour the beautiful, Connecticut State Capitol building in Hartford. The building was opened in 1878. It stands in the picturesque setting of Bushnell Park. Designed by Richard M. Upjohn, a cathedral architect, this High Victorian Gothic style state house was designated a Registered National Historic Landmark in 1971.

On Tuesday, August 30, 2022 we will be going there for a guided tour of the Capitol and the Legislative Building. During this 1-hour free tour, you will view items important to Connecticut's history. These include statues of Connecticut State Hero, Nathan Hale and Civil War Governor William Buckingham, and the "Genius of Connecticut".

You will visit the Hall of Flags, where flags carried into battle by Connecticut soldiers are displayed. You will learn about the Legislative process while viewing the legislative chambers. You will observe the proceedings of the General Assembly from the public galleries, if the House and Senate are in session. You will also tour the modern legislative office building, where public hearings and legislative committee meetings are held.

The tour starts in the Legislative Building and then proceeds to the Capitol building via an indoor, underground walkway that connects the two buildings. It is the equivalent of two football fields.

After the tour we will board our bus for a return trip back to Prospect. We will be stopping at Hometown Restaurant here in town for some lunch. **The cost of your meal is your responsibility.**

We will be meeting and leaving from the Prospect Senior Center at 9:45am. Our tour is scheduled for 10:30am. If you are interested in joining us, please sign up as soon as possible. We are limited to the number of people we can bring with us. We should be back at the Senior Center by about 1:30pm.

Bowling, Mini Golf, Pizza & Lots of Fun!
@ Lessard Lanes
136 New Britain Avenue, Plainville, Ct.

Tuesday, July 19, 2022 $12
Departing @ 9:30am.

Tuesday, August 16, 2022 $12
Departing @ 9:30am.

Join us for some fun as we visit Lessard Bowling Lanes in Plainville for some bowling and pizza!

We will be meeting and leaving from the Senior Center at 9:30am. Once at the lanes you can bowl from 10:00am. until 11:30am. At this time you can enjoy a slice of pizza and a beverage. After your pizza you can enjoy a game of indoor mini golf. At 1:00pm. our mini bus will pick you up to return back to the Senior Center. We should be back in Prospect by about 1:30pm.

Included in this package is your bowling, mini golf, pizza and beverage, lane bumpers if requested and shoe rental. If you are interested in joining in on the fun, please call the Senior Center to register and PAY. We cannot hold your place without payment.

Vintage Radio and Communications Museum
115 Pierson Lane, Windsor, Ct.
Saturday, August 20, 2022 $10
Departing @ 9:30am.

The Vintage Radio and Communications Museum is run completely by volunteers and is located in Windsor, Connecticut. It offers a fascinating and educational look back in time (and technology). You can take a walk through history from Morse Code transmitters to radio and television to personal computers, and everything in between.

Can you imagine what this world would be like without radio, television or computers? Our world would be completely different than it is today. At the Vintage Radio and Communications Museum of Connecticut, you will learn about the history of electric communications and how it has changed our lives.

This is a hands-on museum where you can tune radios that are 80-years old, talk over candlestick telephones, listen to 100-year old records, tap out your name in Morse Code and see what an early television looked like. It's all here at this museum.

We will be meeting and leaving from the Prospect Senior Center at 10:00am. We have a guided tour scheduled for 11:00am. The tour should last about 1.5 hours. After the tour we will give you some extra time to visit their gift shop.

We will then continue on to lunch at Jim's Pizza Restaurant. It has been recommended to us by the staff at the Museum. They have much more than pizza, I was told and the prices are very reasonable. **The cost of your meal is your responsibility.**

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back at the Senior Center from this trip by about 3:30pm.

"Sunflowers for Wishes"
To benefit "Make-A-Wish" Foundation
Saturday, July 30, 2022 $6.00
Departing @ 8:30am.

Since 2004 Buttonwood Farm in Griswold, Ct. has held a fundraiser, "Sunflowers for Wishes" to benefit the "Make-A-Wish" Foundation. The foundation is a non-profit organization devoted to making wishes possible for children with life-threatening medical conditions. The farm plants over 10-acres of sunflowers for your viewing pleasure. The farm gives 100% of their profits from the sale of t-shirts, sunflower bouquets, and hayrides to the foundation.

You can enjoy a 3/4 of a mile hay ride that travels through cow pastures and 4-acres of blooming sunflower fields. The hayride is at your own expense. You can also enjoy their special ice cream flavor of the season, Sunflower Ice Cream. This delicious ice cream is made with the farm's own creamy rich caramel ice cream, with honey, sunflower seeds and almonds added. The ice cream is also at your own expense.

You may also cut your own sunflowers in the specified cutting fields. There is a $2 per person admission donation and a $2 per flower fee for this. They ask that you please not pick the sunflowers in the walking field. These are left standing for everyone's enjoyment. Of course, there are also pre-cut sunflowers available for you to purchase.

We will be meeting and leaving from the Senior Center at 8:30am. We should be at our destination by about 10:00am. Once at the farm you will be free to enjoy the fields of sunflowers, go on the hayride, cut your own sunflowers or have some ice cream.

At 12noon we will continue on to Preston Village Pizza for lunch. We have lunched here in previous years when we went on this same trip and have gotten very favorable comments about the establishment and the food. The cost of your lunch is your responsibility.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment and we are limited to the number of people we can bring with us. The $6 that you are paying for this trip is strictly a donation to the "Make-A-Wish" Foundation.

Lavender Pond Farm Day Trip
318 Roast Meat Hill Road, Killingworth, Ct.
Wednesday, July 13, 2022 $10
Departing @ 9:00am.

Lavender Pond Farm is located on 25-glorious acres in Killingworth, Ct. It was first purchased in 2014 by Killingworth natives, Chris and Denise Salafia. The property was once a cattle farm. It is now home to over 9,000 lavender plants.

Owner Denise Salafia said, "With beautiful fields, expansive outbuildings, and the freshest fresh water pond we've ever seen, this farm was a dream come true for our family."

We will be meeting and leaving from the Prospect Senior Center at 9:00am. Our tour is scheduled for 10:30am. While there, you can enjoy the lavender fields, check out the chickens and bee hives at the farm, stroll around the pond, play chess or corn hole, visit the farm store with a full range of all-natural lavender goodness, enjoy a talk on lavender farming and a guided train ride of the premises aboard their purple train.

We will give you enough time after the train ride and talk to do some shopping in their farm store. Because we are coming as a group, you will receive a 10% discount coupon to use at their farm store.

At 12:30pm. we will board our mini bus and continue on for a lunch stop at the Copper Skillet. The cost of your lunch is your responsibility. The restaurant is not very far from the farm and comes recommended to us by the owners of the farm.

We should be back in Prospect from this trip by about 3:30pm. If you are interested in joining us, please sign up and PAY as soon as possible. We are limited to the number of people we can bring with us. Therefore, sign up early.

Klassic Kreations Workshops
Presented by Kim Larkin of Klassic Kreations

Kim Larkin of Klassic Kreations will be at the Prospect Senior Center to host a variety of interesting workshops for us. Her educational programs provide multi-sensory stimulation for the mind and palette.

Kim presents her fun, educational Klassic Kreations Workshops throughout Connecticut and Massachusetts. She is a commercial licensed Chocolatier, a National Association for Holistic Aromatherapy Certified Professional Aromatherapist, Certified Reiki Master, Specialty Coffee Association of America "Foundations" Certified, Tea Aficionado and a lifelong Art teacher. She applies her passion for teaching and her expertise to her wide variety of programs.

If you are interested in joining in on any of these workshops, you must sign up and PAY as soon as possible. Class sizes are limited and vary per workshop. Your place in the workshop cannot be held without payment.

Planting "Seeds of Intention":
A Crystal Terrarium Workshop
Tuesday, August 16, 2022 $10 10:30am.

In this workshop you will get a fun overview of the benefits of gems and crystals. A display case of various crystal samples will be set up so that you can freely explore them. You will learn how to best incorporate each crystal into your home and living space as well. A fun crystal quiz will follow and then you get to assemble a glass terrarium using small plants, soil, small assorted crystals and sands. Most importantly, you will plan your "seed of intention" into the soil. Calming music and tea will set the mood. This is a great calming experience for all who participate.

Maximum of 15 participants

The Royal Rules 101:
15 Rules of Self Empowerment
Tuesday, September 13, 2022-$10-10:30am.

This workshop will help you to reign over your own kingdom! It is based on a new book written by Kim Larkin- It's Easy Being Queen When You Know Your Worth. In this uplifting workshop, the 15 Royal Rules of Self Empowerment will be highlighted. Some of them include "tending to the garden within", "strong boundaries" and "thou shalt take no baloney".

Presented with humor, the royal rules can help empower queens of any age. During this interactive program, attendees will partake in a short journaling and meditative exercise. There will be fun poetry and a trivia quiz too. Herbal tea will be served to set a relaxing tone. Each person will also receive a rose quartz stone to take home with you. Rose quartz is the stone of self-love.

Maximum of 30 participants

Chocolate Make and Take Program
Tuesday, October 25, 2022-$10-10:30am.

This workshop highlights chocolate entrepreneurs, the history of how chocolate is made and where it comes from, fun chocolate trivia and a make and take chocolate session using various techniques of dipping, decorating, and combing. You will get a demonstration and use of Kim's commercial tempering machine, toppings bar and more! **Allergy Warning: Chocolate used in this workshop is produced in a facility that uses tree nuts, cookies with gluten and coconut.

Maximum of 16 participants

Aromatherapy/Essential Oils:
Hydration Station
Tuesday, November 3, 2022-$10-10:30am.

In this workshop you will explore some of the most beneficial skin hydrators for mature skin. Kim will be sharing information on desert Jojoba oil, Moroccan Argan oil and a variety of natural carrier and essential oils. There will be a fun Aromatherapy quiz and a recipe handout. The second part of this workshop will be a hands-on experience. You will create a personalized vegan lotion and hydrating products using essential oils to take home. It's guaranteed to be a scents-ational class!

Maximum of 16 participants

The Connecticut Gay Men's Chorus Presents...
"Bingomania" 2022 Dates
Saturday, August 20, 2022 $25
Departing @ 5:00pm.

The Connecticut Gay Men's Chorus hosts a monthly BINGOMANIA! at the Annex Club at 554 Woodward Avenue in New Haven, just off I-95. Doors open at 6:00pm. and games begin at 7:00pm. Cash prizes are now up to $2,500! Admission is $25 and includes all of your game cards for the twelve regular games of BINGO. Each regular game has a cash prize of $100 and the final regular game of the night has a cash prize of $200. They also offer three optional Special Games. You can play a Special Game for just $1 per sheet and each Special Game pays a 50/50 cash prize of up to $400. You have a chance to win up to $2,500 in Bingo cash prizes at these Bingomania games.

Soft drinks, cocktails, wine and beer are available beginning at 6:00pm. Per Connecticut State Law, no beverages of any kind are to be brought into the Annex Club for Bingomania! You can bring whatever food with you that you would like but you cannot bring in any beverage of any kind. So bring whatever "munchies" you would like to enjoy during the games and plan on buying your beverages there.

We will be meeting and leaving from the Senior Center at 4:45pm. Upon arriving at the venue, our Bingo packages will be waiting for us. We have made arrangements so that we do not have to wait in line for them. At 6:00pm. the doors open and our group can go right in.

This event is a hilariously unique evening of entertainment and fun. Please come with an open mind and attitude. If you are interested in joining us for any of these events, please sign up and PAY your $25 as soon as possible. We are limited to the number of people we can bring with us. Sign up and PAY early to ensure your spot on the bus.

New England Accordion Connection & Museum
75 Main Street, North Canaan, CT
Thursday, July 21, 2022 $10
10:30am. Departing @ 9:15am.

The New England Accordion Connection & Museum Company is a collection of antique and modern accordions as well as related memorabilia. The Museum displays models from the very beginning of the accordion era, starting in 1820, all the way up to the current day. The accordion may not have the allure of a guitar or a drum, but it is held in high esteem to many who grew up listening to the sounds of this harmonious instrument.

Paul Ramunni of North Canaan has taken his love of the accordion to a higher level. In October of 2011, he opened up his New England Accordion Museum on Margaret Lane in North Canaan, Connecticut. It was located in separate renovated spaces attached to his personal residence. The Museum has moved to the recently-restored Canaan Union Railroad Station in the heart of North Canaan.

One of the main priorities of the New England Accordion Connection & Museum is to keep the spirit and influence of the accordion alive. Their goal is to find and save any and all old accordions and memorabilia so that people interested in this instrument, especially children, will learn to play and enjoy what many people have experienced over the last 200-years with accordions. They exist to display vintage and modern accordions for the general public's enjoyment and edification.

Accordions line the walls, as do photos of famous accordion players and accordion sheet music. The accordions in Paul's collection vary in size, shape and color, but the stories behind them are what piques Rumunni's passion for the instrument. He loves the instruments history and how today it is still an integral part of many cultures.

Between the museum and the sales company, the Museum now has over 500-accordions on display. Of that number 100+ new and used accordions are available for sale in their newly renovated studio and showroom. The accordions are of various makes and designs. There is something for everyone to sample and try.

We will be visiting the Museum on Thursday, July 21, 2022. Paul will share with us his passion for the accordion and the stories behind the accordions and his museum. Paul tells of the life of each accordion in story form as well as playing some of the instruments. All of his accordions are filled with memories. Each has a story to tell and their memories are worth hearing.

We will be leaving from the Senior Center at 9:15am. Our tour is scheduled for 10:30am. After our tour we will continue on for a lunch stop at Mountainside Café. **The cost of your meal is your responsibility.**

If you would like to join us, you must sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back at the Senior Center from this trip by about 3:00pm. This is a great opportunity for you to learn the history and the stories of the accordion through one man's "addiction" to the instrument.

LEGENDS Sticker Book Workshop
"Build Your Own History Book"
Monday, August 15, 2022 $12 10:30am.

It's no secret, folks – everybody loves stickers! Sticker Book Publishing Company is based around the simple idea of incorporating stickers to help people learn or reminisce about some of the most interesting and inspirational people, places and events in history.

The company's mission is to educate and inspire in an engaged, experiential way by encouraging readers to "build their own history book". Using stickers improves interest and knowledge retention.

Each "Build Your Own History" Sticker Book is challenging, chock full of info and loads of fun. They contain many of the most important, interesting and inspirational people, places, events and concepts of all time. Each person featured succeeded because of their vision, planning, hard work, perseverance, overcoming adversity and unwavering conviction in their beliefs and ability to make a difference in the world.

But who wants to just read about them? Learning is much more exciting when you participate. Making your very own Sticker Book is a fun and challenging activity.

Here's how it works:

1) Stickers come in sheets of nine.
2) Each page of your Sticker Book has a color theme and each sticker belongs in one specific spot.
3) You "play" by figuring out which sticker goes where.
4) How do you know where the stickers go? By reading the information about each person, place, or event on that page, you should be able to conclude what sticker goes where.
5) Don't worry if you are stumped. That's the fun part! Since we are doing this as a group, you can always collaborate and "get a little help from your friends".
6) Once you know who or what fits that description, you will place the sticker over the box on the page that says: WHO/WHAT AM I?
7) Your sticker book is complete when all "Who/What Am I?" spots are done.

Simple, but entertaining and so much fun!

The sticker book that we will be completing at this class will be about LEGENDS. It is yours to take with you after the session. The book has over sixteen pages of over sixty people/events across nine categories (plus six pages of stickers) in a "Who Am I?" format.

LEGENDS is interesting, challenging and fun for everyone. It will take you on a fun trip down memory lane with Humphrey Bogart, Elvis Presley, Audrey Hepburn, The Apollo 11 mission, Fred Astaire & Ginger Rogers, Frank Sinatra, Johnny Carson, Joe DiMaggio, Elizabeth Taylor, The Beatles, and many, many more. LEGENDS is certain to make you smile and laugh for good reason.

LEGENDS will provide hours and hours of an interesting, challenging, hands-on activity and will help prove the timeless adage – you're never too old to learn! If you are interested in joining in on this fun and challenging activity, please sign up and PAY as soon as possible. We cannot hold your place without payment.

July-August 2022

2022 North Branford Potato & Corn Festival
Augur Farm - 290 Forest Road (Rte. 22)
North Branford, Ct.
Sunday, August 7, 2022-$2-Departing @ 10:00am.

The PoCo (Potato & Corn) Festival in North Branford is a wonderful, fun-filled family event at Augur Farm in North Branford, Ct. The festival started as a one-day affair back in 2002 and has since grown into a three-day spectacular with thousands and thousands of attendees. The festival started as a small event designed to celebrate the agricultural communities of Northford and North Branford. It has developed into a full-fledged, three-day festival that draws thousands of visitors each year

The event includes rides, fireworks, a craft and business expo, corn hole tournaments, car and motorcycle show, rides, games, live entertainment, tractor pulls, photography exhibit, talent showcase, animal shows, beer and wine gardens and tastings and food vendors selling fair favorites and unique items like potato donuts. In years past, local farms donated 6,000 ears of corn for folks to chow down on and another 8,000 potatoes for the fairgoers enjoyment.

All the money made from the festival goes back into the community and improvements to the festival. Donations go to the local senior center and local sports teams in North Branford.

We will be attending the festival as a group on Sunday, August 7, 2022. We will be meeting and leaving from the Prospect Senior Center at 10:00am. Once at the festival you will be free to enjoy yourselves on your own. At 1:00pm. we will get back on our mini bus for our ride back to Prospect. We should be back at the Senior Center by about 2:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your place without payment. We are limited to the number of people we can bring with us.

Knitting With Carol Greco
WARM HEADS
Next Sessions:
Thursday, Aug. 4, 2022-Aug. 25, 2022
(four week session)
12:30pm. to 2:30pm. $12

Join Carol Greco for the next session of her Learn to Knit series that she has been teaching here at the Senior Center.

In this session you will learn how to put your basic knitting skills to work to create a variety of hat styles. You will start by using straight needles to work a kerchief and headband, and then progress to circular needles to work a cowl and cap. You will also learn how to use double-pointed needles to finish the crown of a cap.

The provisional cast-on and the three-needle bind-off will also be reviewed and the kitchener stitch will be introduced and demonstrated.

In order to participate in this class you need to be able to cast on, knit, purl, increase, decrease, and bind off using straight needles. If you have any questions as to whether or not you would be a good fit for this class, you may call Carol at 203-419-5396 and discuss it with her.

If you are interested in joining in on this class with Carol, please sign up and PAY as soon as possible. Carol is limiting the class to 6 people so that she may give everyone the attention they need. Both men and women are encouraged to participate.

Prospect Senior Center Photo Club
Photography Exhibition
@ The Prospect Public Library in October
Opening Reception on Saturday, Oct. 1, 2022
9:30am. to 12noon

During the month of October, the Prospect Public Library is pleased to present and exhibit photography taken by members of the Prospect Senior Center Photography Club. The group of amateur Senior photography enthusiasts are led by Allen Thibodeau. They meet once a month at the Prospect Senior Center the second Monday of each month at 9:30am.

The opening reception, with the photographers in attendance, is scheduled for Saturday, October 1, 2022 at 10:00am. Refreshments will be served. Everyone is welcome to come and enjoy the beautiful photographs on display and chat with the photographers.

Support your fellow Senior Center members! Stop in to the library for this Opening Reception and see what talented Seniors we have here. If you can't make the Opening Reception, stop in any time during the month of October and explore the beautiful photographs on exhibit.

If the photography that you see inspires you and you think that you might like to investigate the group further to see what they are all about, think about attending one of their meetings. Everyone is welcomes to drop in and see what this talented and enthusiastic group of Seniors is all about. All skill levels are welcome. The only requirement is that you have a love and passion for picture taking.

A Presentation...
Remembering G. Fox & Company
The Iconic Department Store
Presented by the
Connecticut Historical Society Museum
@ The Prospect Senior Center
Thursday, July 14, 2022 11:00am. $5

Shopping in Hartford from the 1950's through the 1990's was synonymous with its largest downtown department store. G. Fox is gone but the Connecticut Historical Society Museum has preserved an amazing collection of G. Fox memorabilia, store displays, and G. Fox & Co. branded products, from scotch to toilet paper.

A representative from the Museum will be at the Senior Center on Thursday, July 14, 2022 at 11:00am. They will be speaking on this iconic department store. This presentation will bring you back in time to Fox's heyday, as they take you from floor to floor and recall the various departments. You'll also learn about Beatrice Fox Auerbach, the remarkable woman who made every visit to Fox's special.

You can share your own happy memories of tea in the Connecticut Room, back-to-school shopping and the holiday decorations that made your visits to the store so special and memorable.

If you are interested in attending this presentation, please sign up and PAY as soon as possible. We cannot hold your place without payment.

Prospect Memorial Funeral Home
Hosts a 3- part series covering...

The Advantages of Funeral Pre-planning

Important Decisions and Documents Related to Senior Health Care (Advance Directives, Power of Attorney, Do Not Resuscitate Status/Bracelet, Nurse Pronouncement)

What do you do When Your Loved One Passes at Home?

Presented by Kim Palmerie-Prospect Memorial Funeral Home

Wed., July 20th, July 27th, Aug. 3rd. 2022
No Charge 11:00am.

Kim Palmerie from Prospect Memorial Funeral Home will be at the Prospect Senior Center to speak on some subjects that most people do not want to talk about. They are, none the less, things we all will have to deal with sooner or later. Hopefully it will be later.

What happens upon our demise can be made easier for those we leave behind if we do our homework and plan ahead. Among other things, Kim will be covering a number of topics in these three presentations. She will go over the advantages of pre-planning your funeral, important decisions and documents related to Senior care and the steps to take when your loved one passes at home.

These are all very important subjects that most of us would prefer to put on the back burner until another time. But, they are subjects that are better dealt with now rather than later. Join in on these presentations and get the correct facts from someone who is knowledgeable on these subjects. Kim will help you to understand what you will need to know to make some important decisions. Those you leave behind will thank you for your fore sight and planning.

Please call the Prospect Senior Center at 203-758-5300 to register.

Radical Raptors Presentation
With Carrie Szwed-White Memorial Conservation Center Education Director
Tuesday, August 30, 2022 $5 10:30am.

New England is a fantastic habitat for birds of prey. The vast forests, moderate temperatures, and distinct seasons make it the ideal home for these raptors.

All birds of prey have similarly hooked beaks and strong feet with sharp talons and are all carnivores. There are plenty of birds of prey in Connecticut that fall into four main categories – hawks, falcons, eagles, and owls.

Find out just who-who-whoo are those big, beautiful birds of prey you see perched atop fence posts by day or hear calling outside your window by night?

This interactive presentation will be given by Carrie Szwed who is the Education Director for the White Memorial Conservation Center. She will discuss the hawks, owls, eagles, and falcons that call northwest Connecticut their home. You'll even get to meet two of the most common raptors, the barred owl and red-tailed hawk, up close and personal!

If you are interested in being a part of this presentation, please sign up and PAY as soon as possible. We cannot hold your place without payment.

A Presentation...
Katharine Hepburn:
From Hartford to Hollywood
Presented by the
Connecticut Historical Society Museum
@ The Prospect Senior Center
Tuesday, August 9, 2022 11:00am. $5

With a stage and film career that spanned sixty-six years, Katherine "Kate" Hepburn (1907-2003) is an American icon, who dazzled silver screen, television, and theater audiences and even earned the nickname "The First Lady of Cinema".

Born and raised in Connecticut, Hepburn's career reflected the changing role of women in the broader society. Challenging the norms of the day, she took control of her image and identity by establishing a unique sense of style which influenced countless women, fashion designers, and the informal, elegant approach to American style that continues to resonate today.

A representative from the Museum will be at the Senior Center on Tuesday, August 9, 2022 at 11:00am. They will be speaking on this iconic Connecticut resident. You will hear the story of her life-long ties to Connecticut and get a complete picture of how Hepburn became the woman and the star that she was.

If you are interested in attending this presentation, please sign up and PAY as soon as possible. We cannot hold your place without payment.

The Sounds of Frank
@ The Katherine Hepburn Cultural Arts Center
300 Main Street, Old Saybrook, Ct.
Sunday, August 14, 2022 $37
1:00 pm. Departing @ 11:30am.

The Sounds of Frank is a professional 6-piece instrumental and vocal group performing some of the best hits made famous by "old blue eyes." The group is, perhaps, the region's most genuine musical tribute to Frank and his music.

Fronted by the incredibly talented John Cooper, The Sounds of Frank will take you back to the glory days of music, when the emotion and expression of great songs really mattered. Close your eyes and suspend reality for a moment and you will literally hear Frank's inflections and emotions in John's voice. All the songs are both sung and performed with integrity and honesty, just as Frank and his band performed them. Band instrumentation consists of piano/keyboards, bass, drums, trumpet and sax.

We will be meeting and leaving from the Prospect Senior Center at 11:30am. The show starts at 1:00pm. After the show we will be stopping for a bite to eat at The Penny Lane Pub. It is not far from the theater. **The cost of your meal is your responsibility.**

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We should be back at the Senior Center from this trip by about 6:00pm.

Russian Presentations…
With Henry Quinlan @ Prospect Senior Center

Henry Quinlan is the owner and publisher of Omni Publishing Company. He has 40+ years of varied experience in the publishing industry. He is a graduate of Boston College and Suffolk University Law School.

Henry will be at the Prospect Senior Center to give two different, one-hour presentations on Vladimir Putin and the Ukrainian War and the USSR/Russia. These two presentations will entertain and educate everyone who participates.

Henry lived in Moscow for five years during the demise of the USSR and the rise of the new Russia. He has made more than 60-trips back and forth to Russia since 1986. His last trip was in 2018.

The Ukraine War and Vladimir Putin
Consequences Expected and Unintended
What's Next?
With Henry Quinlan
@ Prospect Senior Center
Tuesday, July 12, 2022 $6 11:00am.

Features of this presentation…
*Examining the origins of the war.
*What the status of the war is today.
*Consequences of the war both expected and unintended.
*Options for ending the war.
*Is America fighting a proxy war?
*Is a new world order emerging after the war?
*The enigma that is Vladimir Putin.
*Why is he popular?
*Putin's use of fertilizer and food as a weapon.
*Putin taking advantage of global warming.
*Russia and China in the future.
*The New ICE CURTAIN

USSR/Russia-
Myths, Mysteries and Spying Presentation
with Henry Quinlan
Tuesday, August 23, 2022 $6 11:00am.

.Features of This Presentation:
*Henry's involvement with Russia starting in 1985 with an agreement to publish a book by a young Soviet diplomat Vitaly Churkin and having dinner in New York with him when he later became the Russian Ambassador to the United Nations.
*Hermitage, Bolshoi Theater, Kremlin Museum, Palaces, Moscow Subway, Pushkin Museum
* The Two Great Mysteries of Russia-The Amber Room and the Czar's Jewels"
*Impact of World War II on the Russian people.
* Vladimir Putin – Is he corrupt and competent.
*Current issues in Moscow:
* Tour of Soviet Space facilities with Wally Schirra, one of our original astronauts and the discovery of long held secrets of the Soviet Space Agency.
*Memorable comment made by Michelle Pfeiffer about making a film with Sean Connery in Moscow.
*The summit of 1990 with President Gorbachev and President G. H. Bush.
* Publishing the "Make Way for Duckling's" book in Moscow.
* Being asked by President Bush to arrange for statues to be erected in Moscow depicting scenes from "Make Way for Ducklings" book
*Attending a state dinner with President Bush that was hosted in honor of President Gorbachev.
*Witnessing the overthrow of Communism and the dismantling of the USSR.
*Spying for the F.B.I.
*Publishing the first telephone book in the USSR since 1934.
* His encounters with the Russian Mafia.
* An interview with the F.B.I. in 2016 regarding a dinner with Russian Ambassador to United Nations.

If you would like to participate in what promises to be two very interesting presentations, please sign up and PAY as soon as possible. Your place cannot be held without payment.

Quilted Ewe & Sew Inspired Day Trip
37 Greenwoods Road, New Hartford, Ct.
Wednesday, September 14, 2022
Departing @ 9:30am.

Welcome to the Quilted Ewe
"Where Fabric and Fiber Flock"
Northwest Connecticut's premium quilt shop!

If you are looking for one place for all of your sewing needs – the Quilted Ewe is your place. They stock a huge variety of sewing supplies.

They are your one stop quilt shop!

Your source for:
Fabrics, fibers, yarns, soaps, sewing & felting supplies, hand crafted items from needle felted ornaments to quilts & more! Classes are available on quilting, needle felting, basket making and more.

We will be meeting and leaving from the Senior Center at 9:30am. Once at the shop, you will have until 11:30am. to wander, browse and make any purchases. At this time we will be leave the shop for a lunch stop at the New Hartford Diner. **The cost of your lunch is your responsibility.**

Their talented staff members consist of a varied group of traditionalists, contemporary (art) quilters, appliqué artists and machine quilters who contribute a wealth of knowledge and skills to the "Sew Inspired" team. No matter your skill level, they are committed to providing you with the products and services that will inspire your creativity and enhance your quilting experience.

Our second stop, after lunch, will be at "Sew Inspired" Quilt Shop This is a full service quilt shop offering the industry's latest fabrics, books, patterns and quilting notions, along with classes for all skill levels.

Their talented staff members consist of a varied group of traditionalists, contemporary (art) quilters, appliqué artists and machine quilters who contribute a wealth of knowledge and skills to the "Sew Inspired" team. No matter your skill level, they are committed to providing you with the products and services that will inspire your creativity and enhance your quilting experience.

We should be back in Prospect from this trip by about 3:30pm. If you are interested in joining us, please call the Senior Center to register. We are limited to the number of people we can bring with us.

Both of these shops are on the Quilter's Shop Hop list. You can register and pick up your passport to the Shop Hop at our first stop for $10. You can have the passport signed at both locations so that you can be entered into their drawings.



Diane L. Celozzi
'Beloved wife, mother, grandmother and sister'

NAUGATUCK – Diane (Lavado) Celozzi, 73, passed away peacefully on Wednesday, May 4, 2022, at Yale New Haven Hospital with the loving support of her family. She was the loving wife of Donald L. Celozzi.

Diane was born in Waterbury on Jan. 11, 1949, daughter of the late John and Maria (Lopes) Lavado. Diane lived most of her life in Naugatuck and was a devoted wife, mother and grandmother.

Besides her loving husband, Donald, Diane leaves behind to cherish her memory her son, Jason Celozzi and his wife Aimee, of Naugatuck; and her three grandchildren, Ella, Nya and Chase Celozzi.

She also leaves behind her four sisters, Brenda Russman and her husband Jack, of Thomaston, Geraldine "Gerry" Reardon and her husband William, of Waterville, Kathleen "Kathy" Beluscak of Naugatuck, Christine "Tina" Ennis and her husband John, of Naugatuck; her prima, who was always considered the sixth sister, Rosemarie Simoes of Naugatuck; her brother-in-law, Mike Beluscak of Cheshire; and many nephews, nieces, primos and primas.

Diane graduated from Paier School of Art as four-year illustrator. She worked for Heminway Corp. as artist/illustrator and as a freelance artist for Mason and Madison, Albee Triver and Smith Partners, and Linda Olender. She was an award-winning artist and belonged to the Watertown Art League, the Cheshire Art League, and a former member of the Pastel Society of Connecticut.

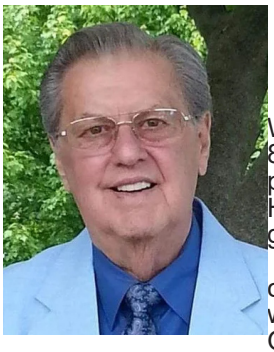
Diane's family wishes to thank all her caregivers from Waterbury Hospital, as well as her caregivers from Yale New Haven Hospital, who continued to care for her kindly and compassionately during her stay there.

A Mass of Christian Burial was at 11 a.m. on Tuesday, May 10, 2022, at St. Vincent Ferrer Church, 1006 New Haven Road, Naugatuck. Burial will be private and at the convenience of the family. Calling hours were Monday evening from 6 to 8 p.m. at Chase Parkway Memorial/The Albini Family Funeral Home, 430 Chase Parkway, Waterbury.

In lieu of flowers, and to honor Diane's memory, donations are requested to: Little Britches Therapeutic Riding, 30 Tophet Road, Roxbury, CT 06783; littlebritchesct.org.

For more info, or to send e-condolences, visit chaseparkwaymemorial. com.





Ronald J. Mellette
Devoted husband, father, grandfather and brother, Region 15 retired teacher

WATERBURY – Ronald J. Mellette, 85, of Waterbury, passed away peacefully on Sunday, May 8, 2022. He was a loving husband, father, grandfather and brother.

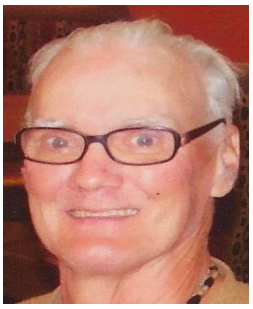
Left to honor his legacy, and cherish his memory, is his loving wife, Lynda, of 60 years; a son, Gregory Mellette; a daughter Karen (Mellette) and her husband Steven Kleinschmidt; and his beloved grandchildren, Kevin Kleinschmidt, Kaylyn Kleinschmidt, and Carolyn Kleinschmidt with her fiance, Nicholas Ciccio.

He also leaves behind brothers, Robert Mellette, Richard Mellette and his companion Sarah Torrence, Roland Mellette and his wife Susan; a sister, Melodie (Mellette) McVerry and her husband Michael; and several nieces and nephews.

He was predeceased by his brothers, Raymond and Cyril Jr. Mellette.

Calling hours were from 10 a.m. to noon on Friday, May 20, 2022, at Brookside Memorial Funeral Home/The Albini Family Funeral Home & Crematory, 200 Benson Road, Middlebury, followed by a funeral service at noon. A private burial will be at a later date at the convenience of the family.

For complete obituary, or to send an online condolence, please visit brooksidememorial.com.



Richard A. Hassenfeldt
Worked at Peter Paul

WATERBURY – Richard A. Hassenfeldt, 78, longtime Naugatuck resident, passed away on May 17, 2022, at Saint Mary's Hospital.

Mr. Hassenfeldt was born Sept. 24, 1943, in Waterbury, son of the late John and Lillian (Kraft) Hassenfeldt Sr. He was a member of the United Methodist Church in Naugatuck and worked for Peter Paul for many years.

He was known for his love of God and country and was an avid Yankees fan.

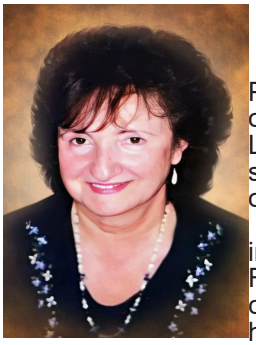
Mr. Hassenfeldt is survived by his nieces and nephews, Denise Dewling and Ralph Lawless, Joseph and Anne Hassenfeldt, Diane and Len Eckert, Howard and Lisa Hassenfeldt, and Lewis and Anita Hassenfeldt and their families.

In addition to his parents, he was predeceased by his brothers, John Jr. and Howard Sr.

Visitation was on Friday, June 3, from 5 to 7 p.m. at Alderson-Ford Funeral Home of Naugatuck, 201 Meadow St. Funeral services were at Alderson-Ford on Saturday, June 4, at 10 a.m. Burial followed in Edgewood Cemetery, Wolcott.

Memorial contributions in lieu of flowers may be made to the United Methodist Church, 208 Meadow St., Naugatuck, CT 06770.

For online condolences, to share a photo or a story, please visit fordfh.com.



Marianne S. Lussier
Administrative assistant at Holy Cross, cherished family

PROSPECT – Marianne S. Lussier, of Prospect, beloved wife of Paul Lussier, passed away peacefully while surrounded by the love of her family on Wednesday, May 18, 2022.

Marianne was born Dec. 18, 1936 in Torrington, a daughter of the late Felix and Assunta (Marchione) Marracino. Marianne made friends instantly, her kind and outgoing ways led to lasting friendships. She met and married the love of her life, Paul, and enjoyed more than 55 years together.

They welcomed their three sons, Steve, Ken and Todd, who were the lights of her life. While her sons were growing up, Marianne worked as the administrative assistant to the principal of Holy Cross High School in Waterbury for many years.

She also worked for the Jaci Carroll temp service where she earned "Secretary of the Year Award." While raising her family, she earned her associate degree in business, which was very special to her.

Family was the center of Marianne's world. Welcoming her daughters-in law into her family expanded her joy. Her greatest blessings were her seven grandchildren and one great-grandchild. "Grandma" was so very loved.

She enjoyed family dinners and gatherings where she would lavish her family with her delicious Italian cooking and her special chocolate chip cookies. She was a devoted fan of the New York Yankees and UConn women's basketball team.

Marianne was an active member of the Prospect Senior Center and a devoted communicant of St. Anthony Church. A highlight of her faith journey was a trip to Italy where she experienced the awesome splendor of visiting the Vatican.

Left to cherish her love and memory are her husband, Paul; sons, Steve and wife Tina, of Wolcott, Ken and wife Carmelina, of Farmington, and Todd and wife Lucy, of Florida.

"Grandma" will be forever cherished by her grandchildren, Brooke, Olivia, Logan, Nico, Gianluca, Matthew and Savannah; and her great-grandson, Grayson. Marianne is survived by her brother, Richard (Lillian Lewis) Marracino of California; and many beloved nieces and nephews.

Besides her parents, Marianne was predeceased by her brother, Anthony; sisters, Margaret and Emily; and newborn twins named Santas.

"Remember, never say goodbye because we'll be seeing each other again."

Marianne's funeral Mass was on Monday, May 23, 2022 at 10 a.m., at St. Anthony Church, 4 Union City Road, in Prospect. Procession from Prospect Memorial/ The Palmerie Family Funeral Home to St. Anthony Church left the funeral home at 9:45 a.m. Interment was immediate followied at Prospect Cemetery.

You are invited to share a fond memory, favorite photo or words of comfort for Marianne's family at prospectmemorial.com.





John R. Cookson
'Beloved father and grandfather'

MIDDLEBURY – Mr. John R. Cookson, 77, passed away unexpectedly on Saturday, May 21, 2022, at Waterbury Hospital.

John was born March 16, 1945 in Waterbury, son of the late Edward M. Jr. and Marjorie F. (French) Cookson. Raised in Waterbury, he attended local schools, was a graduate of Crosby High School '63, and received his bachelor's degree from Bryant College, '67.

Following graduation, John served honorably in the United States Army from 1968 until 1970. John then went on to work in sales for Starbuck Sprague Lighting and Waterbury Companies, later changing his career path to the flower and garden business for many years until becoming a licensed LPN nurse, providing hospice and senior care for so many.

Active in many community affairs and committees, John was vice-chair of the Region 15 Board of Education, a member of the Republican Town Committee, an honorary member of the Middlebury Volunteer Fire Department, Friends of Fenn's Farm member, Land Preservation Committee member, former member of the Waterbury Rotary Club, a member of the Prospect Senior Center and an active member of St. George's Episcopal Church.

John gave his time freely and willingly to many organizations in and around the community and was an avid blood donor.

John's passion for being outside, the water, and pretty much all things green is what kept him going. He never found a plant that he couldn't rescue and bring back to its original glory.

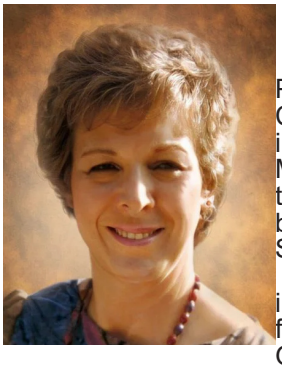
John earned the nickname "cookie" for his love of baking that he always shared as an activity with his grandchildren. He also shared his passion for the outdoors by taking his grandchildren fishing.

Family was the joy and happiness of life for John; he is survived by his children, Melissa J. Berner and her husband David, of Nazareth, Pa., John E. Cookson and his wife Marta, of North Potomac, Md., and Marci A. McAllister and her husband Ryan, of Burlington; and his grandchildren, Hayden Berner, Hunter Cookson, Sadie Cookson, Lanie Cookson, Kayden McAllister, Ella McAllister and Kallie McAllister.

A funeral service was on Monday, June 13, at 11 a.m., at St. George's Episcopal Church, 1 Tucker Hill Road, Middlebury. Burial in Center Cemetery, Goshen, will be private. There are no calling hours.

To send notes of sympathy and comfort to John's family, please visit his tribute page at berginfuneralhome.com.

Memorial contributions may be made in John's name to The Friends of Fenn's Farm, P.O. Box 1290, Middlebury, CT 06762; or to the American Red Cross by visiting redcross.org.



Cynthia D. Cipriano
Devoted to husband and family, gentle and kind spirit

PROSPECT – Cynthia D. (Pelkey) Cipriano, 87, of Prospect, entered into heavenly rest on Saturday, May 28, 2022, while surrounded by the love of her family. She was the beloved wife of Richard J. Cipriano Sr. for 65 years.

Cynde was born Feb. 17, 1935 in East Millinocket, Maine, one of five children of the late Clinton and Gertrude (Legassay) Pelkey. As a child Cynde and her family moved to Prospect.

Cynde was a graduate of Wilby High School. After graduation she started her working career as a legal secretary for Lewis, Hart, Upson & Secor. Later on she went to work security for Bradlees, then as a home health aide, and for a time was the owner of Prospect Plastercraft before finally becoming an independent distributor of pre-packaged balloons and a fine line of greeting cards.

She married the love of her life, Richard, in 1956 in St. Anthony Church in Prospect. She and Rich raised their five children Sandra, Richard Jr., Licia, Lara and Pamela.

In the 1970s Cynde was diagnosed with an addiction to alcohol. She joined AA and underwent counseling for a few years. As a testament to her resolve, she never had another drink for the rest of her life.

In the early 1980s, Cynde was visited by the love of God and was totally transformed spiritually at Living Faith Christian Church. Thereafter she and her born again husband traveled the world in the mission field of helping to plant new churches, witnessing to many and sharing the love of Jesus throughout the world.

Cynde was a fantastic cook and taught her children and grandchildren many great meals. If pressed to choose a favorite, her family would pick her “melt in your mouth blueberry cake” and her spaghetti sauce.

Cynde leaves a strong legacy of service to her Lord and Savior, love of all humanity, and most importantly, her devotion to her husband and family. She had a keen sense of discernment, a gentle and kind spirit that changed many lives during her Christian walk.

Left to cherish her love and memory are her husband Richard; children, Richard Jr. of Florida, Lara Panasci of Prospect, Pamela Mourges of Torrington; 12 grandchildren and eight great-grandchildren and three great-great-grandchildren; many nieces, nephews, cousins and friends. She also leaves her brothers Edward, William and Claude.

She was predeceased by her daughters, Sandra and Licia and her siblings Clinton Jr. and Lilla.

Calling hours for Cynde were on Thursday, June 2, 2022, from 4:30 to 7:30 p.m. at Prospect Memorial/The Palmerie Family Funeral Home, 72 Waterbury Road, Prospect. A celebration of life service was on Friday, June 3, 2022, at 11 a.m. at Living Faith Christian Church, 69 Prospect Road, Waterbury. Burial will be private.

Prospect Memorial/The Palmerie Family Funeral Home is honored to be assisting the Cipriano family; to share a fond memory, photo or words of comfort for Cynde’s family, please visit prospectmemorial.com.





Lawrence “Larry” Hoyt

Lawrence “Larry” Hoyt passed away on May 15, 2022 in Amarillo, Texas.

Larry was born July 29, 1942 in Waterbury, Connecticut to Francis Albert and Susan Evelyn (Booth) Hoyt. After graduating from Waterbury High School, he went to machinist Trade School. Larry was a proud American veteran. Heenlisted in the United States Air Force and worked as a Tactial Aircraft Maintenance Technician for many years. He did two tours in Vietnam in the years that he served, received numerous awards and accomodations, and he retired in 1981 with the rank of Master Sargent.

On December 17, 1968, he married Linda Kay Spruiell in Levelland, Texas. After retiring from the military, Larry worked from 1981 until 1990 as Maintenance Manager over all the Mechanics at Citibus. When he moved on from Citibus, he went to work as Quality Assurance for Lockheed from1990 until1998 and then for Bell Helecopter where he remained until he retired in 2005.

He had many hobbies that he enjoyed whe he wasn’t working. He enjoyed collecting coins and baseball cards. Lary also enjoyed being outdoors, with a couple of his favorite past times being hunting and playing golf.

He was predeceased in death by his parents, his first wife, Linda Holt in 2005: his second wife, Kathy “Pepe” Holt and his sister, Susan Mascola.

Those left to cherrish Larry’s memory are his children, his two sons, Kenneth (Denise) Smith of Reno, Nevada and Michael (Meghan) Hoyt of LaGrange North Carolina; his two daughters, Teresa Smith Brooks of Nevada, and Heather (Martin) Brekenfeld of Amarillo, Texas, 11 grand children and 8 great-grandchildren; his brother Richard (Cindy) Holt of Canton Texas; as well as numerous other family, friends and extended family.



JORGENSEN
CENTER FOR THE PERFORMING ARTS
@ UCONN Storrs Campus

The Piano Guy

Friday, September 16, 2022 $65
8:00pm. Departing @ 4:00pm.

After two show-stopping engagements on the Jorgensen stage, international musical superstars and internet sensation, The Piano Guys, return with their innovative mash-ups of classical and pop music performed on piano and cello.

Since their serendipitous start in a Southern Utah piano shop, The Piano Guys have proven to be a powerhouse group without limits.

Arriving as a musical phenomenon seemingly overnight, the quartet of Jon Schmidt, Steven Sharp, Paul Anderson and Alan Beek have delivered bold compositions that transcend boundaries of style and genre, a boundlessness that has since translated into a massively successful career.

Their 2020 album release "10" was a celebration of The Piano Guys' 10-year anniversary. The album included their most popular hits from the past 10-years as well as brand new arrangements.

We will be meeting and leaving from the Prospect Senior Center at 4:00pm. Our first stop will be at Willington's Pizza Restaurant for a bite to eat before the show. The cost of your meal is your responsibility. After eating, we will then proceed to the show which starts at 8:00pm. We should be back in Prospect by about 10:30am.

GOODSPEED
MUSICALS®

Anne of Green Gables
Thursday, August 18, 2022 $65
2:00pm. Departing @ 10:30am.

Anne Shirley just arrived on Prince Edward Island and she's already making waves. Adopted by siblings Marilla and Matthew Cuthbert, Anne is feisty, smart and eager to find her own place in the world. But is the world ready for her? Fall in love with the spirited redhead of the classic novel, now re-imagined as a vibrant folk-rock musical for all generations. With bold choreography, witty humor and a revolutionary spirit, this is Green Gables as you've never seen it before!

42nd. Street
Thursday, October 20, 2022 $65
2:00pm. Departing @ 10:30am.

42nd Street – the big, bright tap dancing extravaganza – is coming to Goodspeed in a fresh, newly imagined production. This love letter to Broadway is the ultimate show biz fairy tale of the chorus kid who becomes an overnight star. A 1930's backstage musical packed with plenty of pizazz, it will set your heart pounding with its rhythmically tapping feet and a hit parade of songs, including "Lullaby of Broadway," "We're In The Money," "Shuffle Off To Buffalo," and of course, "42nd Street." It's tap dance heaven!

Christmas in Connecticut
Wednesday, December 7, 2022 $65
2:00pm. Departing @ 10:30am.

Goodspeed invites you to spend a very merry… Christmas in Connecticut! Smart Housekeeping columnist Liz Lane, a famous expert on marriage, cooking and homemaking, is asked by her publisher to host a war hero for Christmas dinner at her renowned Connecticut farmhouse. The only problem is she can't cook, she isn't married and she lives in a tiny New York apartment. Based on the classic 1945 Warner Brothers film, this World Premiere musical comedy is a delightfully cheerful way to celebrate the holiday season.

Our first stop will be at La Vita Gustosa Restaurant for lunch. The restaurant is located directly across the street from the Goodspeed Opera House. **The cost of your lunch is your responsibility.** Directly after lunch we will walk across the street to the theater for each of these shows. Most shows are about 2.5 hours in duration. We should be back at the Senior Center between 5:30pm. and 6:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment. We are limited to the number of people we can bring with us.

AQUA TURF CLUB

556 Mulberry Street-Plantsville, Ct.

2022 Senior Entertainment Events

Celebrate Italia!!
Tuesday, July 12, 2022 $47
11:00am.-3:00pm. Departing @ 10:30am.

The Sam Vinci Band has been an Italian-American staple at numerous Italian festivals throughout Connecticut. Sam and his band know how and what to play to please a crowd. Special Appearance by: Aaron Caruso. Aaron's operatic voice brings his Italian songs to life. Menu: Meatballs & Sausage/ Chicken Parmesan.

The Jersey Tenors Tenor
Wednesday, August 10, 2022 $86
11:00am.-3:00pm. Departing @ 10:30am.

What can be better than having the music of Frankie Valli and the Four Seasons live? Experience the music of four guys from New Jersey recording the finest music of its generation. The show consists of four young, hot, Broadway veterans recreating the music and stories of the era. Choreography, staging and melodious harmony will create a memorable afternoon for you. 'Sherry, Big Girls Don't Cry, Candy Girl, Walk Like a Man' are some of the songs that we love and will hear this afternoon. Join us as we go back to a wonderful time!
Menu: Garden Salad, Pasta, Chicken Parmesan and Broiled Scrod with Crumb Topping, Vegetable, Potato, Rolls, Dessert, Beverage. Enjoy coffee & donuts upon your arrival.

Richie Mitnick Presents
Tom Jones & Englebert-The Way it Used to Be
Starring: Joe Saimeri
Tuesday, August 16, 2022 $47
11:00am.-3:00pm. Departing @ 10:30am.

Sit back, close your eyes and be transported to great moments in musical history. From "Delilah" to "Release Me", you'll enjoy every second of this powerful tribute to these unforgettable entertainers. Accompanying Joe will be musical director Richie Mitnick along with some surprise guest artists as well. Menu: Marinated Flank Steak/ Chicken Marsala

Jimmy Mazz Pays Tribute to
Bobby Darin and Connie Francis!
Tuesday, September 13, 2022 $47
11:00am.-3:00pm. Departing @ 10:30am.

Jimmy Mazz pays tribute to Bobby Darin as only he can. Combined with the stunning voice of Connie Francis, they make a dynamic duo. Come relive their magic with us. Menu: Roast Beef/ Chicken Francais. **There is no dancing at this event.**

Polka! Polka! with The Polka Family Band!
Tuesday, October 11, 2022 $47
11:00am.-3:00pm. Departing @ 10:30am.

Back by Popular Demand! This Band will keep everyone smiling and dancing the entire day! Menu: Lemon Chicken/ Pork Schnitzel.

Bob Hope USO Show
Tuesday, November 15, 2022 $47
11:00am.-3:00pm. Departing @ 10:30am.

Bill Johnson's performance brings Bob Hope's humor and entertainment alive. He may have a few surprise guests as well!. Menu: Roast Beef/ Pan Seared Salmon. **There is no dancing at this event.**

Family style, complimentary coffee and donuts served upon arrival. Complimentary glass of beer or wine and complimentary door prizes are included in all of these Senior Events at the Aqua Turf Club

If you are interested in joining us for any of these events, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

THE RIDGEFIELD PLAYHOUSE
for movies and the performing arts

Non-profit 501 (c) (3)

Ridgefield Playhouse
80 East Ridge Road
Ridgefield, CT

The 5th. Dimension
(RESCHEDULED)
Friday, August 5, 2022 $65
8:00pm. Departing @ 6:30pm.

With more than 20 million records sold worldwide, 22 Top 40 Hits, five #1 hits and 6 Grammy Awards, the legendary 5th Dimension, led by original member and lead vocalist, Florence LaRue, continues to delight sold out audiences with their amazing harmonies, immaculate showmanship, and exciting energy wherever they perform. Their classic songs include: “Up, Up, and Away,” “One Less Bell to Answer,” “Last Night I Didn’t Get to Sleep At All,” “Wedding Bell Blues,” “Stoned Soul Picnic,” and the iconic “Aquarius/Let the Sun Shine In.”

IVORYTON PLAYHOUSE

103 Main Street Ivoryton, CT

The Great Gatsby
Wednesday, October 5, 2022 $45
2:00pm Departing @ 11:00am.

Jay Gatsby, a self-made millionaire, passionately pursues the elusive Daisy Buchanan. Nick Carraway, a young newcomer to Long Island, is drawn into their world of obsession, greed and danger. A beautifully crafted interpretation of the 1925 novel which defined the Jazz Age, Simon Levy’s play captures the breathtaking glamour and decadent excess of the 1920s.

Winter Wonderettes
Wednesday, November 30, 2022 $45
2:00pm Departing @ 11:00am.

The Wonderettes are back! This seasonal celebration finds the girls entertaining at the annual Harper’s Hardware Holiday Party. When Santa turns up missing, the girls use their talent and ingenuity to save the holiday party. Featuring ’60s versions of holiday classics such as “Santa Claus Is Comin’ to Town,” “Jingle Bell Rock,” and “Winter Wonderland,” the result is, of course, marvelous! This energetic and glittering holiday package is guaranteed to delight audiences of all ages.

PHOENIX
STAGE COMPANY

@ Clockwork Repertory Theater
133 Main Street, Oakville, Ct.

VARNEY THE VAMPIRE
Sunday, October 23, 2022 $18
3:00pm. Departing @ 2:00pm.

This wild and clever spoof is based on a melodramatic novel attributed to Thomas Prest, the creator of Sweeney Todd. In 1900 weary vampire Sir Francis Varney shows up at an inn in Italy. He plans to visit a haunted grotto and ask forgiveness from a lost love whose ghost is doomed to roam the landscape wearing a thin veil over her face. Varney forgets his mission and proceeds to snarl and snap at everyone in sight, especially an English damsel. Varney is shot, stabbed with a wooden stake and hanged. Still he survives!

EVERY CHRISTMAS STORY EVER TOLD
Sunday, December 11, 2022 $18
3:00pm. Departing @ 2:00pm.

Instead of performing Charles Dickens’ beloved holiday classic for the umpteenth time, three actors decide to perform every Christmas story ever told -- plus Christmas traditions from around the world, seasonal icons from ancient times to topical pop-culture, and every carol ever sung. A madcap romp through the holiday season!

Before the shows at the Ivoryton, we will be stopping at the Blue Hound Restaurant for a bite to eat. The restaurant is across the street from the theater. The cost of your meal is your responsibility. We will continue on to the shows after our meals.

These shows begin at 2:00pm. and end about 4:00pm. We should be back at the Senior Center by about 5:00pm.

If you are interested in joining us, please sign up and PAY as soon as possible. We cannot hold your seat without payment.

Landmark Community Theatre



JESUS CHRIST SUPERSTAR
Sunday, July 24, 2022 $20
2:00pm. Departing @ 1:00pm.

This rock opera is set against the backdrop of an extraordinary and universally-known series of events but seen, unusually, through the eyes of Judas Iscariot. Loosely based on the Gospels of Matthew, Mark, Luke and John, Superstar follows the last week of Jesus Christ's life. The story, told entirely through song, explores the personal relationships and struggles between Jesus, Judas, Mary Magdalene, his disciples, his followers and the Roman Empire.

THE ADDAMS FAMILY
Sunday, October 9, 2022 $20
2:00pm Departing @ 1:00pm.

Wednesday Addams, the ultimate princess of darkness, has grown up and fallen in love with a sweet, smart young man from a respectable family– a man her parents have never met. And if that wasn't upsetting enough, Wednesday confides in her father and begs him not to tell her mother. Now, Gomez Addams must do something he's never done before– keep a secret from his beloved wife, Morticia. Everything will change for the whole family on the fateful night they host a dinner for Wednesday's "normal" boyfriend and his parents.

WHITE CHRISTMAS
Sunday, December 4, 2022 $20
2:00pm. Departing @ 1:00pm.

Veterans Bob Wallace and Phil Davis have a successful song-and-dance act after World War II. With romance in mind, the two follow a duo of beautiful singing sisters en route to their Christmas show at a Vermont lodge, which just happens to be owned by Bob and Phil's former army commander. With a dazzling score featuring well-known standards including "Blue Skies," "I Love A Piano," "How Deep Is the Ocean" and the perennial title song, White Christmas is an uplifting musical worthy of year-round productions.

Charlie discovers that when you change your mind about someone, you can change your whole world.

If you are interested in attending any of these shows, please sign up and PAY as soon as possible. We cannot hold your seats without payment.

For the safety of all persons in attendance at the Thomaston Opera House, proof of vaccination or a negative COVID test for all eligible persons will be required upon entering the facilities. People with a documented medical or religious exception will be required to provide proof their exemption. Accepted forms of COVID test include a negative antigen test taken within 12 hours of the performance start time or a negative PCR test taken within 72 hours of the performance. Photo images of vaccination cards, COVID tests, or exemption letters will be accepted at the door. Masks are required for all patrons to be worn as they enter and move about the facility. Adults may remove their masks once they have reached their seats.



Newport Playhouse Spectacular
Lobsterfest Matinee!
Monday, August 15, 2022 $145
Departing @ 8:00am.

Lunch, Fabulous Show & Great Cabaret!

"Murder at the Howard Johnsons"

Is all fair in love? Even murder? That's the question posed by this light and funny suspense comedy about a love triangle in a Howard Johnson Motor Inn. The play presents a love triangle involving a woman, her lover, and her husband in three scenes.

In the first scene, the wife and her lover plot to murder the husband. In the second scene, the wife and her husband are plotting to murder the lover. The third scene has the husband and the lover plotting to murder the wife, but this attempt, like the others, fails....

Tour Highlights:

RT Motor coach Transportation, Fabulous Comedy Show, After-Theatre Cabaret, Magnificent Lobsterfest Buffet, escorted by Linda Soto of Raylin Travel

"We always have an abundance of food because we cook more than we need so our customers will always have a plentiful buffet."

Sample Menu:

1 ¼ boiled lobster, Peel & Eat Shrimp, Mussels in Wine & Herbs, Fresh Corn on the Cob, Roasted Chicken, Roasted Potatoes, Tomato Salad, Tuna Salad, BBQ Chicken, Glazed Sweet Potatoes, Ham, Baked Beans, Watermelon, Strawberry Shortcake, Pudding, Jello, Coffee & Tea

Return Approximately-7:00pm

Payments must be made directly to Linda Soto (Raylin Travel). Please mail checks to 172 Newbury Street-Waterbury, Ct. 06705

Seven Angels THEATRE

Waterbury, Ct.

Corrie Sachs as Reba McEntire
A Musical Tribute to Reba McEntire
Saturday, July 9, 2022 $45
8:00pm. Departing @ 7:15pm.

Yesterday And Today:
The Interactive Beatles Experience
Saturday, August 27, 2022 $45
8:00pm. Departing @ 7:15pm.
Billy McGuigan is back with his Beatles Tribute Show. Yesterday and Today: The Interactive Beatles Experience is the nation's most innovative and unique show utilizing the works of the Beatles.

Edward Twins
Sunday, September 11, 2022 $45
2:00pm. Departing @ 1:15pm.
The Edward Twins are the #1 impersonation act in the world. Their vocals and looks will amaze you. You will think you are seeing and hearing the real super stars right before your very eyes-from Barbra Streisand, Sonny and Cher, Andrea Bocelli, Bette Midler, Johnny Mathis, Perry Como, Ray Charles, Stevie Wonder, Neil Diamond, and more, all in one show!

Abbacadabra:
The Ultimate Abba Tribute
Saturday, September 24, 2022 $45
2:00pm. Departing @ 1:15pm.
The Magic of Abbacadabra promises to continue the momentum by performing the group's greatest hits in full ABBA fashion and flair. You won't be able to sit still in your seats as songs like S.O.S., Super Trooper and Dancing Queen, Take a Chance on Me and Voulez Vous are being performed. Fernando and Chiquitita are re-created with such precision you'll swear you were listening to the originals themselves.

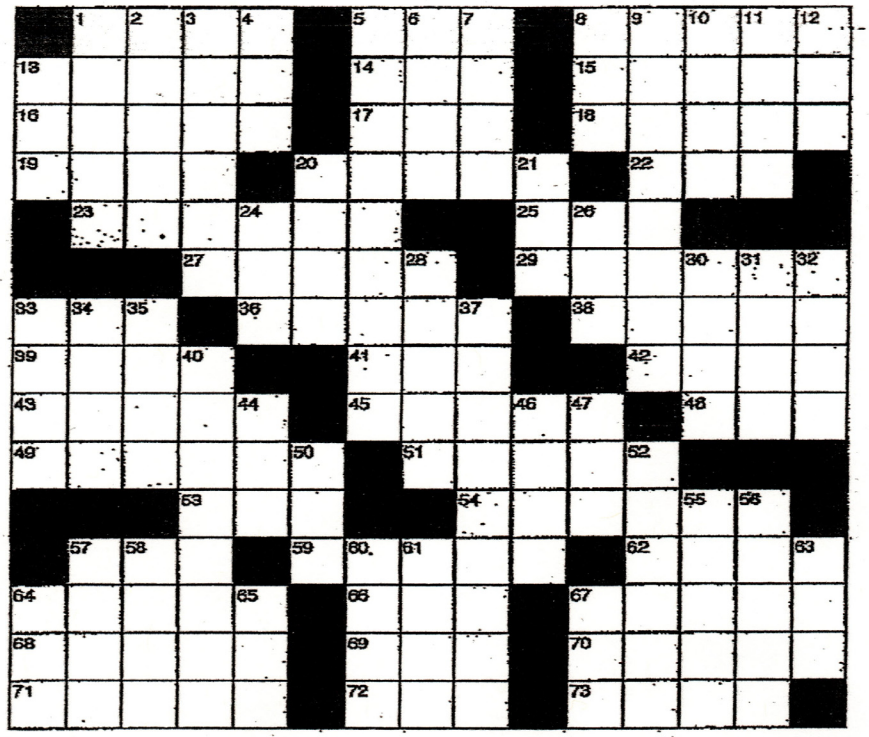
The Jersey Tenors
Saturday, October 1, 2022 $45
8:00pm. Departing @ 7:15pm.
The Jersey Tenors is the newest Opera/Rock Mash-up sensation that creates an explosive blend of the most iconic Opera classics alongside such Rock 'N Roll industry greats as Queen, Journey, Elton John, and Billy Joel to name but a few. But, they are also "Jersey Proud" and do not forget where they came from as theyhighlight some of Jersey's finest like Frankie Valli and The Four Seasons, Sinatra, Bon Jovi, Bruce Springsteen, Kool and The Gang, and even Whitney Houston (Jersey Girl)!

The Royal Tour Lady Gaga-Beyonce Tribute Show
Saturday, October 22, 2022 $45
8:00pm. Departing @ 7:15pm.
This incredible tribute to superstars Lady Gaga and Beyoncé will have you singing along to all your favorite hits. From their debut albums to current chart topping songs (perhaps a duet or two), these powerhouse vocalists bring all of the charisma and artistry the pop starsre known for. This show is backed by a band of young talented musicians, accomplished dancers and a wardrobe fit for a Queen – and a Lady!

My Mother's Italian, My Father's Jewish & I'm in Therapy
Thursday, November 3, 20 $45
2:00pm. Departing @ 1:15pm.
Prepare to laugh, prepare to cry, prepare to join Steve Solomon in his new, updated and funnier than ever version of My Mother's Italian, My Father's Jewish & I'm in Therapy. More than 20 wacky characters are brought to life by Steve's talent with accents, dialects and hilarious story-telling in this side splitting one-man show. We'll meet the whole gang including the Italian/Jewish family, Steve's X, their therapists, the kids, the grandkids, the TSA… you get the picture.

Ted Vigil
Remembering John Denver
Saturday, November 19, 2022 $45
8:00pm. Departing @ 7:15pm.
"Watching Ted Vigil perform, you might be convinced that John Denver never died! His look and sound are scary!" - Philadelphia Inquirer.
"It was like working with John Denver again. I've worked with every John Denver tribute and "none" of them have the look and the voice Ted has. He's uncanny!" - Steve Weisberg, John Denver's guitar player.

If you are interested in attending any of these shows with us, please sign up and PAY as soon as possible. We cannot hold your seat without payment



ACROSS

1 Type of cheese
5 Be seated
8 Stick food
13 Medicines
14 For
15 Inappropriate
16 Monarchs
17 Lout
18 Bye
19 Tend
20 Boredom
22 And so forth
23 Ices a cake
25 Pooch
27 City
29 Substitute
33 Abdominal muscles (abbr.)
36 Express disgust
38 "__ Dame"
39 Sugar plant
41 Freudian term
42 Opp. of yeses
43 Grasp
45 Attracts lures
48 Animal
49 Walk quietly
51 Talk
53 Possessive pronoun
54 Covering to keep away flies (2 wds.)
57 Adam's wife
59 Louis' partner
62 Baby bed
64 Island
66 Flying saucer
67 Steam room
68 Active
69 Mr..'s wife
70 Birch-like tree
71 Library book shelf
72 Drug
73 Earns

DOWN

1 Legal writing
2 Type of eclipse
3 Drink
4 Ship initials
5 Financed a project
6 Asian country
7 Meat alternative
8 Killed in action
9 Enron and Arthur_____
10 Lure
11 Organization of Petroleum Exporting Countries
12 Heat unit
13 Dekaliter (abbr.)
20 Volcano
21 Frozen water
24 Body of water
26 Pot
28 Aggressive feelings
30 On top
31 Elm
32 Relish
33 Account (abbr.)
34 Indonesian island
35 Metal fastener
37 Frost
40 Dealing with sensation
44 Luau dish
46 Four balls in baseball
47 Eye infection
50 Escudo
52 Box
55 Become active
56 Fork prongs
57 Direction
58 Brief autobiographical sketch
60 Glob
61 Hairstyle
63 Censor
64 Owns
65 Annoy
67 __ Francisco

HIDEAWAYS

Sometimes you just need a little time for yourself. Here are some places you might want to go to get away from it all.

You are looking for a 10-letter word.

Y	E	E	A	P	E	A	K	H	C	A	E	B	A
R	S	P	L	T	C	L	R	A	L	L	E	C	N
A	U	U	C	S	U	H	A	W	N	R	A	B	A
R	O	P	A	U	I	O	A	I	T	O	T	G	B
B	H	T	B	O	B	T	E	L	R	O	E	R	A
I	E	E	I	M	S	E	R	D	E	F	R	E	C
L	E	N	N	E	Y	T	D	E	I	T	R	E	B
T	R	T	R	E	E	Y	R	R	S	H	U	N	A
A	T	O	B	S	D	E	P	N	O	E	T	H	T
O	F	B	O	U	T	A	M	E	C	O	D	O	H
B	A	L	T	R	T	O	A	S	T	A	M	U	R
W	C	S	E	T	B	I	C	S	L	F	V	S	O
O	E	A	I	T	S	O	P	T	U	O	O	E	O
R	T	C	P	E	N	T	H	O	U	S	E	L	M

Abbey
Attic
Barn
Bathroom
Beach
Bedroom
Cabana
Cabin
Camp
Cave
Cellar
Chalet
Closet
Desert isle
Forest
Greenhouse
Hideout
Lair
Library
Loft
Outpost
Peak
Penthouse
Pup tent
Retreat
Roof
Rowboat
Study
Tree house
Turret
Wilderness

GAMES

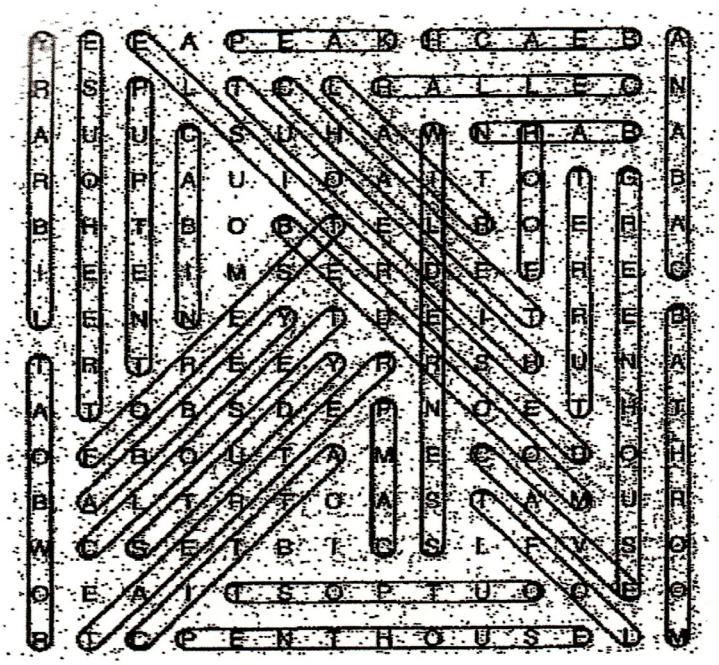
7	2		1				6	4
			4				8	9
8				9	3	2	7	
			5				2	7
	7		8		1		5	
9	5				4			
	4	5	3	1				8
6	3				7			
1	9				8		4	3

				T		L		
	I	A						
N					D	I	Y	
I			A	E			L	D
	A		L	N	Y		I	
H	L			D	I			Y
	N	T	D					L
						Y	T	
		I		L				

Letters Used: N,H,T,A,L,E,Y,D,I



ANSWERS TO GERRI'S PUZZLES July-August 2022



7	2	9	1	8	5	3	6	4
5	6	3	4	7	2	1	8	9
8	1	4	6	9	3	2	7	5
3	8	1	5	6	9	4	2	7
4	7	2	8	3	1	9	5	6
9	5	6	7	2	4	8	3	1
2	4	5	3	1	6	7	9	8
6	3	8	9	4	7	5	1	2
1	9	7	2	5	8	6	4	3



D	Y	H	I	T	N	L	E	A
T	I	A	E	Y	L	H	D	N
N	E	L	H	A	D	I	Y	T
I	T	Y	A	E	H	N	L	D
E	A	D	L	N	Y	T	I	H
H	L	N	T	D	I	E	A	Y
Y	N	T	D	I	E	A	H	L
L	D	E	N	H	A	Y	T	I
A	H	I	Y	L	T	D	N	E

NAME THAT CAR ANSWER

1955 Dodge Custom Royal

FAMILY RELATIONSHIP CHART

	0	1	2	3	4	5
0	***Common Ancestor***	Child (son or daughter)	Grandchild	Great Grandchild	2 Great Grandchild	3 Great Grandchild
1	Child (son or daughter)	***Sibling (brother or sister)***	Nephew or Niece	Grand Nephew or Niece	Great Grand Nephew or Niece	2 Great Grand Nephew or Niece
2	Grandchild	Nephew or Niece	***First Cousin***	First Cousin once removed	First Cousin twice removed	First Cousin 3 times removed
3	Great Grandchild	Grand Nephew or Niece	First Cousin once removed	***Second Cousin***	Second Cousin once removed	Second Cousin twice removed
4	2 Great Grandchild	Great Grand Nephew or Niece	First Cousin twice removed	Second Cousin once removed	***Third Cousin***	Third Cousin once removed
5	3 Great Grandchild	Second Great Grand Nephew or Niece	First Cousin 3 times removed	Second Cousin twice removed	Third Cousin once removed	***Fourth Cousin***

This chart is based on the system used by courts and most genealogical societies. The numbers at the top and left side represent the generations away from the common ancestor. To identify the relationship between any two people, first identify the common ancestor of the two people. Locate the box in the upper left corner for the common ancestor. Follow the column straight down to find the relationship of one of the two people to the common ancestor. Across the top row of the chart, find the relationship of the second person to the common ancestor. It may be helpful to pencil-in the names of the two persons for whom relationship is sought. Where the projected column and row intersect is the box that identifies their relationship. The highlighted boxes show persons of the same generation. "Removed " indicates that the two persons selected are not of the same generation. This chart may be extended in either direction to identify more distant relationships.

Genealogy + History+ Geography = Enriched Heritage

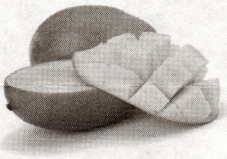
DISCOVER MORE FOOD SECRETS!

10 Superstars... For Better Health!

At least one will surprise you...



1 Sweet potatoes. Sweet potatoes are nutritional superstars. They're loaded with carotenoids, and are a good source of potassium and fiber. Toss sweet potato wedges with a bit of olive oil and roast until tender and lightly browned. Sprinkle with a spice or two (try cinnamon or chili powder).



2 Mangoes. A cup of mango supplies roughly two-thirds of a day's vitamin C, 10% of a day's vitamin A, a decent dose of blood-pressure-lowering potassium, and three grams of fiber.



3 Plain (0%) greek yogurt. Fat-free (0%) unsweetened greek yogurt has a pleasant tartness that's a perfect foil for the natural sweetness of berries, bananas, or your favorite whole-grain cereal. It's strained, so even the 0% fat versions are thick and creamy. And the lost liquid means that the yogurt that's left has twice the protein of ordinary yogurt—about 15 grams in 5 oz. of plain 0% greek yogurt—but less calcium.



4 Broccoli. It's loaded with vitamin C, carotenoids, vitamin K, and folate. Steam until it's bright green and just tender. Add a sprinkle of parmesan cheese and a spritz of fresh lemon juice.



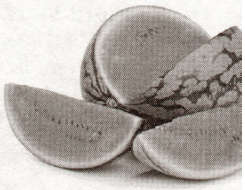
5 Wild salmon. Fatty fish like salmon, which are rich in omega-3 fats, may help reduce the risk of heart attacks and strokes. And many types of wild-caught salmon are more sustainable than farmed salmon.



6 Oatmeal. Oatmeal (quick, old-fashioned, or steel-cut) makes a great whole-grain breakfast. Each half cup (dry) of plain rolled oats has 4 grams of fiber—roughly half of it the soluble kind that helps lower cholesterol. Top your oatmeal with toasted almond slivers and bananas instead of sugar or salt. Or try diced apple with cinnamon and raisins, or diced pear with walnuts and nutmeg.



7 Garbanzo beans. All beans are rich in protein, fiber, copper, folate, iron, magnesium, potassium, and zinc. But garbanzos (chickpeas) stand out because they're so versatile. Look for no-salt-added varieties in cartons. Add a handful to your tossed salad, or stir them into your vegetable stews, curries, and soups.



8 Watermelon. It's a heavyweight in the nutrient department. A standard serving (about 2 cups) has 10% of a day's vitamin A, 25% of a day's vitamin C, a nice shot of potassium, and a healthy dose of lycopene, all for only 90 calories. And when they're in season, watermelons are often locally grown, which means they may have a smaller carbon footprint than some other fruits.



9 Butternut squash. Steam a sliced squash or buy peeled, diced butternut squash that's ready to go into the oven, a stir-fry, or a soup. It's an easy way to get lots of vitamins A and C and fiber.



10 Leafy greens. Don't miss out on powerhouses like kale, collards, spinach, mustard greens, and Swiss chard. These stand-out leafy greens are loaded with vitamins A, C, and K, folate, potassium, magnesium, calcium, iron, and fiber. Sauté in a bit of olive oil with minced garlic and season with ground black pepper and red wine vinegar.

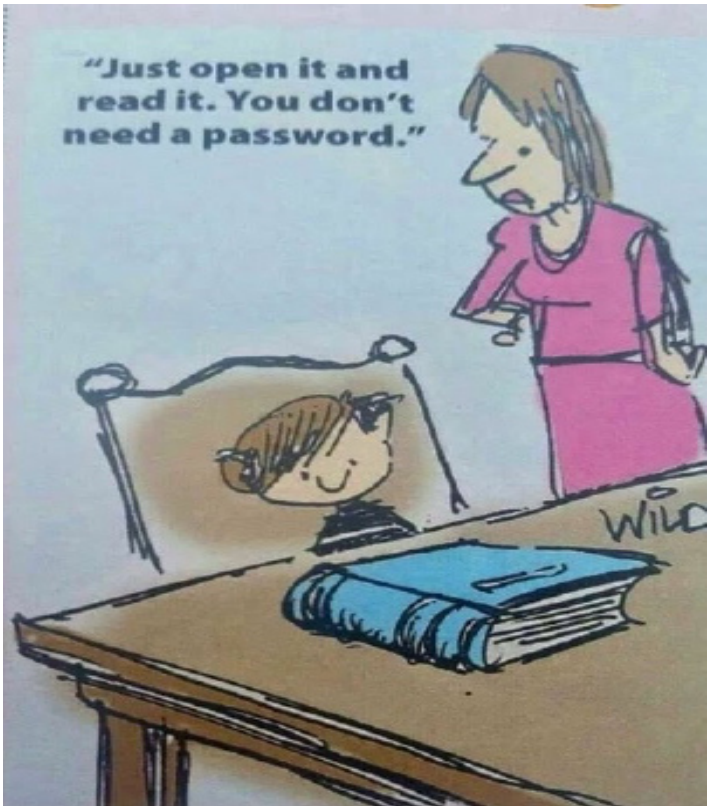
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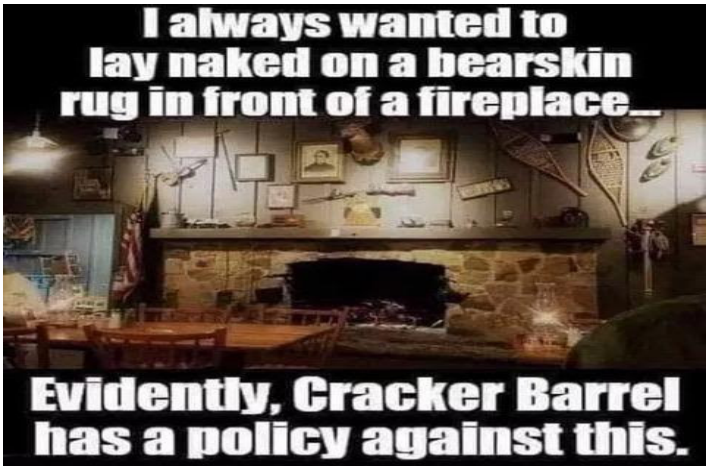
A little boy thanks his grandfather for the harmonica he gave him for Christmas. “
``It’s the bestest present I ever got!” says the little boy. ``It’s already earned me $100.
”You must have learned to play it really well,” says his grandfather. ``1 haven’t learned to play it at all,” replies the little boy. ``Mommy give.s me five dollars not to play it during the day and Daddy gives me ten dollars not to play it at night.”

A rich businessman is forced to charter a light aircraft to gct to an appointment but is horrified at the cost of the flight. He gets on board with his w-ife and moans non-stop to the pilot about the price of the charter.
Eventually the pilot says, `Tell you what. If you can make it through the rest of the trip without opening your mouth 1’11 give you the flight for free, but if you can’t, you have to pay double.” The businessman agrees but the pilot decides to have some fun and starts looping the loop, going into spins, and indulging in all sorts of aerobatics. Despite this activity, the businessman keeps his mouth shut until the plane lands. The pilot congratulates him. ``You beat me,” he says. ‘`1 never thought you’d stay quiet through all of that.”
`` Well, it wasn’t easy,” says the businessman. “Especially when my wife fell out.”









This reminds me of:
Q.How do you keep your car from being stolen?
A.Buy a standard shift model

Q.How do you send a message in code?
A.Write in cursive

"Nobody expects to trust his body much after the age of fifty." - Alexander Hamilton

"The years between 50 and 70 are the hardest. You are always being asked to do things, and yet you are not decrepit enough to turn them down." - T.S. Elliot

"At fifty, everyone has the face he deserves." - George Orwell

"At age 20, we worry about what others think of us… at age 40, we don't care what they think of us… at age 60, we discover they haven't been thinking of us at all." - Ann Landers

"When I was young, I was called a rugged individualist. When I was in my fifties, I was considered eccentric. Here I am doing and saying the same things I did then, and I'm labeled senile." - George Burns

"I complain that the years fly past, but then I look in a mirror and see that very few of them actually got past." - Robert Brault

"The important thing to remember is that I'm probably going to forget." – Unknown

"As you get older three things happen. The first is your memory goes, and I can't remember the other two." - Sir Norman Wisdom

"It's paradoxical that the idea of living a long life appeals to everyone, but the idea of getting old doesn't appeal to anyone." - Andy Rooney

"Birthdays are good for you. Statistics show that the people who have the most live the longest." - Larry Lorenzon

"The older I get, the better I used to be." – Lee Trevino

"You know you're getting old when you can pinch an inch on your forehead." - John Mendoza

"I was thinking about how people seem to read the bible a lot more as they get older, and then it dawned on me—they're cramming for their final exam."- George Carlin

"I don't feel old. I don't feel anything until noon. Then it's time for my nap." - Bob Hope

"I'm 59 and people call me middle-aged. How many 118-year-old men do you know?"- Barry Cryer

"All men are the same age." - Dorothy Parker

"I don't do alcohol anymore—I get the same effect just standing up fast." – Anonymous

"By the time you're 80 years old you've learned everything. You only must remember it." - George Burns

"Old age isn't so bad when you consider the alternative." – Maurice Chevalier

"Getting older. I used to be able to run a 4-minute mile, bench press 380 pounds, and tell the truth." - Conan O'Brien

"I have reached an age when, if someone tells me to wear socks, I don't have to." - Albert Einstein

"Grandchildren don't make a man feel old, it's the knowledge that he's married to a grandmother that does." - J. Norman Collie

"You know you are getting old when everything hurts, and what doesn't hurt doesn't work." - Hy Gardner

"When your friends begin to flatter you on how young you look, it's a sure sign you're getting old." - Mark Twain

"You know you are getting old when everything either dries up or leaks." - Joel Plaskett

"There's one advantage to being 102, there's no peer pressure." - Dennis Wolfberg

"I've never known a person who lives to be 110 who is remarkable for anything else." —Josh Billings

"At my age 'getting lucky' means walking into a room and remembering what I came in for." – Unknown

"Old age is when you resent the swimsuit issue of Sports Illustrated because there are fewer articles to read." – George Burns

"The idea is to die young as late as possible." - Ashley Montagu

"You know you're getting old when you stoop to tie your shoelaces and wonder what else you could do while you're down there." - George Burns

"People ask me what I'd most appreciate getting for my eighty-seventh birthday. I tell them, a paternity suit." - George Burns

"Time may be a great healer, but it's a lousy beautician." - Anonymous

"I feel very young. At age 80 I had to learn to hold a spoon and walk upright again" - Ian Teuty

